Updated Information on Availability and Use of Treatments for Outpatients with Mild to Moderate COVID-19 Who are at Increased Risk for Severe Outcomes of COVID-19

The Alabama Department of Public Health (ADPH) recommends that all healthcare workers providing COVID-19 outpatient care thoroughly review the recently released Centers for Disease Control and Prevention (CDC) Health Alert (HAN) Health Advisor 463. This document released on Monday, April 25, 2022, provides updated recommendations concerning outpatient treatment and therapies available for COVID-19. Advice is offered to avoid unproven treatments that may result in known or potential harm in mild to moderate COVID-19. Several treatment options are readily available for the mild to moderate non-hospitalized COVID-19 patients who are at increased risk for severe COVID-19 outcomes. (see CDC Underlying High Risk Medical Conditions updated February 15, 2022).

It remains that staying up to date with COVID-19 vaccination is still the best way to prevent serious outcomes of COVID-19, including severe disease, complications, hospitalization, and death.

For additional information:

https://emergency.cdc.gov/han/2022/han00463.asp