

Minutes

Obesity Task Force

March 21, 2007, third Wednesday of the month,
10 a.m. – 12 noon

Alabama Power Company WaterCourse Building in Clanton

This meeting was for the whole Task Force to hear the updates with state level interventions. Time allotted at the end of the meeting brief committee meetings.

Welcome and introductions was completed by Mim Gaines. New members for the meeting included

Kyle Reynold provided an update from the Diabetes Program and Council.

Skip Smithwick, Jr. provided an overview of the KidFit DVD's. The DVD 30 minute show is targeted to kids in grades K-5, and each DVD comes packaged with a brochure that is full of information for kids and their parents. The DVD's were distributed to elementary school children. This project was partially funded through the Department of Agriculture and AL Power. The website is <http://www.kidfitamerica.com/>

Karen Werner, PhD provided findings from her dissertation, *Developing an Instrument to Assess Alabama Physicians? Clinical Care Practices Related to Pediatric Obesity*. (These findings support the OTF goals of provider information. It was great to hear that we are right on track.)

Committee meeting reports are on the following pages.

Committee meeting minutes:

I. Community, Nutrition, and Physical Activity Committee

ATTENDEES:
 Jessica Hardy-ADPH Office of Woman’s Health jhardy@adph.state.al.us
 Genece Blackmon-Tuskegee University Project EXPORT gblackmon@tuskegee.edu
 Metara Austin-Tuskegee University cooperative Extension austinm@tuskegee.edu
 Debbie Loyd-Troy University Healthy Schools/Healthy Kids hshk@troy.edu
healthykids@troybabydoc.com
 Gwendolyn Lipscomb-ADPH Minority Health glipscomb@adph.state.al.us
 Teresa Smiley-Dept of Agriculture & Industries teresasmiley@yahoo.com
 Johnnie Melton-State DHR Food Assistance johnnie.melton@dhr.alabama.gov
 Hank Wilford-AUM hwillifo@mail.aum.edu
 Marc T. Riker-Alabama Sports Festival marcr@alagames.com
 Cyndy Henderson-ADPH Healthy Childcare Alabama chenderson@adph.state.al.us
 Ruth Wilson ADPH ruthwilson@adph.state.al.us
 NEW: Andrea Cherrington UAB Dept of Medicine cherrington@uab.edu
 Patricia Huffman DHR Food Assistance patricia.huggman@dhr.alabama.gov
 Ronnie (Rev.) Williams Congregation For Public Health regronnie1@bellsouth.net
 Connie Blair ALDMH/MR connie.blair@mh.alabama.gov
 Sandra Sims ASAPERD sksims@uab.edu
 Suzanne Sizemore BCBSAL ssizemore@bcbsal.org
 Melanie Rightmyer, RN ADPH arthritis melanierightmyer@adph.state.al.us
 Malissa Allen, RD ADPH Steps malissaallen@adph.state.al.us
 ABSENT: Barbi Moore-Health Promotions Jefferson Co. Health Department
Barbie.moore@jcdh.org Laurie Eldridge-Auffant-ADPH Nutrition & Physical Activity
lauffant@adph.state.al.us

Agenda Item	Discussion/Discussion Outcomes	Follow-up Needed Delegated To
Review of assigned contacts	1. Faith Based Community – Gwendolyn Lipscomb will work with Ronnie Wilson and Suzanne Sizemore to develop an action plan to begin engaging the FB community 2. Physical Activity – a. Marc Riker passed out informational books with dates/locations and sports events available through the Alabama Sports Festival State Games. (www.alagames.com) b. Group discussed ways to promote PA in communities. c. 2008 will be the “Year of Sports” d. Employee Fitness Day –	1. Faith Based sub-committee will work on action plan 2. Physical Activity – a. encourage participation in Employee Fitness Day b. distribute State Games information 3. Nutrition – a. Johnnie Melton and Patricia Huffman with DHR will bring information on food stamps and ideas for healthy menus to the next

	<p>May 18th</p> <ul style="list-style-type: none"> e. Living Well – Arthritis program available through ADPH. f. Sandra Sims with ASAPERD stated that waivers will no longer be issued for Physical Education classes. By law, all students in grades K-8 are required to take physical education daily for 30 minutes. One course is required in high school to graduate. <p>3. Nutrition -</p> <ul style="list-style-type: none"> a. Agriculture – Teresa Smiley – discussion of local farmers market and ways to encourage gardens. b. Genece Blackmon passed out 2007 calendars with healthy food recipes and ideas from EXPORT <p>4. State Municipalities meeting in April – this is a good start to share information about the obesity issues. Efforts will be made to have materials at the meeting in April.</p> <p>#5 Proclamations are being distributed to leaders and administrators across the state to sign declaring the month of May as "Physical Fitness and Sport Month". The Governor, the House and the Senate will be asked to sign a proclamation as well.</p>	<p>meeting</p> <ul style="list-style-type: none"> b. Metara Austin with the Cooperative Extension will present at the next obesity meeting. Topic: Body Works (a program for young girls and caregivers of girls) <p>4. State Municipalities – deliver information at April meeting</p> <p>5. All members were to review other possible groups and to keep in touch via e-mail</p>
Obesity Task Force Report	Discussion of responsibilities	Each member was encouraged to review and bring copies to the next meeting

II. Youth & Family Subcommittee Meeting

- Members in attendance: Ronnie Floyd, Heidi Hataway, Morrell Todd, Amanda Martin, Elizabeth Zoghbi, Susan Cutler, LaTanya Hunt-Haralson, Susan Harris, and Lauren Kilcrease
- Introductions were made among group members
- Lauren Kilcrease, Healthy Schools Healthy Kids Health Nurse, gave an overview of the CATCH (Coordinated Approach to Child Health) pre-assessment results from Pike, Bullock, and Barbour counties. Results from these pre-assessments will be formally presented at the next full Obesity Task Force meeting.
- Mr. Morrell Todd, Congregation for Public Health Team Leader, gave a brief description of his program that is in Jefferson County. His program is faith-based and includes garden programs, and programs that assist troubled youth in the alternative schools. The program is seeking volunteers in the Jefferson County area and two members present (Ms. Susan Harris and Ms. Susan Cutler) for the meeting were able to offer assistance. Any others wishing to volunteer are welcome and may contact Mr. Todd at 205-326-3203.
- Ms. LaTanya Hunt-Haralson, County Agent covering Bullock and Barbour counties, continued to praise the efforts she has made with Admiral Moore Middle School in Eufaula. She tested fifty sixth through eighth grade students with pre and post test data and height/weight/BMI screenings and implemented a twelve week program with the students. She said the program was very exciting and was happy with the participation and results.
- Mr. Ronnie Floyd, Acting Director for the Alabama Governor's Commission on Physical Fitness, announced the State Special Olympics on May 10 – 11 at Troy University and the need for volunteers. Anyone wishing to volunteer may contact him at 334-242-4496.
- Mrs. Heidi Hataway, Project Manager, Steps to a HealthierAL, mentioned the VERB Summer Scorecard that will be taking place in the River Region and the Southeast Region. Anyone wishing to start a similar program in their county may contact Heidi.
- Marchina Toodle, Coordinated School Health Specialist with the State Department of Education, distributed YRBS information booklets for those who did not receive one at the last meeting. She also stated that the Department of Education is in preparation of beginning the YRBS yet again.
- Tammie Sawyer, Assistant Director, Clinical Services Director, School Health Division, with the Jefferson County Department of Public Health, said they are performing health assessment in Jefferson County and they are implementing the CATCH (Coordinated Approach to Child Health) program in the first grade in some Jefferson County schools.
- No other business was mentioned at this time. The group adjourned with plans to meet again at the next full Obesity Task Force meeting in June.

III. Data

There are several on going projects.

1. WIC Data project- We are waiting to receive 2005 WIC data that will be separated by county/race/ethnicity/ gender. This will provide much data for children under 5 years.
2. Dental Screening Project- We talked with Stuart several weeks ago. The data is coming soon. Once he finalizes the data collection, he will send the file to Linda Knol. She will run it and report obesity rates. We hope to analyze and submit a poster session at the May Obesity Conference.
3. Pilot Project for the Online Automatic Classroom/School Analysis- With the change in leadership in the River Region, this project is not progressing at the moment. Follow up will be completed.
4. Promote access to the training manual on "How to Assess Overweight Status in Children: A Training Guide." This booklet is on the OTF website and is being used in the River Region Project. Linda Knol has also successfully used it to train research staff at U of AL.
5. Publish data- Last spring, we provided 2 poster sessions at conferences around the state and presented current stats to the task force.

IV. Medical Providers

1. We talked about the need to find out what providers want as far as educational programs.
2. Dr. A. Shaw is tweaking our manual for usefulness and possible changes.
3. Reminder of the May Obesity Conference in Tuscaloosa in May
4. Helen will contact BC/BS to see what is needed to do for possible reimbursements for educating and/or screening for obesity and teaching prevention.

We had many great suggestions that we will be following up.