

COVID-19 ISOLATION AND QUARANTINE FLOWCHART FOR GENERAL POPULATION

EXPOSED TO COVID-19:

Quarantine is No Longer Recommended for General Population – Follow precautions below.

- 1) Wear a mask as soon as you find out you were exposed.**

Start counting from Day 1

 - Day 0 is the day of your last exposure to someone with COVID-19.
 - Day 1 is the first full day** after your last exposure.
 - Wear a mask for 10 days.
 - Take extra precautions if you will be around people who are more likely to get very sick from COVID-19.
 - If at any time you become symptomatic, isolate, and get tested.
- 2) Get tested at least 5 full days after your last exposure.**

 - Test even if you do not develop symptoms.
 - IF YOU TEST NEGATIVE** – Continue taking precautions through Day 10.
 - Wear a high-quality mask when around others at home or indoors in public.
 - YOU can still develop COVID-19 up to 10 days after you have been exposed.**
 - IF YOU TEST POSITIVE**
 - Isolate Immediately
 - Follow COVID-19 Positive Algorithm

CDC's Recommendations for Isolation, Masking, and Additional Precautions for Persons with COVID-19 Illness or Who Receive a Positive SARS-CoV-2 test result, August 2022

