PrEP prevents HIV

ALABAMA **PUBLIC HEALTH**

PrEP = pre-exposure prophylaxis

PrEP is safe and effective medicine that prevents HIV. PrEP can protect anyone who may be exposed to HIV.

There are two ways to take PrEP:

Daily Pill

Take one PrEP pill every day.

Injection

Get a PrEP injection every two or six months.

Adolescents can take PrEP without a parent or guardian's permission.

Daily PrEP

Take one pill once a day, even on days when you do not have sex.

Check in with your health care provider every three months to refill your prescription and get tested for HIV and other sexually transmitted infections (STIs). Some providers offer check-ins by phone or video call.

PrEP daily medicines are Truvada (or its generic) and Descovy.

Injectable PrEP

Get injections of Apretude every two months or Yeztugo every six months. Be sure to get tested regularly for HIV and STIs.

It is very important to not miss any scheduled injections. Talk to your provider before you stop injectable PrEP or if you are worried you will miss an injection.

Get Started on PrEP

To find an experienced provider

- To find a PrEP Provider in Alabama, visit alabamapublichealth.gov/hiv/prep.html.

Medicaid and most health insurance plans should cover PrEP without any copayments. Ask your provider or pharmacist about programs that help pay for PrEP.

Stay Safe on PrEP

- Take PrEP as prescribed to make sure you have enough medicine in your body to prevent HIV.
- PrEP only prevents HIV. To prevent other STIs, get tested regularly for STIs and use condoms. Talk to your provider about doxy PEP (doxycycline post-exposure prophylaxis), a pill you take after sex to help prevent some STIs.

To prevent pregnancy, use condoms or other birth control. You can use PrEP if you are pregnant or taking any form of birth control or hormone therapy.

Staying on PrEP

Tell your provider if anything makes it difficult for you to take PrEP as prescribed or keep your appointments. If you stop taking PrEP, use condoms or another method to prevent HIV.

For more information, visit
alabamapublichealth.gov/hiv/prep.html
or scan the QR code.