

- ✓ Pick up veggie platter for game.
 - ✓ Meet Molly for walk around campus.
 - ✓ Go shopping for cowgirl boots.
- Finish Lit. paper.
Plan winter formal.



I'm just sayin'...

Your to-do list is long and your activity schedule is full. Put your health on your to-do list! Do the little things today for a healthy life tomorrow.

*It's all about [^]me.
a healthy*

