



Name: _____

Date: ____/____/____

COVID-19 Parent Checklist

Your child is being sent home from school because he or she has one or more of the following COVID-19

symptoms: shortness of breath or difficulty breathing, new cough, new loss of taste or smell

Date first symptom began: ____/____/____

- ✓ Contact your child's healthcare provider/doctor for a medical evaluation
 - ✓ If your child is diagnosed with COVID-19 or tested positive for COVID-19, he or she can return to school when a parent/guardian can ensure that they can answer YES to ALL three questions:
 - Has it been at least 10 days since the student first had symptoms?
 - Has it been at least 24 hours since the student had a fever (without using fever-reducing medicine)?
 - Has there been symptom improvement, including cough and shortness of breath?
 - ✓ If your child has received an alternate diagnosis that would explain the COVID-19-like symptoms, he or she can return to school following the advice of their healthcare provider/doctor and school policies. *This does not apply to close contacts of individuals with COVID-19.*
 - ✓ If your child has had a negative COVID-19 test, they can return to school after at least 10 days from the date the first symptoms began once there is no fever without the use of fever-reducing medicines and they have felt well for 24 hours.
 - ✓ Report to the school nurse the results and outcome of the call to your child's healthcare provider/doctor.
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Your child may have had close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19

Date of last exposure to close contact: ____/____/____

- ✓ If your child has been determined to have been in close contact with someone diagnosed with COVID-19, they should remain out of school for 14 days since the last known contact.
- ✓ If your child becomes symptomatic during this time, have them evaluated by their healthcare provider/doctor and report to the school nurse the results and outcome of the medical evaluation. See section above for symptomatic children for return to school guidance.
- ✓ If your child tests positive during this time and remains asymptomatic, he or she can return to school after it has been at least 10 days since the positive test result.
- ✓ If your child tests negative during this time, they must complete the full 14 days of quarantine.