

Smoking Cessation Medications – Dosing Guidelines for Alabama Medicaid Covered Products – June 2018

	Zyban®	Chantix®	Nicotine Nasal Spray	Nicotine Inhalation	Nicotine Gum	Nicotine Lozenge	Nicotine Patch
Available Products	Zyban®, bupropion SR 150 mg tablets <i>Rx only</i>	Chantix® varenicline 0.5 mg, 1 mg tablets Starting Month PAK Continuing Month PAK <i>Rx only</i>	Nicotrol® NS 0.5 mg nicotine in 50 mcL nicotine solution (1 spray = 0.5 mg nicotine) <i>Rx only</i>	Nicotrol® Inhaler 10 mg cartridge delivers 4 mg inhaled nicotine vapor <i>Rx only</i>	Nicorette®, generic products available 2 mg, 4 mg <i>OTC</i>	Nicorette®, generic products available 2 mg, 4 mg <i>OTC</i>	NicoDerm CQ®, generic products available 7 mg, 14 mg, 21 mg <i>OTC</i>
Dosing	<p>Days 1-3: 150 mg daily</p> <p>Then increase to 150 mg BID</p> <ul style="list-style-type: none"> Initiate therapy while patient is still smoking Set a “target quit date” within the first 2 weeks of treatment Take at the same time daily Separate doses by 8 hrs Do not exceed 300 mg/day Continue treatment for 7-12 wks 	<p>Days 1-3: 0.5 mg daily</p> <p>Days 4-7: 0.5 mg BID</p> <p>Day 8 – end of treatment: 1 mg BID</p> <ul style="list-style-type: none"> Begin 1 wk before the “target quit date” Take after eating and with a full glass of water Treatment duration: 12 weeks Additional 12-wk course may be used for patients who have stopped smoking to increase likelihood of long-term abstinence 	<p>1 spray into each nostril 1-2 times/hr</p> <p>*1 dose = 2 sprays (1 in each nostril)*</p> <p>Initial dose should be at least 8 doses/day</p> <ul style="list-style-type: none"> Patients must stop smoking completely Do not use > 5 doses/hr Do not use > 40 doses/day Wait 5 mins before driving or operating machinery Do not drink or eat 15 mins before or during use Treatment duration: up to 3 months 	<p>Initial dose for at least 3-6 wks & up to 12 wks: 6-16 cartridges/day</p> <ul style="list-style-type: none"> Patients must stop smoking completely Best effect with frequent continuous puffing (20 mins) Inhale into the back of the throat not into the lungs Gradually reduce daily dosage after 12 wks of therapy Do not use > 16 cartridges/day Do not drink or eat 15 mins before or during use Treatment duration: up to 6 months 	<p>If 1st cigarette is > 30 mins after waking: 2 mg</p> <p>If 1st cigarette is ≤ 30 mins after waking: 4 mg</p> <p>Weeks 1-6: 1 q 1-2 hrs</p> <p>Weeks 7-9: 1 q 2-4 hrs</p> <p>Weeks 10-12: 1 q 4-8 hrs</p> <ul style="list-style-type: none"> Chew each piece slowly Do not drink or eat 15 mins before or during use Do not continuously use one piece after the other Do not use > 24 pieces/day Treatment duration: 12 wks 	<p>If 1st cigarette is > 30 mins after waking: 2 mg</p> <p>If 1st cigarette is ≤ 30 mins after waking: 4 mg</p> <p>Weeks 1-6: 1 q 1-2 hrs</p> <p>Weeks 7-9: 1 q 2-4 hrs</p> <p>Weeks 10-12: 1 q 4-8 hrs</p> <ul style="list-style-type: none"> Allow to dissolve slowly (20-30 mins) Do not drink or eat 15 mins before or during use Do not use > 5 lozenges in 6 hrs Do not use > 20 lozenges/day Treatment duration: 12 wks 	<p>< 10 cigarettes/day: 14 mg x 6 wks 7 mg x 2 wks</p> <p>≥ 10 cigarettes/day: 21 mg x 6 wks (21 mg x 4 wks if generic brand) 14 mg x 2 wks 7 mg x 2 wks</p> <ul style="list-style-type: none"> Patients must stop smoking Apply patch first thing in the morning Apply at the same time daily Do not wear more than 1 patch at a time Do not cut patch Patch may be worn for 16 or 24 hrs Treatment duration: 10 wks

Disclaimer: The products listed above may not be FDA approved for use in pregnancy. Prescribing providers must weigh the benefits and risks associated with these medications when prescribing to pregnant females.

References:

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Chantix® [Prescribing Information]. New York, NY: Pfizer Labs; April 2018.

Nicotrol® NS [Prescribing Information]. New York, NY: Pfizer, Inc.; January 2010.

Nicotrol® Inhaler [Prescribing Information]. New York, NY: Pfizer, Inc.; December 2008.

Nicorette. In: Drug Facts and Comparisons [eFacts]. St. Louis: Wolters Kluwer Health [updated 2018 May, cited 2018 May]. Available from: <http://online.factsandcomparisons.com/MonoDisp.aspx?monolD=fandc-hcp12303&quick=537743%7c5&search=537743%7c5&isstemmed=true>

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