

ACTIVITY SUBMISSION FORM

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Alabama
COMPREHENSIVE CANCER
CONTROL COALITION

Submission Date:	
Name (first, last):	
Position Title:	
Contact Email:	
Lead Organization:	
Activity Title:	
Activity Location (if applicable):	
Activity County:	Activity Date:
Organization Website:	
Major Collaborating Partners (if applicable):	
Activity Description:	
Please attach any supporting material files (links, articles, images, etc.):	
<i>(You can also attach supporting materials including images, flyers, legislation, articles, etc. to the email)</i>	

[Click to Attach Files](#)

PREVENTION TYPE

- Primary Prevention (education and policy/behavior change) Tertiary Prevention (treatment and survivorship)
 Secondary Prevention (early detection and screenings) Other cancer related activities

GOALS

- GOAL 1** Reduce cancer risk by maintaining a healthy weight, eating a healthy diet, and being physically active
 GOAL 2 Increase vaccination rate for vaccines shown to reduce the risk of cancer
 GOAL 3 Reduce the incidence and mortality related to lung cancer
 GOAL 4 Reduce the risk of skin cancer by reducing exposure to ultraviolet light
 GOAL 5 - 8 Reduce the incidence of late stage breast, cervical, colorectal, and prostate cancer
 GOAL 9 Increase participation in cancer clinical trials
 GOAL 10 Improve quality of life for cancer survivors and their families
 GOAL 11 Increase knowledge of cancer to reduce cancer incidence, morbidity, and mortality
 GOAL 12 Improve cancer surveillance to effectively monitor cancer related outcomes

OBJECTIVES

- Increase awareness of the link between being overweight/obese and an increased risk of cancers
 Promote moderate to vigorous activity in addition to limiting sedentary behavior
 Promote a healthy diet which emphasizes vegetables, whole grains, fruits, and nuts, while limiting processed foods, red meat, food with high fat and sugar content
 Promote limiting alcohol intake
 Increase percentage of adolescents who have initiated and completed the Human Papillomavirus (HPV) vaccine series for prevention of cervical cancer and possibly oral cancer and anal cancer
 Promote Hepatitis B (HBV) vaccine for all children as well as at-risk adults to reduce the risk of hepatitis and liver cancer
 Decrease the percentage of adults/youth who smoked cigarettes or spit tobacco in the last year
 Reduce exposure to secondhand smoke
 Increase the knowledge of radon in high-risk counties as a risk factor for lung cancer
 Increase awareness of cancer risk related to UV exposure by sunlight or indoor tanning
 Increase utilization of sun safety behaviors related to UV exposure
 Reduce exposure to indoor tanning by adolescents
 Increase appropriate screening and early detection of breast, cervical, and colorectal cancer
 Promote education about prostate cancer screening options
 Promote awareness and/or access of clinical trials in the state
 Increase enrollment of minority populations in clinical trials
 Promote individualized survivorship care plans for every cancer patient
 Support integration of palliative care as a routine part of cancer care
 Improve use of advance directives as part of a cancer treatment plan
 Promote timely and appropriate referral to hospice care
 Promote resources available to current cancer survivors
 Eliminate the burden of cancer in Alabama
 Improve health professional knowledge, practice behaviors, and system support related to provision of or referral for immunizations, tobacco cessation services, cancer screening services, and other cancer related activities

STRATEGIC ACTIONS

- Coaching or counseling in community settings
 Promote worksite programs
 Promote social support interventions in community settings
 Promote community-scale and street-scale urban design and land use policies
 Support enhanced school-based physical education
 Promote point-of-decision prompts to encourage use of physical alternatives (i.e. taking the stairs)
 Implement evidence-based school campus and community programs that increase youth healthy behavior adoption
 Improve health professional knowledge, practice behaviors, and system support related to provision of or referral for immunizations, tobacco cessation services and cancer screening services
 Encourage provider and community program referrals
 Address disparities among different and minority populations

STRATEGIC ACTIONS *(continued)*

- Address disparities among different and minority populations
- Conduct awareness and/or mass media education campaigns, including in high-risk counties
- Advocation of local and state level policy, including stronger policy restrictions
- Restricting minors' access
- Community mobilization
- Provide cessation education and available resources
- Promote evidence-based tobacco treatment to tobacco users
- Increase public awareness in public institutions, public housing and campus communities
- Identifying and decreasing disparities in care
- Promote and provide sun safety and skin cancer prevention support to Alabama schools
- Increase utilization of patient navigation programs
- Promote strategies that support patients to establish a medical home
- Provide group and one-on-one education regarding risk factors, screening guidelines, and the importance of early detection
- Focus efforts to identify and provide mammograms to never or rarely screened "hard to reach" women
- Promote and support partner organizations that focus efforts on minority populations
- Promoting discussion between primary care providers and their patients about the benefits and risks associated with screening
- Address barriers to participation such as low literary, cost, lack of awareness and invitation, language differences an mistrust
- Promote provision of resources to help individuals make informed decisions about clinical trials
- Increase awareness about the importance of diversity in clinical research to ensure that the discoveries, treatment, interventions, and prevention strategies are relevant to those populations
- Specifically target African Americans as a minority population
- Promote new and emerging treatment alternatives

REFLECTION/SUMMATION

Describe the expectations and results of the activity:

Are you actively looking for partnerships for the activity? Yes No

If so, please provide any information and requirements necessary for participation below:

By submitting this form, I agree to give my permission to the ACCCC to publish the information I have provided. Yes No

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