



COVID-19 Myths and Rumors 60 Sec PSA

This is State Health Officer Doctor Scott Harris. Information about COVID-19 is changing rapidly, which leaves a lot of opportunity for rumors and inconsistencies to spread during these uncertain times.

Some of the more popular rumors going around are that only children or older adults can get coronavirus, that COVID-19 testing actually puts individuals at risk, that warmer weather kills the virus, and that ingesting garlic – and even bleach – can protect individuals.

These rumors are unfounded and are no joking matter. The persistence of these statements ultimately puts us and our loved ones at risk – just like practicing poor hygiene and not wearing a face covering in public places.

In the days ahead, be mindful that information you share is from reliable sources like the Centers for Disease Control and Prevention and the Alabama Department of Public Health. We want to ensure that all Alabamians are doing their part to stay safe and healthy as we continue to navigate through this pandemic.

For more information, visit our website at Alabama-Public-Health-dot-gov.

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