

## Obesity Task Force Meeting Agenda

May 2, 2008

9:00 a.m. - noon

Alabama Department of Agriculture and Industries Auditorium

Mim Gaines welcomed members and thanked the Department of Agriculture and Industries staff for providing the meeting space. Group introductions followed.

Announcements from members included:

The advocacy subcommittee was not on the agenda, but will start meeting at the full meetings.

1. **Michael Jackson, President, DuBois Institute** completed the final phase of writing a Robert Wood Johnson grant.
2. Olivia Thomas gave brief overview of the Eastlake neighborhood assessment project.

The program included presentations from state level interventions. (September will feature local interventions.)

Linda Knol, PhD, RD, provided information (power point format) on current population subgroups in Alabama disproportionately affected by obesity.

Rosemary Blackmon provided the summary information for 2008 Scale Back Alabama success.

Mim Gaines provided handouts from CDC, highlighting best practices papers in policy and environmental interventions

The subcommittees met and summaries below were provided by the chairs.

1. Data members continue to work with the ADPH Dental Program, providing information on children across the state. This data source is one of the largest we have.

2. The Health Providers Subcommittee decided to work on practice issues which will help professionals with the implementation of the recommendations from the National Expert Committee on Childhood Obesity. Brenda Holloway has the original manual that the committee started a few years ago. The providers that tested the manual found it too wordy. With the recent publications, there are more current materials available. Brenda Holloway purged the manual and extracted the most useful material. The committee felt that the remaining material could be put on to CDs for providers with additional information available to parents and patient in the providers' offices, or be posted on the Obesity Task Force's web page. Bonnie Spear was on the Expert Committee and joined the committee for the discussion. The committee decided to:

- 1) Approach Linda Lee at the American Academy of Pediatrics, AL Chapter, to recommend including childhood obesity and current recommendations as a topic regional meetings and state wide conferences.
  - a. Bonnie will check with Linda Lee to see if it would be possible to distribute a packet of information at the fall conference.
  - b. Bonnie (and Mim) will ask Linda about getting a speaker slot at the next State wide Pediatric conference for Victoria Rogers from the Maine Youth Initiative (5-2-1-0)
  
- 2) Re evaluate the “manual” to see if it could be put into a “Toolkit” much like the Pediatric Environmental Health Toolkit. “<http://psr.igc.org/ped-env-hlth-toolkit-project.htm>” Ideas for the AL tool kit included:
  - a. Developing “prescription pad” in the tool kit that would include recommended health nutrition suggestions and physical activities for specific age groups.
  - b. Putting posters that compliment the prescription pad information in the providers offices
  - c. Reviewing the Maine Youth Initiative for additional ideas. Members are encouraged to go on line to review the Maine Youth Initiative before the next meeting.  
[http://www.mcph.org/Major\\_Activities/KeepMEHealthy/MYOC/Executive\\_Summary.pdf](http://www.mcph.org/Major_Activities/KeepMEHealthy/MYOC/Executive_Summary.pdf)  
“[http://www.mcph.org/Major\\_Activities/keepmehealthy.htm](http://www.mcph.org/Major_Activities/keepmehealthy.htm)”

3. The Community/ Nutrition/ Physical Activity Subcommittee addressed the need for a system for local communities to submit needed information to an IRB committee, at no costs. This need was identified as Olivia worked with the Eastside Community Food Assessment (CFA) project. Next steps include: Olivia will find out who provides the IRB reviews. Mim will ask ADPH for legal guidance if the obesity task force wanted to take this as part of the community function.

4. The Youth and Family Subcommittee addressed creating OTF web site “successes” page criteria. Members present: Heidi Hataway, Brandi Pouncey, Rosemary Blackmon, Kim Norris, Connie Blair, Linda Knol, Raye Hanks. The criteria would be general enough to be used by different subcommittees also. This project addresses the committee’s objective: “List successful school interventions”. For the Youth and Family Success stories, information would be accepted from public and private schools (pre-K – 12<sup>th</sup> grade). The criteria to be distributed will specify/ include:

1. Success stories accepted must address initiatives for nutrition and physical activity.
2. The story must address:
  - a. How the awareness of the project was promoted
  - b. The project’s sustainability

- c. The potential for repeating the intervention project at another location, such as another school or different organization such as faith based or community based group.
  - d. The evaluation tools or approach used to determine the success and the number impacted through project
  - e. Explanation of the community involvement, parental involvement
  - f. The budget required to support to the successful intervention
3. Ideas or approaches to get stories submitted included:
- a. Develop a form for easy submission purposes. If easy to complete, more response may be seen.
  - b. Each committee member will try to get some stories from schools they already work with.
  - c. Schools targeted will be selected through the Independent Schools Association; State Board of Education; AEA; Parochial schools
  - d. Start putting success stories on Obesity Task Force Website
  - e. Information requesting stories will be shared via email and website
4. Questions that need additional follow up:
- a. Could we offering an incentive to classroom teachers if they submit a success story? If so, what funds would be used?
  - b. Could we use an internet survey tool to send out the questionnaire?  
(Rosemary can help)

After a summary from each group was provided, the meeting was adjourned.

### **MARK YOUR CALENDARS**

**September 5, 2008 (local update)**

**November 7, 2008 (summary and planning meeting)**

All meetings will be in Clanton, AL, unless otherwise noted, and are from 9:00 a.m. until noon, with the option for staying until 2 for committee work.