

**The Alabama Department of Public Health (ADPH)  
Health Alert Network (HAN)  
Alabama Emergency Response Technology (ALERT)  
February 19, 2021**

**Updated Alabama Department of Public Health COVID-19 Non-Healthcare  
Isolation and Quarantine Guidance**

The Centers for Disease Control and Prevention (CDC) recently made additional changes to quarantine guidance addressing whether persons fully vaccinated must continue to quarantine if exposed to a confirmed COVID-19 case.

No changes were made to isolation requirements for **Cases** (*includes symptomatic Close Contacts*). The preferred isolation timeframe remains 14 days but can be shortened to *at least 10 days* when certain conditions are met.

Certain persons must continue 14-day quarantine requirements.

- Those working or living in long-term care facilities, correctional facilities, and other congregate settings where safe distancing is not always feasible, and populations may be at increased risk disease transmission, severe complications, or death should continue to follow the 14-day quarantine recommendation.
- Close Contacts of those persons identified as having a variant strain should continue to follow the 14-day quarantine recommendation.

**Close Contacts** (*without symptoms*)

Persons who meet the following requirements no longer need to quarantine (**Note: At this time, the quarantine waiver only pertains to the timeframe between 2–12 weeks post-vaccination for asymptomatic individuals who are “fully vaccinated.”** \*)

- People who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms.
- People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again, if there is no other cause identified for their symptoms.
- People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been “fully vaccinated” against the disease within the last three months and show no symptoms.

*\*Fully Vaccinated means that at least two weeks have passed since a person has received the second dose of a two-dose vaccine or one dose of a single-dose vaccine.*

The updated ADPH COVID-19 Quarantine and Isolation Timeframes can be reviewed at <https://www.alabamapublichealth.gov/covid19/assets/cov-timeframes-isolation-quarantine.pdf>