Wear A Mask 60 Sec PSA

The Delta variant cases of COVID-19 might be more infectious and more transmissible, but there is something we each can do to limit the spread of coronavirus – wear a mask.

Whether it's homemade or manufactured, embellished or plain, wearing a face mask or covering in public – in addition to social distancing and regular hand washing – is one of the easiest ways to protect yourself and others from coronavirus.

According to the CDC, wearing a mask is an important part of a layered prevention approach that not only helps to limit cases of COVID-19 infections in communities where vaccination rates are low, but doing so can also limit the emergence of future COVID-19 variants. By wearing a mask or face covering – especially in crowded indoor spaces or busy areas with limited ventilation or poor air quality – you can do your part to keep yourself, your family, and others around you safe.

For more information, visit our website at Alabama-Public-Health-dot-gov. That's Alabama-Public-Health-dot-gov.

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