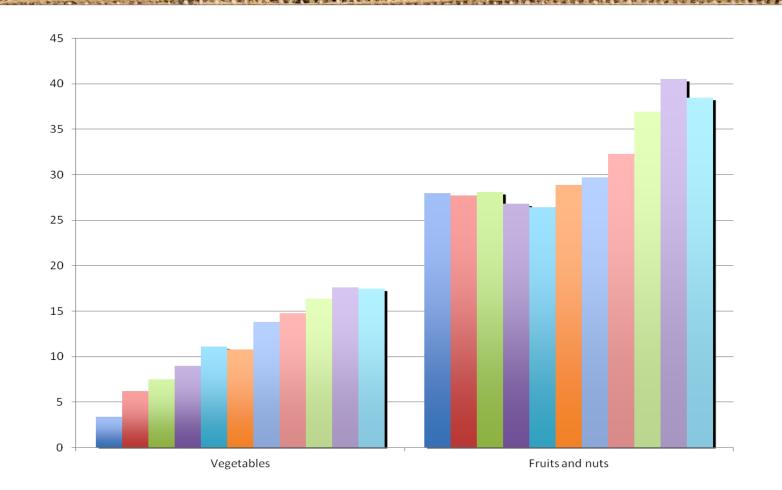


how a local food hub is impacting obesity prevention in Alabama

## Food Imports from 1990 to 2009

(thousand metric tons – source USDA)

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中国社会 注意安全 化

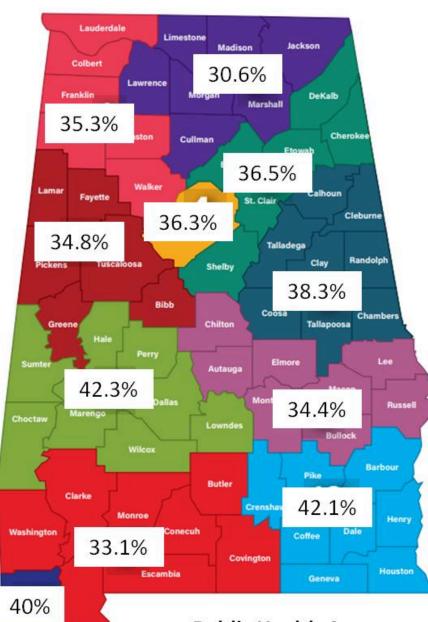
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on non-local foods each year





Baldwin

Mobile

#### Public Health Areas Percent of Obese Alabamians, 2016



## WHAT'S THE BIG DEAL ABOUT LOCAL?



## **ECONOMICS**

More than half of North Alabama's mid-size farms were operating at a loss in 2011, while 92% of our food dollars were spent on food from outside the region.

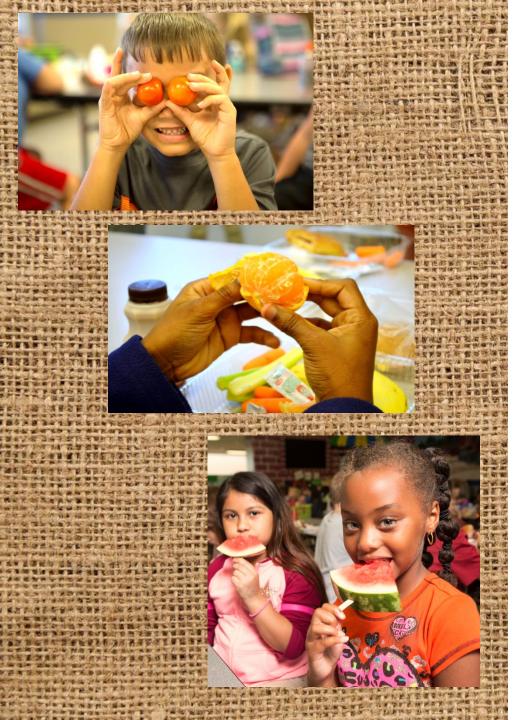
Keeping food dollars local means supporting our neighbors and local economy.

## QUALITY

Produce grown for local markets is bred for taste, not durability, and will therefore be fresher and tastier than imported foods.

Buying local ensures nutritious and delicious produce picked & delivered at peak quality.





## ACCESS

Farm to School helps every student have access to fresh, locally grown fruits and vegetables.

This access empowers children and their families to make informed food choices while strengthening our local economy.

# What services do we provide?

- Food Safety Training and Guidance for Farmers
- Order Solicitation
- Delivery Logistics
- Invoicing and Accounts
  Receivable
- Marketing Materials
- Farm Tours / Farmer Visits
- Farm to School Events





#### Local Produce by Season

- Year-Round: Variety of Sweet Potatoes, Hydroponic Lettuces, Microgreens
- **Spring (April-June)**: Strawberries, Greens (Collards/Kale/Spinach/Bok Choy), Cabbage, Greenhouse Tomatoes
- Summer (June-October): Variety of Tomatoes and Peppers, Squash, Zucchini, Cucumbers, Corn, Peas, Beans, Eggplant, Blueberries, Blackberries, Watermelon, Peaches
- Late Summer/Fall (August-December): Apples, Apple Cider, Butternut/Acorn/Spaghetti Squash, Pie Pumpkins, Asian Persimmons, Broccoli, Greens (Collards/Kale/Spinach/Bok Choy), Cabbage, Brussels Sprouts, Beets
- Late Fall/Winter (November-January): Satsumas

## Whited Farms



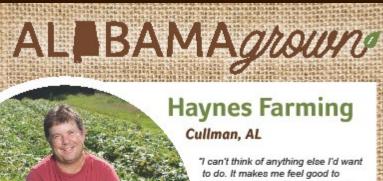
ALEBAMAquoung

"Farming is in my blood. I just love to watch things grow. And when they yield good, it's a pretty thing."

Wade Whited 3rd generation farmer



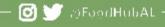
#### ALBAMAgrown **Boozer Farms** Thorsby, AL "When I think about farming, it's impossible to list one thing I love the most. It's the people I connect with, the food I grow, the soil I spend time working in. I believe this is what I was called to do." **Taylor Hatchett** 1st generation farmer IN AREAS IN AN ARE PROVIDED AND A DESCRIPTION AND 🕝 💓 .))FoodHubAL all above dell'a



"I can't think of anything else I'd want to do. It makes me feel good to know that I'm growing something that's so good for people. People wanting local food from family farms has made a big difference. I didn't know if we'd see that in my lifetime. It's a real good change."

Clark Haynes 3rd generation farmer

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#### LOCAL PEACHES AND APPLES GROWN BY Scott's Orchard THE SCOTT FAMILY HAZEL GREEN, AL

ALEBAMAgrown #ALABAMAFARMTOSCHOOL

# CULLMAN, AL LOCAL SWEET POTATOES GROWN BY Haynes Farming

AL BAMAgrown

#ALABAMAFARMTOSCHOOL







## Because of the Farm Food Collaborative:

Fresh fruits and vegetables from 10 different Alabama farms have been served in more than 150 North Alabama schools!



## Local school districts served include:

Athens City Cullman City Cullman County Huntsville City Limestone County Madison City Madison County Oneonta City

## What is Farm to ECE?

#### CORE ELEMENTS OF FARM to SCHOOL



Farm to early care and education offers increased access to the same three core elements of local food sourcing, school gardens and food and agriculture education to enhance the quality of the educational experience in all types of ECE settings (e.g., preschools, child care centers, family child care homes, Head Start/Early Head Start, programs in K -12 school districts). Farm to ECE offers benefits that parallel the goals and priorities of the early care and education community including emphasis on experiential learning opportunities, parent and community engagement and life-long health and wellness for children, families and caregivers.

•Procurement: Local foods are purchased, promoted and served in the cafeteria or as a snack or taste-test;

•Education: Students participate in education activities related to agriculture, food, health or nutrition; and

•School gardens: Students engage in hands-on learning through gardening.

## DIGGING IN TO Alabama Farm to Early Care & Education



#### What is Alabama Farm to Early Care & Education?

Alabama Farm to Early Care and Education (ECE) increases access to local foods and enhances the quality of education in all ECE settings through:

- Buying, preparing, and serving local foods in meals & snacks
- · Engaging families in health and wellness
- · Facilitating hands-on learning and play in food, nutrition, & agriculture

#### Who can participate in Farm to ECE?

Any and all sites like group child care centers, family child care homes, Head Start, and child development centers.

#### Why participate in Farm to ECE?

Farm to ECE is a natural fit for children ages birth - 5 years and offers extensive benefits for our youngest learners and eaters. Hands on learning is a cornerstone of Farm to ECE and is perfect for the child exploring the world through his or her five senses.

#### Farm to ECE can also

- Increase children's access to local, nutritious food
- · Support local farmers and healthy communities
- · Develop the whole child
- · Provide professional development opportunities for staff

**INTERESTED IN PARTICIPATING? CONTACT:** Natalie Bishnoi (256) 656-7643 farmfoodmembership@fbofna.org

Carey Martin (256) 947-1003 farmfood@fbofna.org

SPECIAL THANKS TO: PUBLIX, THE DANIEL FOUNDATION, SPROUTS



#ALABAMAGROWN





Did you know that Farm to ECE can help you meet CACFP requirements and USDA Best **Practices of buying** and serving locally grown fruits and vegetables?



#### We are participating in Alabama Farm to ECE with the Farm Food Collaborative



Farm to Early Care and Education (ECE) is an extension of Farm to School that offers increased access to fresh, locally grown foods, gardening opportunities, and agricultural education to enhance the quality of the educational experience for children ages 0-5.

#### Image: Second Secon







SPECIAL THANKS TO





Farm to Early Care and Education empowers childcare providers, children, and their families to make informed food choices while strengthening our local economy.



