



Patient Last Name: _____
DOB: _____

For Health Coach Only

- ☐ Initial Health Assessment (with 1st screening)
☐ Follow-Up Health Assessment (4-6 weeks after completion of HBSS)
☐ Health Assessment at Rescreen (12 – 18 months after initial screening if previously utilized WISEWOMAN services)
☐ Baseline Health Assessment (12 – 18 months after initial screening if WISEWOMAN services were **not** utilized)

Today's Date: ____/____/____

MED-IT ID:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

SECTION 1: PERSONAL INFORMATION

Last Name:		First Name:		Middle Initial:
Date of Birth (month, day, year) / /		Email:		
Telephone Numbers Home: Cell: Work:				
Street Address:			Apartment Number:	
City:		State:		ZIP Code:
County of Residence:				
Hispanic or Latino: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown				
First Race: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Unknown				
Second Race: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Unknown				
Education/Highest Grade Completed (Please circle) 0 1 2 3 4 5 6 7 8 9 10 11 12 <input type="checkbox"/> High School Graduate/GED <input type="checkbox"/> Some College/College Graduate <input type="checkbox"/> Don't Know/Not sure				
Primary Language Spoken at Home: <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Other:				

SECTION 2: HEALTH HISTORY

- Do you have **Hypertension**? ☐ Yes ☐ No ☐ Don't Know/ Not Sure
- If yes, was medication prescribed to lower your blood pressure? ☐ Yes ☐ No ☐ Don't Know/ Not Sure
- If yes, do you measure your blood pressure at home or using another calibrated source? ☐ Yes ☐ No ☐ Don't Know/ Not Sure
- If yes, how often do you measure your blood pressure at home or using another calibrated source?
☐ Multiple times a day ☐ Daily ☐ A few times per week ☐ Weekly ☐ Monthly ☐ Don't Know/Not Sure
- During the past 7 days, how many days did you take prescribed medication for **Hypertension**?
Please circle: 0 1 2 3 4 5 6 7 ☐ Don't Know/ Not Sure ☐ Not Applicable
- Do you regularly share blood pressure readings with a healthcare provider for feedback? ☐ Yes ☐ No ☐ Don't Know/ Not Sure



Patient Last Name: _____
DOB: _____

7. Do you have **High Cholesterol**? ☐ Yes ☐ No ☐ Don't Know/ Not Sure

8. If yes, was medication (Statin) prescribed to lower your cholesterol? ☐ Yes ☐ No ☐ Don't Know/ Not Sure

9. If yes, was medication (other than Statin) prescribed to lower your cholesterol? ☐ Yes ☐ No ☐ Don't Know/ Not Sure

10. During the past 7 days, how many days did you take prescribed medication for **High Cholesterol**?
Please circle: 0 1 2 3 4 5 6 7 ☐ Don't Know/ Not Sure ☐ Not Applicable

11. Do you have **Diabetes**? ☐ Yes ☐ No ☐ Don't Know/ Not Sure

12. If yes, was medication prescribed to lower your blood sugar? ☐ Yes ☐ No ☐ Don't Know/ Not Sure

13. During the past 7 days, how many days did you take prescribed medication for **Diabetes**?
Please circle: 0 1 2 3 4 5 6 7 ☐ Don't Know/ Not Sure ☐ Not Applicable

Have you had?

14. Stroke/TIA ☐ Yes ☐ No ☐ Don't Know/ Not Sure

15. Heart Attack ☐ Yes ☐ No ☐ Don't Know/ Not Sure

16. Coronary Heart Disease ☐ Yes ☐ No ☐ Don't Know/ Not Sure

17. Heart Failure ☐ Yes ☐ No ☐ Don't Know/ Not Sure

18. Vascular Disease (Peripheral Arterial Disease) ☐ Yes ☐ No ☐ Don't Know/ Not Sure

19. Congenital Heart Disease and Defects ☐ Yes ☐ No ☐ Don't Know/ Not Sure

20. Gestational Hypertension ☐ Yes ☐ No ☐ Don't Know/ Not Sure

21. Gestational Diabetes ☐ Yes ☐ No ☐ Don't Know/ Not Sure

22. Pre-eclampsia/Eclampsia ☐ Yes ☐ No ☐ Don't Know/ Not Sure

23. Are you taking aspirin daily to help prevent a heart attack or stroke? ☐ Yes ☐ No ☐ Don't Know/ Not Sure ☐ Not Applicable

SECTION 3: HEALTH BEHAVIORS

24. How many cups of fruits and vegetables do you eat in an average day? _____ Cups ☐ None

25. Do you eat fish at least 2 times a week? ☐ Yes ☐ No

26. Think about all the servings of grain products you eat in a typical day. How many are whole grains?
☐ Less than half ☐ Half ☐ More than Half

27. Do you drink less than 36 ounces (450 calories) of sugar-sweetened beverages weekly? ☐ Yes ☐ No

28. Are you currently watching or reducing your sodium or salt intake ☐ Yes ☐ No



Patient Last Name: _____
DOB: _____

29. How many minutes of physical activity (exercise) do you get in a _____ Number of Minutes ☐ None week?

30. Do you smoke (includes cigarettes, pipes, cigars, e-cigarettes, vaping)?

☐ Current Smoker ☐ Quit (1 – 2 months ago) ☐ Quit (more than 12 months ago) ☐ Never smoked

Over the past 2 weeks, how often have you been bothered by any of the following problems?

31. Little interest or pleasure in doing things ☐ Not at all ☐ Several Days ☐ More than Half ☐ Nearly Every Day

32. Feeling down, depressed, or hopeless ☐ Not at all ☐ Several Days ☐ More than Half ☐ Nearly Every Day

33. In the past 7 days, how often have you had a drink containing alcohol? _____ Number of Days ☐ None

34. How many alcoholic drinks, on average, do you consume when you drink? _____ Number of Drinks ☐ None

SECTION 4: SOCIAL QUESTIONS

35. Do you use any of the following types of computers: desktop/laptop, smartphone, tablet or another portable wireless computer? ☐ Yes ☐ No ☐ Don't know ☐ Don't want to answer

36. Do you or any member of your household have access to the internet?

- ☐ Yes, by paying a cell phone company or internet service provider
☐ Yes, **without** paying a cell phone company or internet provider
☐ No access to the internet at home (house, apartment, or mobile home)
☐ Don't know
☐ Don't want to answer

37. During the past 12 months, was there a time when you were worried you would run out of food because of a lack of money or other resources?

- ☐ Yes
☐ No
☐ Don't know
☐ Don't want to answer

36. Have you ever missed a doctor's appointment because of a transportation problem?

- ☐ Yes
☐ No
☐ Don't know
☐ Don't want to answer

37. If you are currently using childcare services, please identify the type of services. If none, select Not applicable. Select all that apply.

- ☐ Infant (birth to 11 months) ☐ Don't know
☐ Toddler (11 to 36 months) ☐ Don't want to answer
☐ Preschool (3 to 5 years) ☐ Not applicable
☐ Afterschool Care (K – 9th Grade)



38. Have you ever had any of these childcare-related problems during the past year? Select all that apply.

- | | | |
|---|---|---|
| <input type="checkbox"/> Cost | <input type="checkbox"/> Hours of operation | <input type="checkbox"/> Not applicable |
| <input type="checkbox"/> Availability | <input type="checkbox"/> Other: _____ | |
| <input type="checkbox"/> Location | <input type="checkbox"/> Don't know | |
| <input type="checkbox"/> Transportation | <input type="checkbox"/> Don't want to answer | |

39. What is your housing situation today?

- ☐ I have housing.
☐ I have housing, but I am worried about losing my housing.
☐ I don't have housing.
☐ Don't know
☐ Don't want to answer

40. How often does your partner physically hurt you?

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Never | <input type="checkbox"/> Fairly often |
| <input type="checkbox"/> Rarely | <input type="checkbox"/> Frequently |
| <input type="checkbox"/> Sometimes | <input type="checkbox"/> Don't want to answer |

41. How often does your partner insult or talk down to you?

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Never | <input type="checkbox"/> Fairly often |
| <input type="checkbox"/> Rarely | <input type="checkbox"/> Frequently |
| <input type="checkbox"/> Sometimes | <input type="checkbox"/> Don't want to answer |

42. Do you ever forget to take your medicine?

- ☐ Yes
☐ No
☐ Don't want to answer

43. Are you careless at times about taking your medicine?

- ☐ Yes
☐ No
☐ Don't want to answer

44. When you feel better, do you sometimes stop taking your medicine?

- ☐ Yes
☐ No
☐ Don't want to answer