

Essential Tick Prevention Tips for Hunters



Use Skin Repellents Properly:

Apply EPA-registered insect repellents containing 20–30% DEET or Picaridin on exposed skin.



Wear Protective, Light-Colored Clothing:

Wear long-sleeved shirts and long pants. Light colors (like beige or light camo) make it easier to spot ticks crawling on you.



Create Physical Barriers:

Tuck pants into socks or boots and tuck shirts into pants to prevent ticks from crawling up your legs.



Treat Clothing with Permethrin:

Apply 0.5% permethrin spray to boots, clothing, and hunting gear (backpacks, ground blinds) before the season starts. Don't worry about the smell.



Manage Gear and Clothing:

Ticks can survive wash cycles. Place hunting clothes in a dryer on high heat for at least 10–60 minutes to kill ticks.



Check Pets and Game:

Use veterinarian-recommended tick prevention on hunting dogs. When dressing game, wear gloves and check yourself again, as ticks may move from the carcass to you.

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For more information on tick-borne diseases and how to prevent them, visit alabamapublichealth.gov/tick or cdc.gov/ticks.