



Psoriasis Awareness 30 Sec PSA

You may have heard the term “psoriasis” or heard about psoriatic disease, but how much do you really know about it?

August is Psoriasis Awareness Month. Psoriasis is an autoimmune disease that speeds up the growth of skin cells. Psoriasis causes thick, itchy red patches that often appear on the elbows, knees, scalp, palms, and even the soles of feet.

Plaque psoriasis and psoriatic arthritis are most common in adults, but can also affect teens, children, and babies. While there is no cure, psoriasis is manageable.

If you or a loved one think you might have psoriasis or show symptoms, consult a dermatologist for a proper diagnosis. Living with psoriasis may mean some changes in diet or lifestyle, but it doesn’t mean giving up the life you love.

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