ALABAMA FOODS



Alabama has an abundance of crops that are grown right here. How many of these fruits or vegetables have you tried?



Blueberries



Corn

Dd



Damson Plums



Eggplant



Figs



Green Beans





Honey





Iceberg Lettuce



Jalapeňos

Kk



Kale



Lima Beans

Mm Nn



Muscadines



Nectarines





Okra



Peaches



Quinces

Rr



Rutabaga



Strawberries





Tomatoes



Ube (Purple Potatoes)



Vidalia Onions



Watermelon



Xigua (Melon)



Yellow Squash





Zucchini

For more information about state programs that encourage buying and eating Alabama-grown fruits and vegetables, visit:

sweetgrownalabama.org alabamapartnershipforchildren.org alabamafarmtoschool.org alabamapublichealth.gov/npa

