

Help Alabama **Shine!**

The Pregnancy Risk Assessment Monitoring System (PRAMS) is a joint research project between the Centers for Disease Control and Prevention (CDC) and the Alabama Department of Public Health. Its purpose is to determine why some babies are born healthy and others are not in order to aid in the development and assessment of programs designed to identify high-risk pregnancies and reduce adverse pregnancy outcomes.

New mothers are randomly chosen from the state birth registry to participate in PRAMS. Surveys may be returned by mail, via web or completed over the phone. Let your voice be heard!

"Happy to be part of this survey." **"Thank you for checking on us!"**

Actual comments from survey responses.

Moms who complete the PRAMS survey receive their choice of a cooler bag, diapers, a manicure set or a digital thermometer!

PRAMS
THE BEST SOURCE OF DATA ON MOTHERS AND BABIES

Responses are kept confidential to the extent of the law. For more information, please call us at **1-800-654-1385** or go to **alabamapublichealth.gov/PRAMS**

ALABAMA PUBLIC HEALTH

PRAMS

ADPH does not discriminate on the basis of race, color, national origin, sex, gender, age, religion, disability, genetic information, and other federal, state, or agency regulations and policies. Inquiries regarding nondiscrimination policies may be directed to Civil Rights Coordinator: ADPH CRC, RSA Tower, 201 Monroe Street, Suite 1010, Montgomery, AL 36104, Tel. 334-206-5226, or email crcomplaints@adph.state.al.us.