



## **Flu Vaccine 30 Sec PSA**

It's a busy time of year, and nobody has time for the flu!

The annual flu vaccine is recommended for everyone ages 6 months and older. It's the best way to try and avoid getting sick with the flu.

Not only can flu get in the way of your fun, it can also make you very sick. In the worst cases, it can result in hospitalizations or even death.

So why don't you get a flu shot so you don't miss out on what matters to you most? Get your vaccine today!

For more information, visit [Alabama-Public-Health-dot-gov](http://Alabama-Public-Health-dot-gov).

**[alabamapublichealth.gov](http://alabamapublichealth.gov)**

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