

# What Happens When "I Give"

**Below are examples of how charitable organizations maximize your gifts!  
What can your donation provide?**

## **Alabama Correctional Employee Support Fund**

A donation of \$5/week x 52 weeks = \$260.

\$260 assists one family's efforts to deal with medical expenses / insurance deductibles for treatment of a serious illness or personal tragedy. Such assistance will provide food and provision of daily needs at a time when illness or personal injury requires one to miss work and subsequent income.

A donation of \$10/week x 52 weeks = \$520.

\$520 assists one family in times of catastrophic need, including storm damage repair, loss of home and/or personal property due to extreme weather event, fire, etc.

## **Southeastern Rett Syndrome Alliance**

\$10 per pay period

- Provide a love basket to disabled hospitalized child/adult
- Purchase one week meal tickets for parent during prolonged hospitalization
- Assist with purchase of personal care items for disabled person
- Caregiver to attend educational seminar

\$20 per pay period

- Provide family support during catastrophic event- cancer, death
- Provide scholarship for one family to attend annual conference
- Provide travel stipend to attend educational conference or training

\$30 per pay period

- Provide family support for two families during devastating illness/ surgeries
- Support caregiver to stay at hotel within local vicinity for one night respite during extended hospitalization of child

\$40 per pay period

- Allow full scholarship for entire Rett family of four to attend annual conference
- Support one person to attend educational conference provided by national organization

\$50 per pay period

- Provide funds for two families to attend annual conference
- Provide funding for respite care for caregiver during a weekend

## **Humane Society of Elmore County**

\$20 provides vaccinations for two puppies/dogs or kittens/cats

\$40 spays or neuters one female or male cat

\$80 spays or neuters one female or male dog

\$20 provides heartworm testing for two dogs

\$300 covers one heartworm treatment for a medium size dog

\$100 feeds/houses one dog or one cat for a week

\$100 covers an adoption fee for a dog

\$50 covers an adoption fee for a cat

## **United Way of East Central Alabama**

\$2 per week prepares children for the future, allowing 3 kids to have a free book delivered to their home each month for an entire year

\$5 per week reduces hunger, providing 75 nutritious meals delivered daily to homebound elderly or disabled adults

\$10 per week offers safety, providing a victim of domestic violence and her children the security for a local shelter

## **American Cancer Society**

\$60 Buys one case of latex gloves

\$100 Provide 10 patient information services

\$120 Buys one case of 144 Petri dishes

\$150 Buys one case of 500 test tubes

\$250 Buys wigs for 3 cancer patients or buys 83 hours of toll-free access to the National Cancer Information Center

\$300 Provides transportation for one patient for 30 treatments

\$500 Buys Reach to Recovery visits for 5 women

\$800 Cost of "Look Good...Feel Better" consultations for 4 women

\$1,000 Expenses for 1 patient for one day at Hope Lodge

\$2,000 Cost for a new microscope

\$3,000 Expenses for 1 patient in an ACS funded clinical trial

\$5,000 Provides support group programs for 100 patients or buys a one-year supply of radioactive compounds to use in developing a new diagnostic test for prostate cancer

\$8,000 Buys an ultraviolet light source microscope and camera for identification of reactions of cell proteins by antibodies tagged with fluorescent dyes in a new diagnostic procedure for cervical cancer

\$10,000 One month's funding of the average American Cancer Society Research Grant or can purchase an apparatus to slice very thin sections of tumor tissues to study the gene amplification in breast cancer or hormone failure in prostate cancer

## **Samaritan's Purse**

\$45 (or \$3.75 per month for a year) will provide a family survival kit with items like a water bucket, a small stove, cooking pots, and even soap.

\$4 will provide a needy child with a week's supply of milk.

\$6 will provide a warm blanket to a child.

\$7 will furnish a week's worth of meals and enable caring Christians to share Jesus Christ with people starving for His love.

\$5 will provide a Bible or other Gospel materials to a person who hungers for God's truth.

\$14 will provide a starter brood of a dozen chicks that will grow into a flock of laying hens.

\$12 will provide 100 disposable diapers, a dozen cloth diapers or hygiene items to a young mother in a refugee camp or a caregiver at a crowded orphanage.

\$15 can furnish a month of education for an eager student.

## Arthritis Foundation, Southeast Region

- For less than **\$1** per person, your donation can help us produce online exercise videos to help viewers reduce pain and stiffness and strengthen muscles around their joints.
- **\$5** can provide materials to **4** participants in the Arthritis Foundation's *Programs for Better Living*, proven to decrease pain, fatigue and stiffness, and increase function.
- **\$5** can provide **100** flyers about the benefits of physical activity for arthritis to parks and recreation departments, churches, workplaces and community centers.
- **\$15** can transport one advocate to Capitol Hill to share their personal arthritis story with members of Congress.
- **\$20** can provide **20** people with materials to participate in a "Walk With Ease" program walking group, a first step toward making exercise a habit.
- **\$25** can provide a newly diagnosed resource packet to **1** family to help them navigate their journey of caring for a child with arthritis
- **\$30** enables investigators to extract DNA from **1** blood sample obtained through the Arthritis Internet Registry.
- 
- **\$42** can enroll **1** new person in the Arthritis Internet Registry, which advances scientific discovery by connecting people with arthritis to clinical investigators.
- **\$50** can help us provide educational material to a health fair to inform people about arthritis.
- **\$50** could provide basic arthritis patient education information to **100** Spanish-speaking people with arthritis.

## Sav-A-Life

### A One-Time Gift of:

\$75 will provide 300 informational brochures according to the needs of our patients.

\$100 will provide an ultrasound for a mom to be able to see her baby and choose life.

We had a Dad to come in with the Mom to see their baby on ultrasound. As Nurse Amy was explaining what they were seeing, "This is the yoke sac, here are the fingers, here are the toes. See that flickering? That is the baby's heart beating. See how fast it is?" Dad got down on his knees and asked Mom to marry him. She said "Yes!"

\$100 will buy a car seat for a newborn baby to be able to come home from the hospital.

\$2000 will provide enough pregnancy tests for a year.

## Girl Scouts of Southern Alabama

\$319...\$0.88 a day provides one at-risk girl with a year of leadership skill-building, academic support and mentoring.

\$340...Provides a week-long summer resident camp experience for one at-risk girl.

\$60...Provides four girls with Girl Scout membership for a year.

\$35...Buys a ticket and transportation for one at-risk girl to attend a cultural event that they might not otherwise have the opportunity to experience.

\$30...Supplies one girl with her basic uniform and a Girl Scout Journey handbook.

## Montgomery Humane Society

- \$20 provides preventive vaccinations for two puppies
- \$35 neuters 1 male cat
- \$40 provides one month of food for five cats
- \$45 spays 1 female cat
- \$50 provides heartworm test for two dogs
- \$55 neuters 1 male dog
- \$65 spays 1 female dog
- \$250 pays for one animal cruelty investigation

## United Way of Lee County

\$12- The Food Bank of East Alabama can distribute 84 meals.

\$24- Allows the Lee County Literacy Coalition to provide a tutor reading and phonic manual, a student reading and writing book, or a Tutor Resource Guide for Math.

\$24- Allows the American Red Cross to cover the cost of one clean up kit for a family.

\$36- The Salvation Army provides a warm, safe place for a family for one night.

\$72- An elderly citizen on a low, fixed income can receive food monthly from the Community Market Brown Bag Program for a year.

\$72- Provides the funds for an underserved child to receive a complete oral cleaning, an x-ray, fluoride treatment, and an exam from a licensed dentist in the Auburn City School's Dental Clinic.

\$100- The Domestic Violence Intervention Center can provide a bus ticket for a client to escape to safety.

\$100- Special Deliveries can provide a car seat for a toddler.

## Jean Dean RIF (Reading is Fundamental)/Alabama Kiwanis Foundation

**Your \$12 donation buys 3 quality, age-appropriate books (worth at least \$25 retail) for an at-risk young child-- for most, the FIRST and ONLY BOOKS in the home.**

The gift of those 3 books -properly documented at their retail price (and we do) plus readers donated time *becomes an in-kind donation to the site served of 5 times the original donation, or \$60* which *justifies additional grants* of 4 times the in-kind donation, or \$240 for added services to the children and families--

PLUS the child gets a book!

**\*\* \$240 in services plus 3 books for an at-risk child--A big return for your \$12 donation.**

**Your \$240 donation will buy 3 quality, age-appropriate books each (worth at least \$25 retail) for a classroom of 20 at-risk young children-- for most, the FIRST and ONLY BOOKS in their home.**

The gift of those 60 books -properly documented at their retail price (and we do), plus readers donated time *becomes an in-kind donation to the site served of 5 times the original donation, or \$1200* which *justifies additional grants* of 4 times the in-kind donation, or \$4800 for added services to the children and families

PLUS the 20 children get 3 books each!

**\*\* \$4800 in services plus 3 books each for 20 children--A big return for your \$240 donation.**

**United Way of West Alabama**  
**Change Your Community – Change the World**

**American Red Cross, West Alabama Chapter – 205.758.3608**

**A donation of just \$10 could:**

- Following a natural disaster could provide snacks, personal hygiene comfort kits, a blanket and a hot meal to an individual in need.

**The Arc of Tuscaloosa County, Inc. – 205.556.4900**

**A donation of just \$10 could:**

- We could purchase a \$10 gift card for a consumer to use when their Hourly Services staff person takes him/her out on community activities.
- We could purchase gardening gloves, inexpensive pots or geraniums for our greenhouse.
- We can send five (5) people swimming.
- We can purchase two (2) 8x10 canvases for our Art Program.
- A consumer could get a snack and a beverage on the way home.
- We could sponsor two consumers who want to participate in the local Arts and Crafts class.
- We could pay the bowling fees for four consumers.
- We could pay for a consumer to celebrate their birthday at a restaurant.
- We could pay for two consumers to participate in the Breakfast/Coffee Crew.
- We could buy a consumer lunch at a local restaurant.
- We could purchase public transportation tokens/passes for consumers to get to and from their community-based job.
- We could buy a small token of appreciation for a couple of our employers like a box of doughnuts, pizza for lunch, coffee mug filled with candy, etc.
- We can purchase 5 tickets for the city bus (allows the consumers to experience a different method of transportation that is part of the everyday use of their community).

**Alabama Head Injury Foundation – 205.328.3505**

**A donation of just \$10 could:**

- Buy Educational materials for caregivers
- Buy craft materials for clients disabled by Traumatic Brain Injury
- Help publicize our free car seat program

**Arts 'N Autism, Inc. – 205.394.5264**

**How a \$10 Donation Could Benefit Arts 'n Autism**

- One afternoon's snacks for 10 children
- One hour's pay for a classroom assistant
- One hour's pay for a one-on-one assistant
- One camp t-shirt for a needy child.
- One night of respite care for one family
- 1 game of bowling for four children

# REMEMBER TO REMEMBER

*what was done for you*      *to do for others*

## Your Dollars Count!

Makes it possible for an active duty service member to be contacted during a family crisis

\$1.00 / DAY

Provides intervention to victims of child abuse

\$1.00 / WEEK

Allows 1 senior to age with dignity in his or her own home

\$1.00 / PAY PERIOD

Furnishes 1 family with household goods

\$1.00 / MONTH

Gives a mentally challenged individual a home

\$1.75 / DAY

Prepares 1 child for kindergarten

\$2.70 / DAY

Provides reliable transportation to a family in need

\$2.50 / WEEK

Gives safety to a woman living with domestic violence

\$2.25 / PAY PERIOD

Provides mentoring for a child who needs hope restored

\$3.50 / WEEK

Provides bereavement counseling for a child who lost a loved one

\$3.75 / MONTH

Provides dental care to 1 child

\$7.50 / MONTH



Your investment in United Way of Madison County does have an impact on your community. Thank you for your generosity and for choosing to LIVE UNITED!



United Way of Madison County

American Heart Association	How Your Donation Can Make a Difference...
\$5	Provides resources for one of 200,000 <i>You're the Cure</i> volunteers to encourage their local, state and federal lawmakers to make changes on important issues such as menu labeling and state health programs.
\$5	Teaches more than 100 adults save a life by recognizing the signs of heart attack or stroke and how to administer CPR or use an AED. Provides a wallet card they can keep in their back pockets for reference.
\$10	Makes it easier for people to find AEDs in public places. This donation covers the costs of placing nine identification stickers in public places, directing people to these devices that can save someone's life. Congress mandated the public placement of AEDs in response to AHA lobbyists.
\$10	Provides informational videos and brochures to lead a <i>Power To End Stroke</i> campaign and heighten awareness of the impact of stroke in the African-American community.
\$15	Reaches 100 African-American or Hispanic individuals with heart disease and stroke prevention information, and encourages them to participate in <i>Search Your Heart</i> , our cultural health program.
\$15	Highlights stroke risks for 50 individuals and gives them a better understanding of how they can help prevent cardiovascular disease.
\$20	Helps healthcare providers prevent heart disease in women by translating American Heart Association science into evidence-based guidelines for their practices.
\$20	Allows church and organization leaders to launch our cultural health program, <i>Search Your Heart</i> , delivering information to help people in the African-American and Hispanic communities to reduce their risk for heart disease and stroke.
\$25	If one of every 50 people in the United States made a donation of this size, the American Heart Association could award more than 1,000 qualified researchers with the grants and scholarships that were not funded this past year. This critical research could lead to the next generation of advancements in preventing, treating or even eradicating cardiovascular disease.
\$25	Empowers 25 underserved African-Americans to help end stroke by educating them on topics such as risk factors, prevention and healthy eating.
\$30	Educates two healthcare providers via webinar about <i>Get with the Guidelines-Outpatient</i> or any of our programs that continually improve clinical care.
\$40 a month for a year	Sends a doctor or scientist to the International Stroke Conference to learn the latest advancements in the treatment and prevention of stroke.
\$50	Provides information and inspiration to help four stroke survivors maximize recovery and independence with a subscription to <i>Stroke Connection</i> , a bi-monthly periodical and our biggest outreach to stroke families.
\$100	Engages 1,000 women to learn their risk of heart disease by conducting their own <i>Go Red Heart CheckUps</i> .
\$200	Teaches 10 families in your community the connection between good food and good health by showing them the ultimate heart-healthy recipes in <i>The New American Heart Association Cookbook</i> .
\$300	Can save lives by training more than 45 members of your community on essential CPR skills using our innovative CPR Anytime self-directed personal CPR kit.
\$400	Sends a researcher or cardiologist from around the globe to present the latest scientific findings at the annual Scientific Sessions conference, the world's premier annual meeting on cardiovascular science.
\$500	Teaches more than 2,500 children how to avoid obesity and live longer, stronger lives through our nutrition and exercise educational materials.
\$1,000	Mobilizes 2,000 women with our <i>Go Red for Women</i> movement and empowers them to take charge of their heart health with a personal record tracker and other health information.
\$2,000	Sends a heart disease or stroke survivor to our annual Heart and Stroke Lobby Day in Washington to educate decision makers about issues that affect the nation's cardiovascular health. Recent efforts include funding for education and prevention of childhood obesity.
\$5,000	Helps 9,000 individuals get active using online tools such as the <i>Start! Walking Programs Tracker</i> , which records physical activity.
\$10,000	Helps give 2,500 individuals a plan to live better through <i>My Life Check Assessment</i> , an online tool that calculates your personal heart score in just a few minutes.
\$25,000	Funds a one-year pre-doctoral fellowship to help a medical student begin a career in heart or stroke research. Research is the starting point for all scientific advances. Pacemakers, new forms of surgery and lifesaving drugs could not have been developed without thousands of hours and thousands of dollars first spent in research. The American Heart Association is proud to have funded research that has led to these and other important breakthroughs.
\$40,000	Awards deserving undergraduate students the sponsored opportunity to work with an American Heart Association established investigator such as Dr. Christine Moravec, whose groundbreaking work led to the finding that a mechanical heart pump can reverse heart failure. Investigators such as Dr. Moravec are working with us to train the next generation of researchers.