



## **Blood Donor 30 Sec PSA**

What's one of the easiest ways to save a life? Simply taking the time to become a blood donor.

January is National Blood Donor Month – 31 days dedicated to encouraging individuals like you and me to give or pledge to give blood.

This month, do your part to give life by giving blood. With about 36,000 units of red blood cells needed every day in our country's hospitals and emergency care facilities, you never know how much your donation could affect another.

For more information, visit our website at [Alabama-Public-Health-dot-gov](http://Alabama-Public-Health-dot-gov).

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