



Flu Vaccine 30 Sec PSA

This year, it's more important than ever to get your flu vaccine. Why? Because research shows that it's possible to have the flu and COVID-19 at the same time.

The annual flu vaccine is recommended for everyone ages 6 months and older, and it is an effective way to decrease flu illnesses, hospitalizations, and death.

Make sure you wear a mask and practice good hand hygiene before, during and after your vaccine.

For more information, visit Alabama-Public-Health-dot-gov. That's Alabama-Public-Health-dot-gov.

**For more information, contact: Brandon Vaughn
brandon.vaughn@adph.state.al.us / 334-206-2080**