

# ACTIVITY SUBMISSION FORM

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*Alabama*  
COMPREHENSIVE CANCER  
CONTROL COALITION

Submission Date:	
Name (first, last):	
Position Title:	
Contact Email:	
Lead Organization:	
Activity Title:	
Activity Location (if applicable):	
Activity County:	Activity Date:
Organization Website:	
Major Collaborating Partners (if applicable):	
Activity Description:	
Please attach any supporting material files (links, articles, images, etc.):	
<i>(You can also attach supporting materials including images, flyers, legislation, articles, etc. to the email)</i>	
<a href="#">Click to Attach Files</a>	

## PREVENTION TYPE

- Which type of cancer prevention does your activity address?  Primary Prevention (education and policy/behavior change)  
 Secondary Prevention (early detection and screenings)  Tertiary Prevention (treatment and survivorship)

## GOALS

- GOAL 1** Reduce cancer risk by maintaining a healthy weight, eating a healthy diet, and being physically active
- GOAL 2** Increase vaccination rate for vaccines shown to reduce the risk of cancer
- GOAL 3** Reduce the incidence and mortality related to lung cancer
- GOAL 4** Reduce the risk of skin cancer by reducing exposure to ultraviolet light
- GOAL 5 - 8** Reduce the incidence of late stage breast, cervical, colorectal, and prostate cancer
- GOAL 9** Increase participation in cancer clinical trials
- GOAL 10** Improve quality of life for cancer survivors and their families

## OBJECTIVES

- Increase awareness of the link between being overweight/obese and an increased risk of cancers
- Promote moderate to vigorous activity in addition to limiting sedentary behavior
- Promote a healthy diet which emphasizes vegetables, whole grains, fruits, and nuts, while limiting processed foods, red meat, food with high fat and sugar content
- Promote limiting alcohol intake
- Increase percentage of adolescents who have initiated and completed the Human Papillomavirus (HPV) vaccine series for prevention of cervical cancer and possibly oral cancer and anal cancer
- Promote Hepatitis B (HBV) vaccine for all children as well as at-risk adults to reduce the risk of hepatitis and liver cancer
- Decrease the percentage of adults/youth who smoked cigarettes or spit tobacco in the last year
- Reduce exposure to secondhand smoke
- Increase the knowledge of radon in high-risk counties as a risk factor for lung cancer
- Increase awareness of cancer risk related to UV exposure by sunlight or indoor tanning
- Increase utilization of sun safety behaviors related to UV exposure
- Reduce exposure to indoor tanning by adolescents
- Increase appropriate screening and early detection of breast, cervical, and colorectal cancer
- Promote education about prostate cancer screening options
- Promote awareness and/or access of clinical trials in the state
- Increase enrollment of minority populations in clinical trials
- Promote individualized survivorship care plans for every cancer patient
- Support integration of palliative care as a routine part of cancer care
- Improve use of advance directives as part of a cancer treatment plan
- Promote timely and appropriate referral to hospice care
- Promote resources available to current cancer survivors

## STRATEGIC ACTIONS

- Coaching or counseling in community settings
- Promote worksite programs
- Promote social support interventions in community settings
- Promote community-scale and street-scale urban design and land use policies
- Support enhanced school-based physical education
- Promote point-of-decision prompts to encourage use of physical alternatives (i.e. taking the stairs)
- Implement evidence-based school campus and community programs that increase youth healthy behavior adoption
- Improve health professional knowledge, practice behaviors, and system support related to provision of or referral for immunizations, tobacco cessation services and cancer screening services
- Encourage provider and community program referrals
- Address disparities among different and minority populations

## STRATEGIC ACTIONS *(continued)*

- Address disparities among different and minority populations
- Conduct awareness and/or mass media education campaigns, including in high-risk counties
- Advocation of local and state level policy, including stronger policy restrictions
- Restricting minors' access
- Community mobilization
- Provide cessation education and available resources
- Promote evidence-based tobacco treatment to tobacco users
- Increase public awareness in public institutions, public housing and campus communities
- Identifying and decreasing disparities in care
- Promote and provide sun safety and skin cancer prevention support to Alabama schools
- Increase utilization of patient navigation programs
- Promote strategies that support patients to establish a medical home
- Provide group and one-on-one education regarding risk factors, screening guidelines, and the importance of early detection
- Focus efforts to identify and provide mammograms to never or rarely screened "hard to reach" women
- Promote and support partner organizations that focus efforts on minority populations
- Promoting discussion between primary care providers and their patients about the benefits and risks associated with screening
- Address barriers to participation such as low literary, cost, lack of awareness and invitation, language differences an mistrust
- Promote provision of resources to help individuals make informed decisions about clinical trials
- Increase awareness about the importance of diversity in clinical research to ensure that the discoveries, treatment, interventions, and prevention strategies are relevant to those populations
- Specifically target African Americans as a minority population
- Promote new and emerging treatment alternatives

## REFLECTION/SUMMATION

**Describe the expectations and results of the activity:**

**Are you actively looking for partnerships for the activity?**  Yes  No

**If so, please provide any information and requirements necessary for participation below:**

**By submitting this form, I agree to give my permission to the ACCCC to publish the information I have provided.**  Yes  No

[Click to Submit Form](#)

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