



## **Men's Health Month 30 Sec PSA**

Did you know that June is Men's Health Month?

Men – now more than ever – it's so important to take time to not only focus on bettering our own overall health and wellness, but also to talk to the younger generation and encourage healthier lifestyle choices.

This month, you can join me in raising awareness about preventable health problems, early detection, and treatment of diseases that impact men and boys.

For more information, visit our website at [Alabama-Public-Health-dot-gov](http://Alabama-Public-Health-dot-gov).  
That's [Alabama-Public-Health-dot-gov](http://Alabama-Public-Health-dot-gov).

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