

Did you know?

An STI during pregnancy can significantly increase the risk of giving birth prematurely (prior to 37 weeks gestation).

Studies show that sexually transmitted infections (STIs) and untreated urinary tract infections (UTIs) can lead to premature birth.

Prematurity is one of the top three leading causes of infant deaths in Alabama.



The following is a list of the most common STIs that can cause preterm birth, but are treatable:

- Bacterial Vaginosis
- Chlamydia
- Gonorrhea
- Syphilis
- Trichomonas

Although a UTI is not considered an STI, if left untreated can also cause preterm birth.

How can STIs affect your pregnancy?

- Preterm Rupture of Membranes
- Preterm Labor
- Low-birth weight babies
- Chorioamnionitis - an infection of the amniotic fluid



Prevent the spread of STI's by following the three T's:

TALK • TEST • TREAT

If you have any concerns reach out to your physician or local county health department.



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