Minimize Trips to the Store: making a list before leaving home can help make sure you get everything the first time.

Protect Yourself in Public: wear a mask or face covering, use sanitizer wipes on the carts, and carry hand sanitizer if you can.

Leave the Family at Home: send just one person to the store to do the shopping to reduce public crowding.

Shop Online: if you can afford to do your shopping online for either delivery or pickup, do it!

No Need to Hoard: there is no disruption in supply chain, buy just enough for your family for a week or two.

Social Distance: leave space between you and other shoppers or employees - at least 6 feet.

Ask for Help: if you are sick, ask someone else to help complete the shopping. Self-isolate at home!

Restaurant Pickup & Delivery: local restaurants may also be open for pickup or delivery. Call before to check their status.