



State of Alabama Department of Public Health

Massage Therapy School Curriculum Verification Form

Name of Program _____

Total credit hours or clock/ contact hours required for non-massage therapy courses _____

Total credit hours or clock/ contact hours required for massage therapy courses _____

Total credit hours or clock/ contact hours required for program completion _____

Number of weeks per term _____

Courses

Non-Massage Therapy Courses: Please list all required non-massage therapy courses and indicate the credit hours or clock/contact hours for the course and the total theory and lab clock/ contact hours per term. The clock/contact hours should be the total for the entire term. Please do not give hours per week or ratios.

Course Number	Course Title	Total Hours		Total Clock/ Contact Hours per Term	
		Credit	Clock/ Contact	Theory	Lab

Massage Therapy Courses: Please list the required massage therapy courses for the curriculum

[illegible]

Massage Therapy Courses (continued) : Please list the required massage therapy courses for the curriculum

[illegible]

Verification of Required Curriculum Components : Please indicate the location of the curriculum requirements delineated in Administrative Code, Section 532-X-5-.01(3a-g).

Required Curriculum Component	Hours Required	Name of Course(s) addressing the required curriculum component	Total number of hours within course(s) addressing the required curriculum component
Anatomy and Physiology including	100 total hours		
• Myology	35 hours		
• Osteology	15 hours		
• Circulatory System	10 hours		
• Nervous System	10 hours		
• Other body systems at the discretion of the school	30 hours		
Basic massage therapy, the contradistinctions of massage therapy, and related touch therapy modalities	250 total hours (including 50 hours of supervised massage)		
• Supervised massage	50 hours (minimum)		
Business, hydrotherapy, first aid, CPR, professional ethics, and state massage therapy laws	50 hours		
Electives as determined by the massage therapy school	250 hours		
Minimum hours of instruction	650 total hours		

Alabama Department of Public Health
 Massage Therapy Program
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