



National Preparedness Month 60 Sec PSA

September is National Preparedness Month. In case of a tornado, hurricane, flood, or strong thunderstorms, there are some things you can do now to ensure the safety of you and your loved ones.

Review your insurance policies and make sure all coverage is current. Make sure all valuables and important documents are stored safely and are readily available in case of an emergency. Keep a fully stocked first aid kit somewhere easily accessible. Be sure to keep items like flashlights, batteries, charged power packs, bottled water, and nonperishable foods handy in case of a power outage.

Make sure your family has an evacuation plan and that children and elderly family members know what to do – and where to go – in case of emergency or a natural disaster during the night or early morning hours. Just by taking these simple steps, you lower your family's risk of danger or serious injury.

Doing your part to prepare now can drastically cut down on confusion and miscommunication once disaster strikes.

This is brought to you by the Alabama Department of Public Health and this station.

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