Use the QR Code to hear Dr. Bronner's interview as an oral cancer survivor.

If you were pregnant or had a child within the past 12 months, complete the survey below to claim your free oral health kit.



Resources

Visit Mouthhealthy.org for more information concerning your baby's first dental visit.
mouthhealthy.org/life-stages/babies-and-kids/first-dental-visit-for-baby

Visit the Alabama Department of Public Health (ADPH) for information on available resources.
alabamapublichealth.gov/perinatal/safe-sleep.html

Visit Healthychildren.org to guide your decisions to ensure the health of child from infancy to teenager.
healthychildren.org/English/ages-stages

PRAMS

ORAL HEALTH OFFICE
Promoting Smiles Across a Lifetime

ALABAMA PUBLIC HEALTH

Sources: Alabama Department of Public Health, Center for Health Statistics
Alabama Department of Public Health, Office of Maternal and Child Health
Alabama Medicaid Agency
Centers for Disease Control and Prevention

Oral Health Matters, Especially during Pregnancy: An Alabama Guide



Purpose of the Alabama Pregnancy Risk Assessment Monitoring System (PRAMS)

PRAMS surveys new mothers to identify groups of women and infants at high risk for health problems, monitor changes in health status, and measure progress towards goals in improving the health of mothers and infants. PRAMS participants are asked about lifestyle habits that could have an impact on both the mother's and the baby's overall health. This includes questions about the mother's dental cleaning, nicotine use, and alcohol use. PRAMS survey responses are used to project these risk factors related to oral health and other topics among those who deliver in Alabama.

Alabama PRAMS Oral Health Findings, 2016 - 2021

Dental Cleaning during Recent Pregnancy

Yes	No
36%	64%

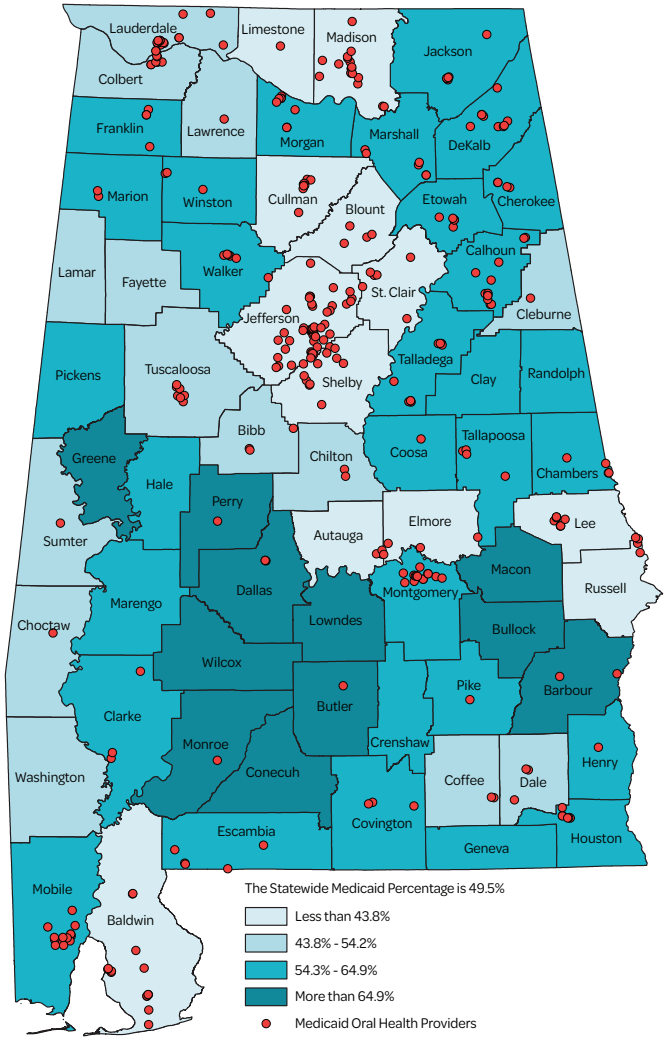
Mothers who used Nicotine within the Past 2 Years

	3 Months before Pregnancy	Last 3 Months of Pregnancy
Cigarettes	90%	42%
Vaping	66%	19%

What Oral Health Topics were Discussed at Prenatal Visits?

Mom's Health History		Adverse Impact to Baby	
History of Alcohol Use	91%	Drinking Alcohol	75%
History of Nicotine Use	92%	Nicotine Use	73%
History of Illegal Drug Use	72%	Illegal Drug Use	69%

Access to Medicaid Oral Health Providers among Mothers with Medicaid Insurance at Delivery, 2016 - 2021



Use the QR Code to Find a Dental Provider near you.

Burden of Oral Health Disease

According to the Alabama Statewide Cancer Registry, there were 282 oral cancer cases among women of childbearing age (15-54 years old) between 2016 and 2021.

The Risk Factors of Oral Cancer

Alcohol Use

Nicotine Use

Impact during Pregnancy

Poor oral healthcare during pregnancy can result in preterm deliveries and poor oral health postpartum for both the baby and the mother.

Alabama National Rank for Infant Mortality, 2016 - 2021



Did you know?

Dental cleanings can lower the risk of pregnancy complications.

Children should have their first dental visit by age 1.

Poor oral health can be a significant factor of school absenteeism.

