

ALABAMA'S

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Arthritis costs Alabamians \$2.4 billion

For the first time, state-specific cost estimates are available for arthritis and other rheumatic conditions. The state-specific estimates, prepared by the Centers for Disease Control and Prevention, are based on individual-level data from 1997 and use statistical methods that increase accuracy.

Arthritis cost Alabama \$1 billion in direct costs plus \$1.4 billion in indirect costs, including lost earnings. Increased widespread public health efforts to increase physical activity, maintain healthy weight, and expand the use of self-management education among persons with arthritis and other rheumatic conditions may help to reduce these costs and improve the quality of life.

The total cost of arthritis and other rheumatic conditions in the United States for the year 1997 was \$116.3 billion in direct costs plus \$65.2 billion in indirect costs, which amounts to approximately 1.4 percent of the U.S. gross domestic product.

The study found that by state, the totals ranged from a low of \$163 million in Wyoming to a high of \$11.3 billion in California.

Alabama ranks 16th in the nation in total cost for arthritis. Alabama ranks second in the nation at per capita cost behind only West Virginia. The Alabama Department of Public Health estimates that the per capita cost of arthritis was over \$540, compared to \$400 for the nation.

These results underscore the need for state and local public health officials to implement additional self-management programs, especially as the U.S. population ages and treatments grow more costly. There are programs

designed to help reduce the costs associated with arthritis, while improving the quality of life for the 49 million American adults who have doctor-diagnosed arthritis and an additional 20.9 million who have chronic joint symptoms.

Since arthritis is the leading cause of disability for Americans, early diagnosis and appropriate management of arthritis, including self-management activities such as self-help courses, weight control, and physical activity can help people with arthritis function better, stay productive, and lower health care costs.

Resources that can help people are located on the ADPH Web site at www.adph.org/arthritis. This site provides information about the Alabama Arthritis Control Program and its activities, arthritis facts and figures, tips on self-management, directions on how to locate evidence-based programs, and arthritis-related resources.

This site features "Taking Care of Yourself With Arthritis," an individually tailored, Internet-based intervention, designed to encourage persons with arthritis to feel better, experience less pain, and enjoy life more.

Another resource is the Alabama Arthritis Prevention and Treatment Coalition composed of 80 agencies and academic and research institutions, and volunteer organizations representing 268 members that work together to reduce the burden of arthritis in Alabama.

Public service programs offered to radio stations

State Health Officer Dr. Donald Williamson is shown recording the first in a new monthly series of public service announcements being sent to radio stations statewide. The messages include a range of public health concerns and are sent in the format the stations prefer. The Video Communications Division now has a duplicator for CDs and DVDs that can also print labels. Agency programs wishing to have dubs made or who need other audiovisual services should contact the division at 334-206-5618.



Dr. Donald Williamson

Using cell comments with Lotus 1-2-3

Lotus 1-2-3 offers the ability to attach comments to individual cells. This can provide additional information when sharing files electronically. For instance, a cell comment can be added to a total to explain why it is not what might be expected.

To add a cell comment, select the appropriate cell on your worksheet. Position the cursor over the selected cell and click the right mouse button. A pop-up menu will appear. Select the last choice on the pop-up menu which will be "Cell Comment." A box will pop up that will allow the user to note the desired information. There is a button underneath the text box labeled "Name and Date Stamp." Clicking this button adds the user's name and date to the comment.

When the comment is complete, close the box by clicking on the "X" in the corner of the property box. By default, a cell with an attached comment will have a small red square in the top left corner. To view the comment, select the cell, position the cursor over the selected cell, and click the right mouse button. Once the pop-up menu appears, select "Cell Comment" which will be the last option. A box with the comment will pop up.

Remember: If a 1-2-3 worksheet has a small red square in the top left corner of any of its cells, these cells have a comment attached to them.

By TRACEY CANNON
COMPUTER SYSTEMS

Alabama Department of Public Health

Mission

To serve the people of Alabama by assuring conditions in which they can be healthy.

Value Statement

The purpose of the Alabama Department of Public Health is to provide caring, high quality and professional services for the improvement and protection of the public's health through disease prevention and the assurance of public health services to resident and transient populations of the state regardless of social circumstances or the ability to pay.

The Department of Public Health works closely with the community to preserve and protect the public's health and to provide caring quality services.

ALABAMA'S HEALTH

Alabama's Health is an official monthly publication of the Alabama Department of Public Health, Bureau of Health Promotion and Chronic Disease. If you would like to receive the publication or wish to submit information for future articles, please telephone requests to (334) 206-5300. Articles may be reprinted provided credit is given to the Alabama Department of Public Health. The department's web site is <http://www.adph.org>

Donald E. Williamson, M.D.	State Health Officer
Jim McVay, Dr. P.A.	Director, Bureau of Health Promotion and Chronic Disease
Arrol Sheehan, M.A.	Editor
Takenya Stokes, J.D.	Contributing Editor
Toni Prater	Graphic Designer
Marion Wilford	Photographer

Informational materials in alternative formats will be made available upon request.

TV station, hospice present home attendant with ‘Commitment to Caring’ Award

Randolph-Chambers County Home Attendant Willie Pearl Autry was recently selected as the first recipient of the “Commitment to Caring” Award by television station WRBL and Columbus (Georgia) Hospice.

Caregivers are nominated by patients or family members who submit a form explaining why a particular candidate is deserving of the award. Mrs. Autry’s nomination was made by one of her Lifecare patients, and she was selected from more than 100 nominees. Remarkably, Ms. Autry is 83 years old and is a full-time home attendant with the Randolph-Chambers Lifecare Subunit.

A television spot featuring Ms. Autry was run several times each day for the entire month of January. The spot also displays the name of the employing agency of that caregiver.

Rhonda Cofield is her supervisor. Ms. Cofield remarked, “Mrs. Autry is such a wonderful person and is a joy to work with. We are so pleased she won this award.”

Ms. Autry has been employed with the department since September 1997. A congratulation ceremony sponsored by her co-workers was held Jan. 23 at the Chambers County Health Department in Valley.

Assistant Area Administrator Donald Bain commented, “Mrs. Autry is very deserving of this award and she is an excellent representative of the compassionate, caring, hardworking staff that we have throughout our Lifecare and home health programs.”



Pictured are Rhonda Cofield, Lifecare supervisor, Randolph-Chambers County Home Health; Willie Pearl Autry, home attendant; and Dianne Taylor, director of marketing, Columbus Hospice.

Retirees

The following employees retired effective Jan. 1:

Helen Anderson - Jackson County Health Department
Christa Burrige - Madison County Health Department
Wylodene Clark - Randolph County Health Department
Patricia Garmon - Etowah County Health Department
Pat Hooks - Public Health Area IX
Joyce Jackson - Tuscaloosa County Health Department
Dester Johnson - Tuscaloosa County Health Department
Nelda Kelley - Tuscaloosa County Health Department
Elizabeth Richardson - Randolph County Health Department
Joann Robinson - Center for Health Statistics

These employees retired on Feb. 1:

William Denton - Public Health Area III
Alberta King - Houston County Health Department
Randa Judy - Public Health Area X

‘Measles Outbreak-Alabama, 2002’ highlighted in *MMWR*

A report on the Alabama Department of Public Health’s investigation of a measles outbreak in the fall of 2002 was published in the Jan. 23 issue of *Morbidity and Mortality Weekly Report*. The report is titled “Measles Outbreak Associated with an Imported Case in an Infant — Alabama, 2002.”

John Mosely Hayes, Dr.P.H., M.S.P.H., M.B.A., Centers for Disease Control and Prevention Career Epidemiology Field Officer assigned to the department, was the lead author of the article on the measles outbreak and prepared a summary for the CDC Office of Communication.

The report concluded, “High immunity levels and effective control measures helped limit the spread of measles in this outbreak. Among Alabama children born during February 1998—May 2000, approximately 94 percent had more than one dose of MCV (measles-containing vaccine). ADPH efforts to limit exposure (less than 10 percent of 679 contacts occurred after instituting control measures), to educate clinicians and the public about this outbreak, and to increase vaccination services in the affected county also might have helped limit measles transmission. To ensure prompt measles diagnoses, physicians who care for children need to be familiar with the clinical signs of measles.”

Other health department employees credited for their work with the article are the following: J.P. Lofgren, M.D.; Valerie Cochran, R.N, B.S.N.; Ona Jean Abbott, R.N.; and Charles Woernle, M.D. An article printed in the January 2003 issue of *Alabama’s Health* credited the public health response during the outbreak. Area immunization staff from around the state, Public Health Area 8 Disease Control staff, and staff from Bureau of Communicable Disease’s Immunization and Epidemiology divisions participated in the investigation.

The nurses and staff of Lee County Health Department assisted and allowed the team to work with the Opelika office as base, and the Opelika Pediatric Clinic was also recognized by our agency publication.

Emergency response nurse volunteers needed

The Alabama Department of Public Health is seeking nurses licensed to practice in Alabama who are willing to volunteer their services should a bioterrorist event or other public health emergency occur. In the event of a catastrophic emergency, local supplies of drugs and medical equipment could be diminished rapidly. The federal government would rapidly send needed pharmaceuticals and supplies from the Strategic National Stockpile to support systems of care. The reserve is known as the SNS.

If the emergency situation involves anthrax, smallpox or any substance that would require mass inoculations, prophylaxis or treatment, nurses would play prominent roles in staffing large public clinics. Nurse volunteers might also be called upon to serve in a variety of other capacities during natural or manmade public health emergencies within the state.

Free emergency preparedness training will be offered and continuing education contact hours will be given for participation in these sessions. Several training dates have already been scheduled specifically regarding SNS. Participation in one of these training sessions provides a broad understanding of the type of emergency response that will be expected. Training opportunities for deployment of the SNS are as follows:

Sunday, Feb. 22, 1-5 p.m. - Pelham Civic Complex, Pelham

Sunday, March 21, 1-5 p.m. - Von Braun Center, Huntsville

Sunday, April 18, 1-5 p.m. - Montgomery Civic Center, Montgomery

Sunday, May 2, 1-5 p.m. - Birmingham Jefferson Civic Center, Birmingham

Registration forms are available by calling the Training Coordinator, Alabama Department of Public Health, Montgomery, at (334) 206-5665.

Additional training opportunities will be offered for nurse volunteers throughout the year. Professional newsletter articles will include dates and times of future training opportunities.

Please feel free to contact Jessica Hardy, R.N., M.P.H., Emergency Preparedness Nurse Coordinator, Alabama Department of Public Health, at (334) 206-5226 for more information or to volunteer.

Registration Form

Strategic National Stockpile Training

Please check the session you plan to attend:
(Each session is scheduled from 1 p.m. to 5 p.m.)

February 22, 2004, Pelham Civic Complex, 500 Amphitheater Rd., Pelham, AL

March 21, 2004, VonBraun Center, East Halls 1&2, 700 Monroe St., Huntsville, AL

April 18, 2004, Montgomery Civic Center, South Halls 1&2, 300 Bibb St., Montgomery, AL.

May 2, 2004, Birmingham Jefferson Civic Center, 1 Civic Center Plaza, Birmingham, AL.

Name: _____

Address: _____

Phone #: _____

E-mail: _____

Specify: RN LPN License # _____

RETURN TO:

Alabama Department of Public Health
Office of Professional & Support Services
Attn: Jessica Hardy
201 Monroe Street, Suite 1010
Montgomery, AL 36104

OR Fax to: 334-206-5663

If you have questions, call 334-206-5226.

Start good oral hygiene and nutrition practices early

Dental screenings of Alabama school children in 2003 found that many children either have one or more cavities that need a filling, or that they already have at least one filling which means they had cavities at an earlier age. In the statewide survey, 61 percent of third grade students screened either have a cavity now or have had a cavity in the past. This is similar to national statistics and points out the need for preventive actions to increase the number of children who never get a cavity.

February is National Children's Dental Health Month, a time to remind parents that a cavity may occur in children as young as age 1, long before he or she starts school. And while tooth decay can be damaging at any age, it can be particularly so among the young, preschool child.

"Good nutritional and oral hygiene practices, starting at an early age, are important to keep your child's teeth healthy and to ensure a healthy smile that will last a lifetime," says Dr. Stuart A. Lockwood, State Dental Director, Alabama Department of Public Health. He conducted the dental screenings in collaboration with the University of Alabama School of Dentistry.

"Baby teeth are important to help young children chew food, talk clearly, and save space for the permanent teeth when they erupt in the mouth," Lockwood stated. "At any age, however, tooth decay is preventable whenever appropriate strategies are begun and followed."

Listed here are 10 strategies parents can follow for a lifetime of healthy smiles:

1. While pregnant, have a dentist check the expectant mother's teeth for cavities. Cavities that the mother has could cause cavities for the baby later.
2. Clean your baby's gums and early teeth with a clean, damp cloth every day. Switch to a small soft toothbrush as more teeth come in.
3. Give only formula, water or breast milk in a bottle, and put nothing sweet on a pacifier.
4. Never let your baby sleep with a bottle in the mouth, or breast feed at will during the night.
5. Wait until 6 months of age to offer juice - and then from a cup, never a bottle.
6. Trade the bottle for a cup by the first birthday. Give your child healthy snacks like fruits and vegetables — limit sugary juices and soft drinks.
8. Start regular checkups for your baby at age 1. Learn if your child may be likely to develop cavities in the future and what measures you and your dentist can take to prevent them.
9. Brush your child's teeth twice each day, using only a pea-sized amount of fluoride toothpaste until your child has the skill to handle the toothbrush alone, usually around age 4 or 5.
10. Take your child to your dentist for placement of dental sealants soon after the 6-year permanent molars appear, and later when the 12-year molars erupt.

Diabetes Today: A Community Discussion on March 18

The Office of Women's Health and the Diabetes Branch of the Chronic Disease Prevention Division will sponsor a one-day educational forum, "Diabetes Today: A Community Discussion" on March 18 at the Kellogg Conference Center, Tuskegee. For more information contact: Jessica Hardy at (334) 206-5226, e-mail address: jhardy@adph.state.al.us or Sandra Langston at (334) 206-2062, e-mail address: slangston@adph.state.al.us

Motor vehicle crashes the No. 1 killer of children in Alabama

Motor vehicle crashes are the No. 1 killer of children in Alabama. During National Child Passenger Safety Week, the Alabama Department of Public Health wants parents to focus on protecting their children on Alabama's highways by securing them in the proper seats every time, every trip, every day.

According to 2003 observational surveys, child restraint use was 87 percent in the state; however, studies show that four out of five seats are improperly installed.

"Although Alabamians are using child safety seats, more than half of the children that die in Alabama die as a result of traffic crashes," said State Health Officer Dr. Donald Williamson. "It's important that parents not only use child safety seats, but that they make sure that they are correctly installed."

Placing children in age-appropriate restraints that are correctly installed can reduce serious injury and death by 71 percent.

"To correctly protect their children, parents should restrain them based on their age and weight. And all children in all forms of restraint should be in the back seat," said Nancy Wright, Director of the Injury Education Branch at the Alabama Department of Public Health.

FOUR STEPS FOR CHILD RESTRAINT.

- * Rear-facing infant seats- birth to at least age 1 and less than 20 pounds.
- * Forward-facing child safety seats- age 1 to about age 4 and 20 to 40 pounds.
- * Booster seats- about ages 4 to 8 and under 4-feet-9-inches tall and 40 to 80 pounds.
- * Lap and shoulder belts- at least age 8 or over 4-feet-9-inches tall and the child is able to sit with his back firmly against the seat, knees bent over the seat and

feet touching the floor.

Currently, there are 19 permanent inspection sites statewide with certified child passenger safety specialists and instructors to assist parents in the correct installation of car seats. Funding from the National Highway Traffic Safety Administration and the Alabama Department of Economic and Community Affairs supports these efforts.

For more information on child passenger safety and to find out the best safety restraint use according to a child's size and age call 1-800-504-9768.



Injury News

Published By

The Alabama Department of Public Health
Injury Prevention Division
Bureau of Health Promotion and Chronic Disease
Carol F. Mysinger, M.Ed., M.P.A.....Director

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Safety Division, Alabama Department of Economic
and Community Affairs

Weigh to Go! Madison County embarks on program



Pictured left to right: Kathie Limbach, Carole Hall, Pat Williams, Dr. Debra Williams, Glenda Moors, Sherry Ford, Lessie Gordon, Gloria Perry and Mildred Parker. Missing from the photo are Meshonda Battle, Ann Marie Jones, Pat Winn, Otha Tucker, Lelani Moore, Debra Smith and Sonya Tinsley.

In response to the Governor's call for a "slimmer" Alabama, several staff members of the Madison County Health Department have embarked on an exercise and healthy eating program under the direction and supervision of Debra Smith.

Ms. Smith is a health education intern from Walden University on temporary assignment to the health department as part of her practicum. She has designed a 12-week program of diet modification (stressing fruits and

vegetables) and exercise which the participants are following. The group meets every day at lunchtime for 15 to 30 minutes of exercise and 30 minutes of food, camaraderie and discussion. After two weeks of the program, all are still committed and say they feel better and look forward to their time together each day.

Participant Kathie Limbach said, "Hopefully, in 10 weeks we'll have a slimmer, healthier group that's still committed to a healthy lifestyle. We'll let you know!"

Mark your calendars for National Women's Health Check-up Day

Save the Date!

Monday May 10, 2004 - the day after Mother's Day - is National Women's Check-Up Day, the highlight of National Women's Health Week, May 9-15.

Block the date in your Outlook calendar... and your PDA... circle it on your calendar at home... e-mail it to all the women you care about.

Why?

One of the most important steps a woman can take for better health is to get regular check-ups and ask her health care provider about screenings for heart disease, diabetes, cancer and sexually transmitted diseases.

On National Women's Check-Up Day, participating

community health centers, hospitals and other health care providers across America will offer these preventive health screenings and other health services.

How can I get involved?

Women should schedule an appointment with their existing health care provider or a participating health care organization or provider.

For information about hosting or participating in this and other National Women's Health Week activities visit the National Women's Health Week Web site at www.4woman.gov/whw/2004/ or call 1-800-994-WOMAN (9662), or TDD: (888) 220-5446. The Alabama contact is Jessica Hardy, Office of Women's Health, at (334) 206-5226 or jhardy@adph.state.al.us.

Speaking of Retirement

TAX PREPARATION

People do not normally think of the IRS as being easy or user-friendly. With the unveiling of the IRS's newest Web link, 1040 Central (), tax filers are going to believe the government is really trying to help you. Here is some of the valuable information you can find at 1040 Central:

- Every IRS form and publication. State forms are also available here.
- Key tax code changes are highlighted.
- Answers to frequently asked questions or ask a question of the IRS with turnaround time within 48 hours.
- Whole sections on Earned Income Tax Credit, charitable giving, capital gains rates, Child Tax Credits and how to minimize the marriage penalty.
- Free File Link that will connect a taxpayer with a private concern that permits the taxpayer to file returns

electronically.

- Identifies whether tax schemes are legitimate or bogus. Additionally, Tax Counseling for the Elderly (TCE) Program offers FREE tax help to individuals who are age 60 or older. Contact the IRS at 1-800-829-1040 for the nearest location, dates and hours. Visit the IRS Web site at www.irs.gov. As part of the TCE Program, AARP offers the Tax-aide counseling program at more than 9,000 sites nationwide. For more information call 1-888-227-7669.

The IRS offers FREE assistance with tax preparation if your income is below \$35,000 through the Volunteer Income Tax Assistance Program (VITA) Local office numbers are listed below. Members of the armed forces and their families can also use this free tax service.

City	Street Address	Days/Hours of Service	Telephone
Birmingham	801 Tom Martin Dr. Birmingham, AL 35211	Monday-Friday - 8:30 a.m.-4:30 p.m.	(205) 912-5333
Dothan	202 W. Adams St. Dothan, AL 36303	Monday-Friday - 8:30 a.m.-4:30 p.m.	(334) 702-3470
Florence	205 South Wlanut St. Florence, AL35630	Monday-Friday - 8:30 a.m.-4:30 p.m.	(256) 764-6731
Huntsville	806 Governor's Dr. SW Huntsville, AL 35630	Monday-Friday - 8:30 a.m.-4:30 p.m.	(256) 539-0642
Mobile	110 Montlimar Dr. Mobile, AL 36609	Monday-Friday - 8:30 a.m.-4:30 p.m.	(251) 340-1794
Montgomery	1285 Carmichael Way Montgomery, AL 36106	Monday-Friday - 8:30 a.m.-4:30 p.m.	(334) 264-2453

PLEASE NOTE: With the looming battle over employee health insurance and retirement benefits during the legislative session starting in February, visit the RSA Web site at www.rea.state.al.us for updates on all bills affecting your benefits. Included will be the RSA's position on key issues affecting our benefits.

American Public Health Association announces 'Call For Solutions' to end health care disparities

"Eliminating Health Disparities: Communities Moving from Statistics to Solutions" Focus of National Public Health Week 2004

Communities all over the country are using innovative solutions to solve problems with widespread disparities in all aspects of health care. For National Public Health Week 2004, American Public Health Association will be collecting and highlighting a wide variety of these solutions to inspire other people who work on health care issues and want to eliminate health disparities in their communities.

"At APHA, we believe that it is time to move from statistics, which have vividly shown the widespread problems that result from health disparities, to solutions

that guarantee quality care for all," said Dr. Georges Benjamin, Executive Director, American Public Health Association. "We are searching for health care disparity solutions in all shapes and sizes that have the potential to make a difference."

APHA encourages anyone who is working on health care disparity solutions in the field to visit www.apha.org and enter their solutions into the National Public Health Week 2004 database.

"Together, we can take a big leap forward in eliminating health care disparities wherever they exist," said Dr. Benjamin.

National Public Health Week 2004 sponsors include The Robert Wood Johnson Foundation, the Commonwealth Fund and the Josiah Macy, Jr. Foundation.

Commendations

Health department employees who are listed here have received letters of commendation recently. To recognize other employees, please send letters through your supervisors or the state health officer to *Alabama's Health*.

Britney Barnett

Center for Health Statistics

from Kimberly Dawkins
Wabasso, Fla.

Kathryn Chapman

Center for Health Statistics

from Debra M. Griffin, R.N., B.S.N.
Montgomery, Ala.

Connie Danner

Jackie Esty

Center for Health Statistics

from Joseph Womack
Aberdeen, Mary.

Mim Gaines

Professional & Support Services

from Anne Cole
Greenville, Ala.

Dorothy Harshbarger and staff

Center for Health Statistics

from Cecile Hundley

Spring Hill, Fla.

Andre Jackson

Austin Thompson

Operation Resources Management

from William J. Callan, Ph.D.
Montgomery, Ala.

Veronica Moore-Whitfield

Center for Health Statistics

from Jean Schaffer
Christy (Lydia) Shaffer
Tom Summitt
Address unlisted

Kathie Peters

Center for Health Statistics

from Teresa Lancaster
Ozark, Ala.

Lois Pugh

Tuberculosis Control

From Mary Jo Bevill
Parrish, Ala.

Betty Strickland

Center for Health Statistics

from Undree McCreary
Holland

February is American Heart Month,
AMD/Low Vision Awareness Month,
National Children's Dental Health
Month, Wise Health Consumer Month
and Kids E.N.T. (Ears, Nose, Throat)
Month.

Calendar of Events



February 18

Agroterrorism (SCCPHP), 12 noon-1:30 p.m. For more information contact Video Communications, (334) 206-5618.



February 22

Strategic National Stockpile Training, 1-5 p.m., Pelham Civic Complex, Pelham. For more information contact Jessica Hardy, (334) 206-5226.



March 10

STD Update for Clinicians and Counselors, Public Health Staff Development. For more information contact Annie Vosel, (334) 206-2959.



March 18

Sexual Coercion (Part 2 of 2), 2-4 p.m. For more information contact Annie Vosel, (334) 206-2959.

March 21

Strategic National Stockpile Training, 1-5 p.m., VonBraun Center, 700 Monroe St., Huntsville. For more information contact Jessica Hardy, (334) 206-5226.



March 24

Effecting Change at the Community Level to Increase Physical Activity, 2-4 p.m. For more information contact Debra Griffin, (334) 206-2066.



March 25

Tuberculosis. For more information contact Anic Lopez, (334) 206-5923.



March 30

Chemical Risk Assessment (SCCPHP), 12 noon-1:30 p.m. For more information contact Video Communications, (334) 206-5618.



March 31

Home Health Aides and Home Attendants, 2-4 p.m. For more information contact Brenda Elliott, (334) 347-2664, extension 402.



April 1

ADPH Statewide Staff Meeting, 3-4 p.m.

April 5-11

National Public Health Week



April 14

Reproductive Health Issues for Women Over 40, 2-4 p.m. For more information contact Annie Vosel, (334) 206-2959.

Calendar.....continued on page 12

Calendar.....continued from page 11

April 18

Strategic National Stockpile Training, 1-5 p.m., Montgomery Civic Center, Montgomery. For more information contact Jessica Hardy, (334) 206-5226.



April 21

Obesity in Adolescents and Adults, 2-4 p.m. For more information contact Annie Vosel, (334) 206-2959.



April 28-30

Alabama Public Health Association Annual Meeting; Social Work; Nursing; HIV/AIDS; and Rural Health Seminars, Bryant Center, Tuscaloosa.

May 2

Strategic National Stockpile Training, 1-5 p.m., Birmingham Jefferson Civic Center. For more information contact Jessica Hardy, (334) 206-5226.

May 9-15

National Women's Health Week



May 4-7

The Future of Health Promotion and Health Education: Transforming Vision Into Reality; ASTDHPPE Annual Meeting.



May 12

Public Health Staff Development, 2-4 p.m.



May 19

Home Health Aides and Home Attendants. For more information contact Brenda Elliott, (334) 347-2664, extension 402.



June 9

Public Health Staff Development, 2-4 p.m.



June 16

Improving Male Participation in Reproductive Health, 2-4 p.m. for more information contact Annie Vosel, (334) 206-2959.



July 1

ADPH Statewide Staff Meeting. For more information contact Jim McVay, Dr.P.A., (334) 206-5600.



July 14

Public Health Staff Development, 2-4 p.m.