



## **Coronavirus 30 Sec PSA**

This is State Health Officer Doctor Scott Harris. The 2019 Novel Coronavirus has become a very serious part of our everyday lives here in Alabama. However, there are some things that each of us can do to keep ourselves – and our loved ones – safe and healthy.

Practice social distancing and stay at home as much as possible. When you must go out, stay at least six feet away from others. Remember to wash your hands frequently and thoroughly with soap and water for at least 20 seconds.

For more information, visit our website at [Alabama-Public-Health-dot-gov](http://Alabama-Public-Health-dot-gov).

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