

# ACTIVITY SUBMISSION FORM

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*Alabama*

COMPREHENSIVE CANCER  
CONTROL COALITION

Submission Date:

Name (first, last):

Position Title:

Contact Email:

Lead Organization:

Activity Title:

Activity Location (if applicable):

Activity County:

Activity Date:

Organization Website:

Major Collaborating Partners (if applicable):

Activity Description:

Please attach any supporting material files (links, articles, images, etc.):

*(You can also attach supporting materials including images, flyers, legislation, articles, etc. to the email)*

[Click to Attach Files](#)

## PREVENTION TYPE

Which type of cancer prevention does your activity address? ☐ Primary Prevention (education and policy/behavior change)  
☐ Secondary Prevention (early detection and screenings) ☐ Tertiary Prevention (treatment and survivorship)

## GOALS

- ☐ **GOAL 1** Reduce cancer risk by maintaining a healthy weight, eating a healthy diet, and being physically active
- ☐ **GOAL 2** Increase vaccination rate for vaccines shown to reduce the risk of cancer
- ☐ **GOAL 3** Reduce the incidence and mortality related to lung cancer
- ☐ **GOAL 4** Reduce the risk of skin cancer by reducing exposure to ultraviolet light
- ☐ **GOAL 5 - 8** Reduce the incidence of late stage breast, cervical, colorectal, and prostate cancer
- ☐ **GOAL 9** Increase participation in cancer clinical trials
- ☐ **GOAL 10** Improve quality of life for cancer survivors and their families

## OBJECTIVES

- ☐ Increase awareness of the link between being overweight/obese and an increased risk of cancers
- ☐ Promote moderate to vigorous activity in addition to limiting sedentary behavior
- ☐ Promote a healthy diet which emphasizes vegetables, whole grains, fruits, and nuts, while limiting processed foods, red meat, food with high fat and sugar content
- ☐ Promote limiting alcohol intake
- ☐ Increase percentage of adolescents who have initiated and completed the Human Papillomavirus (HPV) vaccine series for prevention of cervical cancer and possibly oral cancer and anal cancer
- ☐ Promote Hepatitis B (HBV) vaccine for all children as well as at-risk adults to reduce the risk of hepatitis and liver cancer
- ☐ Decrease the percentage of adults/youth who smoked cigarettes or spit tobacco in the last year
- ☐ Reduce exposure to secondhand smoke
- ☐ Increase the knowledge of radon in high-risk counties as a risk factor for lung cancer
- ☐ Increase awareness of cancer risk related to UV exposure by sunlight or indoor tanning
- ☐ Increase utilization of sun safety behaviors related to UV exposure
- ☐ Reduce exposure to indoor tanning by adolescents
- ☐ Increase appropriate screening and early detection of breast, cervical, and colorectal cancer
- ☐ Promote education about prostate cancer screening options
- ☐ Promote awareness and/or access of clinical trials in the state
- ☐ Increase enrollment of minority populations in clinical trials
- ☐ Promote individualized survivorship care plans for every cancer patient
- ☐ Support integration of palliative care as a routine part of cancer care
- ☐ Improve use of advance directives as part of a cancer treatment plan
- ☐ Promote timely and appropriate referral to hospice care
- ☐ Promote resources available to current cancer survivors

## STRATEGIC ACTIONS

- ☐ Coaching or counseling in community settings
- ☐ Promote worksite programs
- ☐ Promote social support interventions in community settings
- ☐ Promote community-scale and street-scale urban design and land use policies
- ☐ Support enhanced school-based physical education
- ☐ Promote point-of-decision prompts to encourage use of physical alternatives (i.e. taking the stairs)
- ☐ Implement evidence-based school campus and community programs that increase youth healthy behavior adoption
- ☐ Improve health professional knowledge, practice behaviors, and system support related to provision of or referral for immunizations, tobacco cessation services and cancer screening services
- ☐ Encourage provider and community program referrals
- ☐ Address disparities among different and minority populations

## STRATEGIC ACTIONS *(continued)*

- ☐ Address disparities among different and minority populations
- ☐ Conduct awareness and/or mass media education campaigns, including in high-risk counties
- ☐ Advocation of local and state level policy, including stronger policy restrictions
- ☐ Restricting minors' access
- ☐ Community mobilization
- ☐ Provide cessation education and available resources
- ☐ Promote evidence-based tobacco treatment to tobacco users
- ☐ Increase public awareness in public institutions, public housing and campus communities
- ☐ Identifying and decreasing disparities in care
- ☐ Promote and provide sun safety and skin cancer prevention support to Alabama schools
- ☐ Increase utilization of patient navigation programs
- ☐ Promote strategies that support patients to establish a medical home
- ☐ Provide group and one-on-one education regarding risk factors, screening guidelines, and the importance of early detection
- ☐ Focus efforts to identify and provide mammograms to never or rarely screened "hard to reach" women
- ☐ Promote and support partner organizations that focus efforts on minority populations
- ☐ Promoting discussion between primary care providers and their patients about the benefits and risks associated with screening
- ☐ Address barriers to participation such as low literary, cost, lack of awareness and invitation, language differences an mistrust
- ☐ Promote provision of resources to help individuals make informed decisions about clinical trials
- ☐ Increase awareness about the importance of diversity in clinical research to ensure that the discoveries, treatment, interventions, and prevention strategies are relevant to those populations
- ☐ Specifically target African Americans as a minority population
- ☐ Promote new and emerging treatment alternatives

## REFLECTION/SUMMATION

**Describe the expectations and results of the activity:**

**Are you actively looking for partnerships for the activity?** ☐ Yes ☐ No

**If so, please provide any information and requirements necessary for participation below:**

**By submitting this form, I agree to give my permission to the ACCCC to publish the information I have provided.** ☐ Yes ☐ No

**Click to Submit Form**

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