

Asthma in Kids

Asthma is the most common chronic disease of childhood.

In an average classroom of 30 kids,

about asthma.



About in 10 children who wheeze when they get colds or respiratory infections will be diagnosed with asthma.

An estimated 5 million children in the U.S. have asthma.

Among all U.S. children, asthma affects about:



11% of all children living in poverty

11% of all boys ages 5-14

14% of all Black children

Each year, children with poorly managed asthma have more than:

10 million missed school days



74,000 hospital stays



767,000 trips to the



Children with asthma may experience:



Wheezing

Chest tightness



If your child has asthma...

Work with their healthcare provider to:

Develop an asthma action plan

✓ Identify and avoid triggers

✓ Take medicines as prescribed

✓ Watch for any changes

Share the asthma action plan with your child's caretakers and school.

