

# ACTIVITY SUBMISSION FORM

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Submission Date:

Name (first, last):

Position Title:

Contact Email:

Lead Organization:

Activity Title:

Activity Location (if applicable):

Activity County:

Activity Date:

Organization Website:

Major Collaborating Partners (if applicable):

Activity Description:

Please attach any supporting material files (links, articles, images, etc.):

*(You can also attach supporting materials including images, flyers, legislation, articles, etc. to the email)*

[Click to Attach Files](#)

## PREVENTION TYPE

- Which type of cancer prevention does your activity address?  Primary Prevention (education and policy/behavior change)  
 Secondary Prevention (early detection and screenings)  Tertiary Prevention (treatment and survivorship)

## GOALS

- GOAL 1** Reduce cancer risk by maintaining a healthy weight, eating a healthy diet, and being physically active  
 **GOAL 2** Increase vaccination rate for vaccines shown to reduce the risk of cancer  
 **GOAL 3** Reduce the incidence and mortality related to lung cancer  
 **GOAL 4** Reduce the risk of skin cancer by reducing exposure to ultraviolet light  
 **GOAL 5 - 8** Reduce the incidence of late stage breast, cervical, colorectal, and prostate cancer  
 **GOAL 9** Increase participation in cancer clinical trials  
 **GOAL 10** Improve quality of life for cancer survivors and their families

## OBJECTIVES

- Increase awareness of the link between being overweight/obese and an increased risk of cancers  
 Promote moderate to vigorous activity in addition to limiting sedentary behavior  
 Promote a healthy diet which emphasizes vegetables, whole grains, fruits, and nuts, while limiting processed foods, red meat, food with high fat and sugar content  
 Promote limiting alcohol intake  
 Increase percentage of adolescents who have initiated and completed the Human Papillomavirus (HPV) vaccine series for prevention of cervical cancer and possibly oral cancer and anal cancer  
 Promote Hepatitis B (HBV) vaccine for all children as well as at-risk adults to reduce the risk of hepatitis and liver cancer  
 Decrease the percentage of adults/youth who smoked cigarettes or spit tobacco in the last year  
 Reduce exposure to secondhand smoke  
 Increase the knowledge of radon in high-risk counties as a risk factor for lung cancer  
 Increase awareness of cancer risk related to UV exposure by sunlight or indoor tanning  
 Increase utilization of sun safety behaviors related to UV exposure  
 Reduce exposure to indoor tanning by adolescents  
 Increase appropriate screening and early detection of breast, cervical, and colorectal cancer  
 Promote education about prostate cancer screening options  
 Promote awareness and/or access of clinical trials in the state  
 Increase enrollment of minority populations in clinical trials

## STRATEGIC ACTIONS

- Coaching or counseling in community settings  
 Promote worksite programs  
 Promote social support interventions in community settings  
 Promote community-scale and street-scale urban design and land use policies  
 Support enhanced school-based physical education  
 Promote point-of-decision prompts to encourage use of physical alternatives (i.e. taking the stairs)  
 Implement evidence-based school campus and community programs that increase youth healthy behavior adoption  
 Improve health professional knowledge, practice behaviors, and system support related to provision of or referral for immunizations, tobacco cessation services and cancer screening services  
 Encourage provider and community program referrals  
 Address disparities among different and minority populations

## STRATEGIC ACTIONS *(continued)*

- Address disparities among different and minority populations
- Conduct awareness and/or mass media education campaigns, including in high-risk counties
- Advocation of local and state level policy, including stronger policy restrictions
- Restricting minors' access
- Community mobilization
- Provide cessation education and available resources
- Promote evidence-based tobacco treatment to tobacco users
- Increase public awareness in public institutions, public housing and campus communities
- Identifying and decreasing disparities in care
- Promote and provide sun safety and skin cancer prevention support to Alabama schools
- Increase utilization of patient navigation programs
- Promote strategies that support patients to establish a medical home
- Provide group and one-on-one education regarding risk factors, screening guidelines, and the importance of early detection
- Focus efforts to identify and provide mammograms to never or rarely screened "hard to reach" women
- Promote and support partner organizations that focus efforts on minority populations
- Promoting discussion between primary care providers and their patients about the benefits and risks associated with screening
- Address barriers to participation such as low literary, cost, lack of awareness and invitation, language differences an mistrust
- Promote provision of resources to help individuals make informed decisions about clinical trials
- Increase awareness about the importance of diversity in clinical research to ensure that the discoveries, treatment, interventions, and prevention strategies are relevant to those populations
- Specifically target African Americans as a minority population
- Promote new and emerging treatment alternatives

## REFLECTION/SUMMATION

**Describe the expectations and results of the activity:**

**Are you actively looking for partnerships for the activity?**  Yes  No

**If so, please provide any information and requirements necessary for participation below:**

**By submitting this form, I agree to give my permission to the ACCCC to publish the information I have provided.**  Yes  No

[Click to Submit Form](#)

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