



Colon Cancer is **PREVENTABLE TREATABLE BEATABLE**

Colon cancer can affect anyone. Colon cancer is a common cancer in men and women in the United States. The colon is the large intestine or large bowel.

The key to preventing colon cancer and finding it early, is regular screening, beginning at age 45.

The risks for colon cancer may be higher than average if:

- You or a close relative have had a colon polyp or colon cancer.
- You have inflammatory bowel disease.
- You have a genetic syndrome, such as familial adenomatous polyposis (FAP) or hereditary nonpolyposis colorectal cancer.

Ask your doctor about screening options for colon cancer, including the take home test called Fecal Immunochemical Test (FIT) or Immunochemical Fecal Occult Blood Test (IFOBT).

CHOOSE YOUR SCREENING TEST

Do you or a family member have a history of colon cancer or polyps?

NO

YES

Colonoscopy

- Screening and detection
- Prevention of colon cancer by removing polyps
- Repeat every 10 years

Are you 45 years of age?

YES

Discuss with your provider which screening test is best for you

FIT

- Screening only
- Colonoscopy required if test is positive
- Repeat annually

The Best Test is The Test You Get Done!

For more information, please visit alabamapublichealth.gov/colon.



Alabama
COMPREHENSIVE CANCER
CONTROL COALITION

