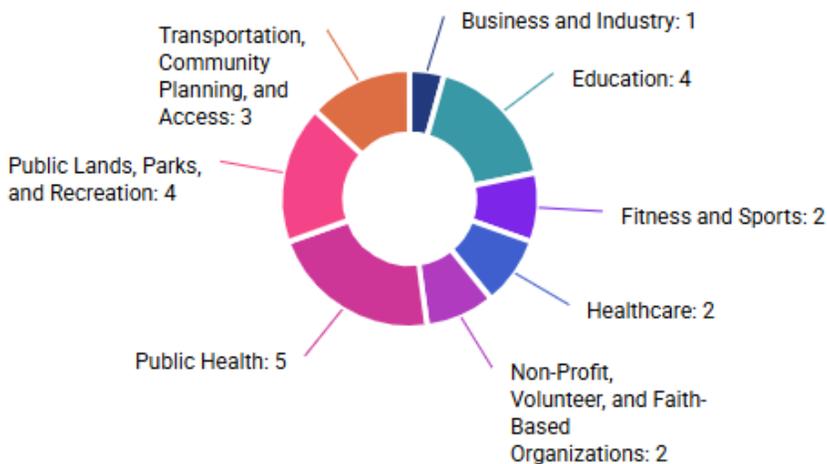


Alabama Physical Activity and Nutrition Plan Progress Survey August 2023 - December 2024 - Results Summary

Number of Respondents by Sector

Most respondents addressed objectives in the Public Health sector, followed by Education and Public Lands, Parks, and Recreation.



Total Number of Respondents

12



Number of Organizations Represented

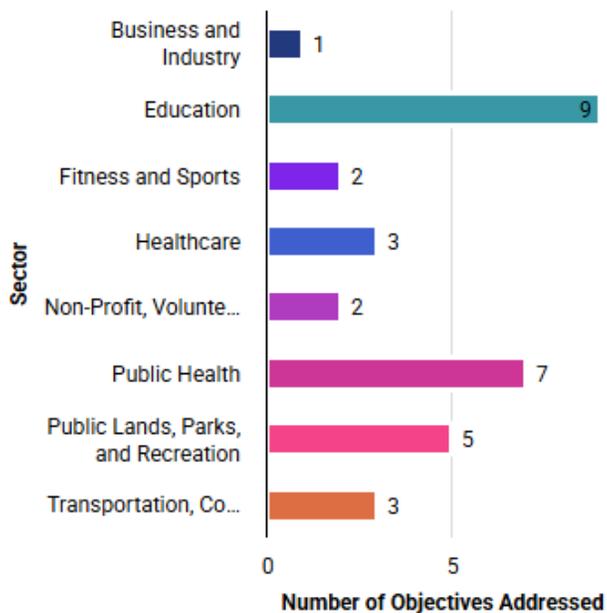
10



Objectives Addressed

32

Objectives Addressed by Sector



The Education sector had the most objectives addressed, at 9 out of 9. The Public Health and Public Lands, Parks, and Recreation had the 2nd and 3rd most objectives addressed.

Percentage of Objectives Addressed by Goal Category

In addition to being sorted by sector, each ALPAN objective falls into one of the following categories: wellness, physical activity, nutrition, breastfeeding, and transportation.

Category	Number of Objectives in the ALPAN	Number of Objectives Addressed	% of Objectives Addressed
Wellness	7	4	57%
Physical Activity	24	15	63%
Nutrition	21	10	48%
Breastfeeding	4	3	75%
Transportation	2	0	0%

The greatest percentage of objectives addressed were for breastfeeding. The greatest number of objectives addressed were for physical activity.



Challenges Faced

Most of the challenges faced included finding funding and support from the community and local administrators, as well as time and the manpower to initiate programs. Additional challenges included communication issues, poor participant follow-through, and poor attendance caused by transportation, scheduling conflicts, inclement weather, and poor coordination.



Resources Leveraged

Much of the resources and funding came from grants, donations, and partnerships with various corporate and community sources, as well as city leadership. Both internal and external resources were utilized by various organizations. One organization is struggling for funding sources that do not come from donations.



Sustainability Plans

Most respondents cited searching for new or continued funding streams to sustain work and support future work. Others looked to community and leadership for support and participation. Focusing one course of action until successful was suggested by one organization. Another suggested the need to commit to terminating programs that lose money.