

# WHAT'S COOKING FOR DIABETES?



Knowing what to eat can be challenging for people living with diabetes. Visit our Diabetes Recipes board on Pinterest to find inspiration for your next meal, snack, or beverage.

***Check back often for updates!***



This handout and other resources and materials can be found at: [alabamapublichealth.gov/diabetes/recipes.html](http://alabamapublichealth.gov/diabetes/recipes.html)