



Calling for RESEARCH VOLUNTEERS



Overweight and Obesity Prevention Program

Participate in a virtual program.

This program will include nutrition education and physical activities once a week for 12 weeks. You will receive a scale, blood pressure monitor, and instructional materials.

Eligibility:

**Adults 18-65 and Children 8-15
Residents of Alabama Black Belt
Counties**

**Register Now!
Use QR code or
Call (334) 439-0205**



You will be incentivized for participation!

To learn more, contact the principal investigator, Dr. Norma L. Dawkins at ndawkins@tuskegee.edu, or follow us on instagram at [Oandopreventionprogram](#)

This program has been reviewed by the Institutional Review Board of Tuskegee University
IRB Protocol#:060420

Tuskegee University College of Agriculture, Environment, and Nutrition Sciences

