



### **Diabetic Eye Disease 30 Sec PSA**

This is State Health Officer Doctor Scott Harris. One in seven Alabamians is living with diabetes. People who have diabetes have a higher risk for diabetic eye diseases like diabetic retinopathy and diabetic macular edema.

These eye diseases can damage blood vessels in the eyes, leading to blurred vision and even blindness if left untreated. These conditions can be prevented by maintaining good blood sugar, blood pressure, and cholesterol control, along with getting a comprehensive eye exam or having retinal photographs examined by your eye doctor annually.

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