

# Alabama WIC Breastfeeding Resource Guide 2022



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Resources are current as of 9/1/2022.

# WIC Supports Breastfeeding

A major goal of the WIC Program is to improve the nutritional status of infants. Recognizing breast milk as the ideal first food for infants, the American Academy of Pediatrics recommends that infants be exclusively breastfed for the first six months, then continue to receive breast milk, in addition to complementary foods, for up to two years or longer. The Alabama WIC Program encourages WIC mothers to choose breastfeeding in the following ways:

- WIC mothers are provided with breastfeeding information and education during pregnancy and throughout each stage of the breastfeeding journey to help them meet their breastfeeding goals.
- Breastfeeding mothers receive an expanded WIC food package – larger amounts and varieties of foods.
- Breastfeeding mothers are eligible to participate in WIC until their child’s first birthday.
- WIC breastfeeding mothers receive personalized breastfeeding support and access to WIC Designated Breastfeeding Experts (DBEs) – IBCLCs and other staff with advanced breastfeeding education and training – to help prevent and/or resolve common breastfeeding problems. WIC staff receive annual breastfeeding training appropriate to their roles and scopes of practice.
- WIC Peer Counselors are available in numerous counties to provide mom-to-mom breastfeeding encouragement and support.
- WIC breastfeeding mothers may be eligible to receive breastfeeding aides, such as breast pumps and other breastfeeding items, to help support the initiation and continuation of breastfeeding.

According to the World Alliance for Breastfeeding Action (WABA), breastfeeding improves nutrition, ensures food security, and reduces inequalities. WABA and the United States Breastfeeding Committee (USBC) highlight the importance of collaborative efforts among governments, health systems, workplaces, and communities to provide and protect breastfeeding-friendly environments. To expand the “landscape of support for babies and families” envisioned by USBC, Alabama WIC updates the Breastfeeding Resource Guide annually and welcomes submissions from individuals, coalitions, and organizations that provide breastfeeding support services in Alabama.

# Alabama WIC Program District Nutrition Directors

## EAST CENTRAL

Darlene Hicks, RD  
334-756-0758

## JEFFERSON

Natalie Clements, RD  
205-558-2144

## MOBILE

Claire Perkins, MS, RD  
251-690-8829

## NORTHERN

Jessie Simmons, MS, RD  
256-560-6574

## NORTHEASTERN

Amy Minish, RD  
256-237-7523  
*Calhoun, Cherokee, Clay,  
Cleburne, Randolph,  
St. Clair, Talladega*

Reba Brannan, MPH, RD  
205-685-4197  
*Blount, DeKalb,  
Etowah, Shelby*

## SOUTHEASTERN

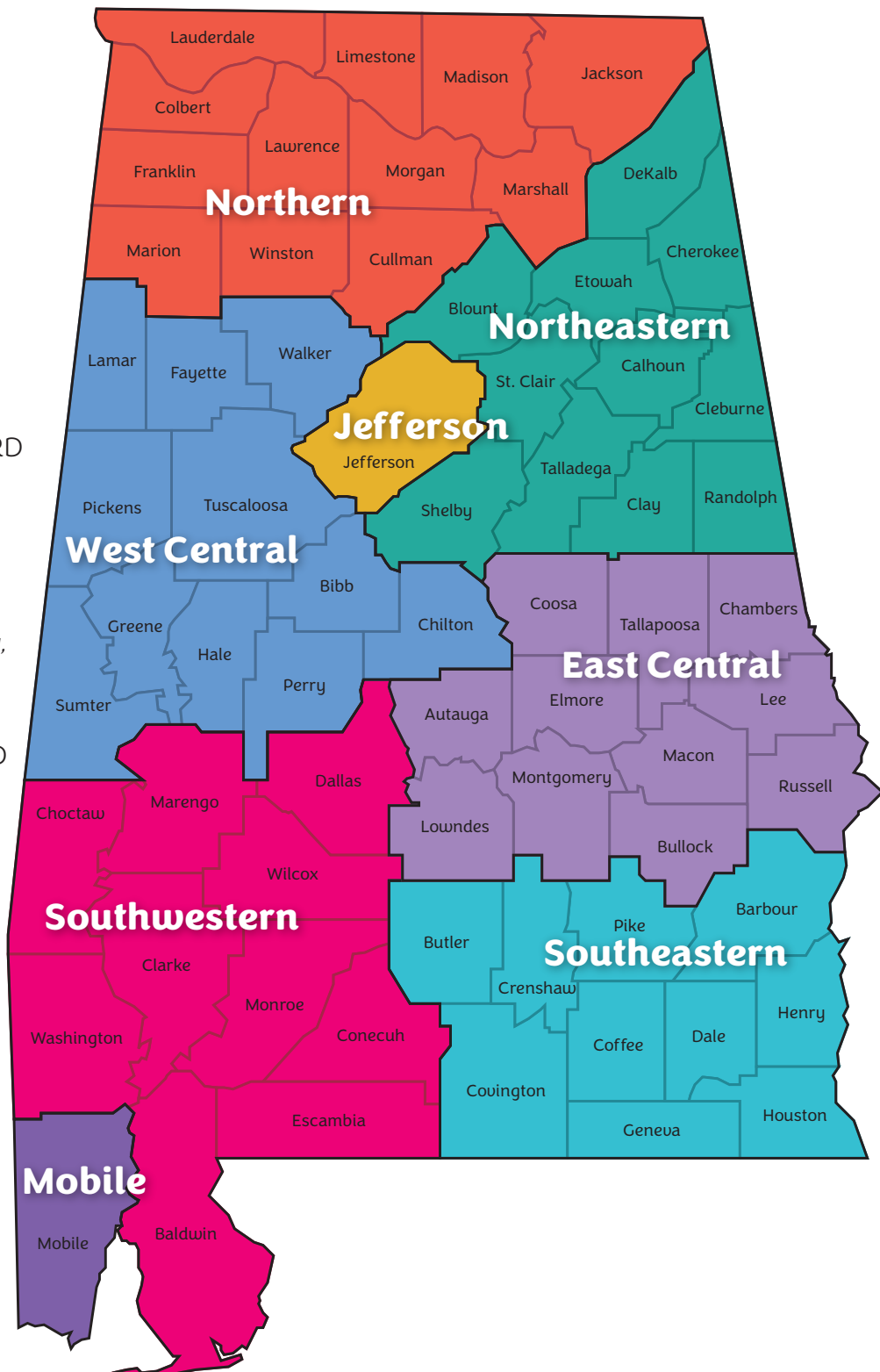
Angela Stevens, RD  
334-687-4808

## SOUTHWESTERN

Sharon Eiland, RD  
251-946-8040

## WEST CENTRAL

Laura Griffin, RD  
205-562-6900



# Alabama WIC Clinics Directory

DISTRICT	COUNTY-CLINIC	CITY	ADDRESS	PHONE	HOURS
East Central	Autauga	Prattville	219 N. Court St. 36067	334-361-3743	M-F 7:30-5:00
Southwestern	Baldwin	Bay Minette	312 Courthouse Square 36507	251-937-6935	M-F 8:00-5:00
Southwestern	Baldwin	Robertsdale	23280 Gilbert Dr. 36567	251-946-8040	M-F 8:00-5:00
Southwestern	Baldwin	Foley	8158 Hwy. 59, Unit 108 36535	251-943-7260	M-F 8:00-5:00
Southeastern	Barbour	Eufaula	634 School St. 36027	334-687-4808	M-F 8:00-5:00
West Central	Bibb	Centreville	281 Alexander Ave. 35042	205-926-9702	M-F 8:00-5:00
Northeastern	Blount	Oneonta	1001 Lincoln Ave. 35121	205-274-2120	M-F 7:30-5:00
East Central	Bullock	Union Springs	674 Hicks Industrial Blvd. 36089	334-738-3030	M-F 8:00-5:00
Southeastern	Butler	Greenville	350 Airport Rd. 36037	334-382-3154	M-F 7:30-5:00
Northeastern	Calhoun	Anniston	3400 McClellan Blvd. 36204	256-237-7523	M-F 7:30-5:00
East Central	Chambers	Valley	5 N. Medical Park Dr. 36854	334-756-0758	M-F 8:00-5:00
Northeastern	Cherokee	Centre	833 Cedar Bluff Rd. 35960	256-927-3132	M-F 8:00-5:00
West Central	Chilton	Clanton	301 Health Center Dr. 35045	205-755-1287	M-F 8:00-5:00
Southwestern	Choctaw	Butler	1001 S. Mulberry Ave. 36904	205-459-4026	M-F 8:00-5:00
Southwestern	Clarke	Grove Hill	22600 Hwy. 84 E. 36451	251-275-3772	M-F 8:00-5:00
Northeastern	Clay	Lineville	86892 Hwy. 9 36854	256-396-6421	M-F 8:00-5:00
Northeastern	Cleburne	Heflin	90 Brockford Rd. 36264	256-463-2296	M-F 8:00-5:00
Southeastern	Coffee	Enterprise	2841 Neal Metcalf Rd. 36017	334-347-9574	M-F 8:00-5:00
Northern	Colbert	Tuscumbia	1000 S. Jackson Hwy. 35660	256-383-1231	M-F 7:30-5:00
Southwestern	Conecuh	Evergreen	102 Wild Ave. 36401	251-578-1952	M-F 8:00-5:00
Southeastern	Covington	Andalusia	23989 Alabama Hwy. 55 36420	334-222-1175	M-F 8:00-5:00
Southeastern	Crenshaw	Luverne	15 Hospital Dr. 36049	334-335-2471	M-F 8:00-5:00
Northern	Cullman	Cullman	601 Logan Ave. S.W. 35055	256-734-1030	M-F 7:00-5:00
Southeastern	Dale	Ozark	532 W. Roy Parker Rd. 36360	334-774-5146	M-F 8:00-5:00
Southwestern	Dallas	Selma	100 Sam O. Moseley Dr. 36701	334-877-2809	M-F 8:00-5:00
Northeastern	Dekalb	Ft. Payne	2401 Calvin Dr. S.W. 35967	256-845-1931	M-F 8:00-5:00
East Central	Elmore	Wetumpka	6501 Hwy. 231 N. 36092	334-567-1171	M-F 8:00-5:00
Southwestern	Escambia	Poarch	5811 Jack Springs Rd. 36502	251-368-9136	M-F 8:00-5:00
Southwestern	Escambia	Brewton	1115 Azalea Place 36426	251-867-5765	M-F 8:00-5:00
Southwestern	Escambia	Atmore	8600 Hwy. 31 N. 36502	251-368-9188	M-F 8:00-5:00
Northeastern	Etowah	Gadsden	709 E. Broad St. 35903	256-547-6311	M-F 8:00-5:00
West Central	Fayette	Fayette	215 1st. Ave. N.W. 35555	205-932-5260	M-F 8:00-5:00
Northern	Franklin	Russellville	801 Hwy. 48 35654	256-332-2700	M-F 8:00-5:00
Southeastern	Geneva	Hartford	300 County Rd. 41 36344	334-684-2257	M-F 8:00-5:00
West Central	Greene	Eutaw	412 Morrow Ave. 35462	205-372-9361	M-F 8:00-5:00
West Central	Hale	Greensboro	670 Hall St. 36744	334-624-3018	M-F 8:00-5:00
East Central	HSI/Main	Montgomery	2905 E. South Blvd. 36116	334-834-5811	M-F 7:30-4:30
Southeastern	Henry	Abbeville	505 Kirkland St. 36310	334-585-2660	M-F 8:00-5:00
Southeastern	Houston	Dothan	1781 E. Cottonwood Rd. 36302	334-678-2800	M-F 8:00-5:00
East Central	HSI/Chisholm	Montgomery	100 Vandiver Blvd. 36110	334-832-4338	W,F 7:30-4:30
Northern	Jackson	Scottsboro	204 Liberty Ln. 35769	256-259-4161	M-F 8:00-5:00
Jefferson	Central	Birmingham	1400 6th Ave. S. 35233	205-470-8353	M-F 7:45-4:30
Jefferson	Eastern	Birmingham	601 West Blvd. 35206	205-527-7263	M-F 7:45-4:30

Jefferson	Western	Midfield	631 Bessemer Super Hwy. 35228	205-213-8801	M-F 7:45-4:30
West Central	Lamar	Vernon	300 Springfield Rd. 35592	205-695-9195	M-F 8:00-5:00
Northern	Lauderdale	Florence	4112 Chisholm Rd. 35630	256-764-7453	M-F 8:00-5:00
Northern	Lawrence	Moulton	13299 AL Hwy. 157 35650	256-974-1141	M-F 8:00-5:00
East Central	Lee	Opelika	1801 Corporate Dr. 36801	334-745-5765	M-F 8:00-5:00
Northern	Limestone	Athens	20371 Clyde Mabry Dr. 35611	256-232-3200	M-F 8:00-5:00
East Central	Lowndes	Hayneville	507 E. Tuskeena St. 36744	334-548-2564	M-F 8:00-5:00
East Central	Macon	Tuskegee	812 Hospital Rd. 36083	334-727-1800	M-F 8:00-5:00
Northern	Madison	Max Luther	301 Max Luther Dr. N.W. 35811	256-533-0826	M-F 7:30-5:00
Northern	Madison	New Hope	156 Church Ave. 35760	256-723-4199	Friday 9:00-4:00
Northern	Madison	Huntsville Hosp	245 Governor's Dr. 35801	256-265-4961	M-F 8:00-5:00
Northern	Madison	Redstone	3443 Aerobee Rd. 35808	256-876-2798	Wednesdays-1st,3rd 5th: 8-12; 2nd, 4th: 1-4
Southwestern	Marengo	Linden	303 Industrial Dr. 36748	334-295-4205	M-F 8:00-5:00
Northern	Marion	Hamilton	2448 Military St. S. 35570	205-921-3118	M-F 8:00-5:00
Northern	Marshall	Guntersville	150 Judy Smith Dr. 35976	256-582-3174	M-F 8:00-5:00
Mobile	Mobile	Keeler	251 N. Bayou St. 36603	251-690-8829	M-F 7:30-4:30
Mobile	Mobile	Southwest Mobile	5580 Inn Rd. 36619	251-602-8451	M-F 7:30-4:30
Mobile	Mobile	Citronelle	19255 Main St. 36522	251-866-5940	T, Th 8:00-3:00
Mobile	Mobile	Semmes	3810 Wulff Rd. E. 36575	251-445-0581	M-F 8:00-4:30
Mobile	Mobile	Eight Mile	4547 St. Stephens Rd. 36613	251-457-4186	M-F 7:30-4:30
Southwestern	Monroe	Monroeville	416 Agriculture Dr. 36460	251-575-3109	M-F 8:00-5:00
East Central	Montgomery	Montgomery	3060 Mobile Hwy. 36108	334-293-6450	M-F 7:30-5:00
East Central	Eastbrook	Montgomery	401-A Coliseum Blvd. 36109	334-270-9263	M-F 7:30-4:30
Northern	Morgan	Decatur	3821 US Hwy. 31 S. 35603	256-560-6574	M-F 8:00-5:00
West Central	Perry	Marion	1748 S. Washington St. 36756	334-683-6155	M-F 8:00-5:00
West Central	Perry	Uniontown	54 Hamburg-Duncan Rd. 36786	334-628-6226	T-Thur 8:30-4:00
West Central	Pickens	Carrollton	80 Hospital Dr. 35447	205-367-8157	M-F 8:00-5:00
Southeastern	Pike	Troy	900 S. Franklin Dr. 36081	334-566-5744	M-F 8:00-5:00
Northeastern	Randolph	Roanoke	320 Main St. 36274	334-863-8981	M-F 8:00-5:00
East Central	Russell	Phenix City	1850 Crawford Rd. 36867	334-297-0251	M-F 7:30-5:00 EST
Northeastern	Shelby	Pelham	2000 County Services Dr. 35124	205-685-4197	M-F 7:30-5:00
Northeastern	St. Clair	Ashville	31675 US Hwy. 411 35953	205-594-4919	2nd & 4th Th
Northeastern	St. Clair	Pell City	1175 23rd St. N. 35125	205-338-3357	M-F 8:00-5:00
West Central	Sumter	Livingston	1121 N. Washington St. 35470	205-652-2320	M-F 8:00-5:00
Northeastern	Talladega	Talladega	1004 South St. E. 35160	256-362-2593	M-F 8:00-5:00
Northeastern	Talladega	Sylacauga	311 N. Elm Ave. 35150	256-249-3807	M-F 8:00-5:00
East Central	Tallapoosa	Dadeville	220 LaFayette St. 36853	256-825-9203	M-F 8:00-5:00
East Central	Tallapoosa	Alexander City	2078 Sportplex Blvd. 35010	256-329-0531	M-F 8:00-5:00
West Central	Tuscaloosa	Tuscaloosa	2350 Hargrove Rd. E. 35405	205-562-6900	M-F 8:00-5:00
West Central	Tuscaloosa	Maude Whatley	2731 M.L. King Jr. Blvd. 35403	205-614-6139	M, TU, TH, F 8:00-4:00
West Central	Walker	Jasper	705 20th Ave E. 35501	205-221-9775	M-F 7:30-5:00
Southwestern	Washington	Chatom	14900 St. Stephens Ave. 36518	251-847-2245	M-F 8:00-5:00
Southwestern	Wilcox	Camden	107 Union St. 36726	334-682-4515	M-F 8:00-5:00
Northern	Winston	Double Springs	110 Legion Rd. 35553	205-489-2101	M-F 8:00-5:00

# Glossary of Abbreviations

<b>ADPH</b>	Alabama Department of Public Health
<b>BSN</b>	Bachelor of Science degree in Nursing
<b>CBS</b>	Certified Breastfeeding Specialist, credentialed by Lactation Education Resources
<b>CCC</b>	Certified Childbirth Educator, credentialed by Childbirth and Postpartum Professional Association (CAPPA)
<b>CIMI</b>	Certified Infant Massage Instructor, certified by the International Association of Infant Massage (IAIM)
<b>CLC</b>	Certified Lactation Counselor, credentialed by The Academy of Lactation Policy and Practice (ALPP)
<b>CPR</b>	Cardiopulmonary Resuscitation
<b>DTR</b>	Dietetic Technician, Registered, credentialed by the Commission on Dietetic Registration (CDR)
<b>IBCLC/RLC</b>	International Board Certified Lactation Consultant/Registered Lactation Consultant, credentialed by International Board of Lactation Consultant Examiners (IBLCE)
<b>INHC</b>	Integrative Nutrition Health Coach, credentialed by the Institute for Integrative Nutrition
<b>LCCE</b>	Lamaze Certified Childbirth Instructor, credentialed by Lamaze International
<b>LD</b>	Licensed Dietitian, licensed by the AL Board of Examiners for Dietetics and Nutritionists
<b>LLC</b>	Limited Liability Company, a business structure, recognized by all states, that is a hybrid of a corporation and a partnership
<b>MA</b>	Master of Arts degree
<b>MNN</b>	Maternal Newborn Nursing
<b>MPH</b>	Master of Public Health degree
<b>MS</b>	Master of Science degree
<b>NA</b>	Nutrition Associate (WIC)
<b>NDTR</b>	Nutrition and Dietetics Technician, Registered, credentialed by the Commission on Dietetic Registration (CDR)
<b>NICU</b>	Neonatal Intensive Care Unit
<b>NM</b>	Nurse Manager
<b>RD/RDN</b>	Registered Dietitian/Registered Dietitian Nutritionist, credentialed by the CDR
<b>RLC</b>	Registered Lactation Consultant, must also be an IBCLC
<b>RN</b>	Registered Nurse, licensed by State Boards of Nursing for practice under that state's nurse practice laws, after passing a national licensing exam
<b>WHNP-BC</b>	Women's Health Nurse Practitioner-Board Certified, specializes in comprehensive care of women throughout the lifespan; licensed for advanced practice nursing by State Boards of Nursing under that state's advanced nurse practice regulations, after passing a national certification exam
<b>WIC</b>	The Special Supplemental Nutrition Program for Women, Infants, and Children, a program of the United States Department of Agriculture intended to safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion and support, and referrals to health care.

## STATEWIDE RESOURCES AND VIRTUAL PROVIDERS

### Alabama Breastfeeding Committee

Website: <http://alabamabreastfeeding.org/>

Gayle Whatley, RN, WHNP-BC, CLC – Chair

Email: [gwhatley@att.net](mailto:gwhatley@att.net)

- Promoting, supporting, and protecting breastfeeding in Alabama
- Better Bama Babies Hospital Recognition Program
- Breastfeeding-Friendly Workplace Recognition Program
- Alabama Breastfeeding-Friendly Childcare Certification Program
- Statewide Breastfeeding Support Group Directory - <http://alabamabreastfeeding.org/wp-content/uploads/ABC-Support-Group-Directory-2019.pdf>
- Alabama La Leche League Meetings Directory - <http://alabamabreastfeeding.org/alabama-la-leche-league-meetings/>

### Alabama Cooperative Extension Service (ACES)

Website: [ACES.edu](http://ACES.edu)

- Research-based breastfeeding education - <https://www.aces.edu/blog/tag/parenting-and-family,older-adults/?c=home-family&orderby=title>
- Alabama Breastfeeding Friendly Childcare Certification - <https://www.aces.edu/blog/topics/home-family/certified-alabama-breastfeeding-friendly-child-care-providers/>

### La Leche League - Alabama, Louisiana, Mississippi, and Arkansas

Website: <https://www.lllmlsla.org/>

Facebook: <https://www.facebook.com/LaLecheLeagueUSA/>

- Online support
- Virtual meetings

### Little Ones Lactation Services

678-653-5657

Website: <https://www.littleoneslactation.org>

Facebook: <https://www.facebook.com/littleoneslactation>

Rebekah Lewis, BSN, RN, IBCLC

Email: [rebekah@littleoneslactation.org](mailto:rebekah@littleoneslactation.org)

- Virtual visits
- Breastfeeding classes
- Breastfeeding consultation
- Breastfeeding support group
- After-hours breastfeeding support
- Insurance and private pay accepted

### Alabama Providers Offering Telehealth/Virtual Consultation

- Alma Adora (Pages 6, 13, 19, 28, 42)
- Athens-Limestone Hospital (Page 24)
- Birmingham Breastfeeding (page 19)
- Eastern Shore Lactation (Pages 4, 29)
- Gulf Coast Lactation (Pages 4, 30)
- Helen Keller Hospital (Page 11)
- Huntsville Hospital (Page 26)
- La Leche League (Page 1)
- Little Ones Lactation Services (Page 1)
- Maxwell AFB New Parents Support Program (Pages 3, 15, 33)
- Milk Clinic, LLC (Pages 5, 30)
- River Region Lactation, LLC (Pages 3, 15, 33, 36)
- Southeast Health Medical Center (Page 18)
- Tennessee Valley Lactation Support (Page 27)
- Village Maternal Services (Page 34)

## AUTAUGA COUNTY

### ADPH Autauga County Health Department WIC Clinic, Prattville

334-361-3743

Breastfeeding Counselor – Darlene Hicks, MS, RD, LD

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### La Leche League - Montgomery Area

[LLL.Montgomery.AL@gmail.com](mailto:LLL.Montgomery.AL@gmail.com)

### Maxwell Air Force Base New Parent Support Program

334-953-2434 or 334-953-5055

New Parent Support Program Nurse –  
Laura Pasko, RN, BSN, CLC, LCCE, CIMI

- Serving active-duty military families and retirees (pregnant and/or with children up to 3 years old)
- Breastfeeding Classes
- Breastfeeding consultation – virtual, office, and in-home (within 40 miles of Maxwell AFB)



### **River Region Lactation, LLC**

334-219-0110

Website: <https://Go.lactationnetwork.com/RiverRegionLactationPLLC>

Email: [gethelp@rrlactation.com](mailto:gethelp@rrlactation.com)

Facebook: <https://www.facebook.com/RiverRegionLactation>

Instagram: <https://www.instagram.com/RiverRegionLactationPLLC>

- Serving Prattville, Millbrook, Wetumpka, Deatsville, Montgomery, Pike Road and Troy
- Breastfeeding consultation
- Prenatal breastfeeding consultation
- In-home, telephone, and telehealth/virtual consults
- Weekend appointments available
- Insurance and private pay accepted

## **BALDWIN COUNTY**

### **ADPH Baldwin County Health Department WIC Clinic, Bay Minette**

251-937-6935

Breastfeeding Counselor – Stacy Lewis, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **ADPH Baldwin County Health Department WIC Clinic, Robertsdale**

251-946-8040

Breastfeeding Counselor – Stacy Lewis, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **ADPH Baldwin County Health Department WIC Clinic, South Baldwin/Foley**

251-943-7260

Breastfeeding Counselor – Liane Martin, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Eastern Shore Lactation**

251-402-6884

Elizabeth Simmons, IBCLC

Website: <https://www.easternshorelactation.com/>

Email: [easternshorelactation@gmail.com](mailto:easternshorelactation@gmail.com)

Facebook: Eastern Shore Lactation-Elizabeth Simmons, IBCLC

- Serving Baldwin and Mobile Counties
- Breastfeeding consults – in-home and virtual
- Prenatal breastfeeding education
- After-hours support
- Insurance accepted

### **Gulf Coast Lactation**

251-455-8928

Ellen “Scotty” Thomson, RN, BSN, IBCLC

Website: <https://www.gulfcoastlactation.com/>

Email: [gulfcoastlactation@gmail.com](mailto:gulfcoastlactation@gmail.com)

Facebook: Gulf Coast Lactation

- Serving Baldwin and Mobile Counties
- Breastfeeding consults – in-home and virtual
- Prenatal breastfeeding education
- After-hours support
- Insurance accepted

### **La Leche League – Baldwin County**

251-504-9895

[rosamundelizabeth@gmail.com](mailto:rosamundelizabeth@gmail.com)

### **Milk Clinic, LLC**

251-504-9895

Rosie Se, Certified Advanced Lactation Specialist

Website: <https://www.milkclinic.com>

Email: [rosie@milkclinic.com](mailto:rosie@milkclinic.com)

Facebook: <https://222.facebook.com/milkclinic/>

Instagram: <https://www.instagram.com/milk.clinic/>

- Serving Baldwin and Mobile Counties
- Telehealth/virtual services available globally for pregnant and breastfeeding parents

### **North Baldwin Infirmary, Bay Minette**

Baby-Friendly USA Designated Hospital

251-239-2296

Website: <https://www.infirmaryhealth.org/services/womens-health/>

Christa Rudat, MSN, RN, IBCLC, CLC

Email: [christa.rudat@infirmaryhealth.org](mailto:christa.rudat@infirmaryhealth.org)

Monday-Friday, 8:00 AM – 4:00 PM

- Breastfeeding consultation
- Insurance accepted (inpatient services)
- Prenatal breastfeeding classes – call to confirm availability
- Breastfeeding support group – call to confirm availability

### **South Baldwin Regional Medical Center**

251-949-3672

Keri Raley, RN

- Inpatient breastfeeding support
- Post-discharge breastfeeding support

### **Thomas Hospital - Lactation Department**

251-279-2004

Website: <https://www.infirmarhealth.org/services/womens-health/>

Jami B. Allen, RN, BSN, IBCLC

Harmony Johnson, RN, BSN, IBCLC

Monday-Friday, 8:00 AM - 4:00 PM

- Breastfeeding consultation
- Insurance accepted (inpatient)
- Baby Café - call to confirm availability

## **BARBOUR COUNTY**

### **ADPH Barbour County Health Department WIC Clinic, Eufaula**

334-687-5950

Breastfeeding Counselor - Angela Stevens, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **BIBB COUNTY**

### **ADPH Bibb County Health Department WIC Clinic, Centreville**

205-926-9702

Breastfeeding Counselors - Sandy Wilson, NA, and Lee Ann Wagner, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **BLOUNT COUNTY**

### **ADPH Blount County Health Department WIC Clinic, Oneonta**

205-274-2120

Breastfeeding Counselor - Jennifer Kujan, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **Alma Adora Lactation**

205-743-9710

Website: [www.almaadoralactation.com](http://www.almaadoralactation.com)

Facebook: <https://www.facebook.com/AlmaAdoraLactation>

Kimberly Greer, RN, IBCLC

[kimberlygreer@almaadoralactation.com](mailto:kimberlygreer@almaadoralactation.com)

- Serving Blount, Jefferson, Walker, Cullman, and Marshall Counties
- Insurance and private pay accepted
- Home and virtual visits
- Prenatal breastfeeding education
- Breastfeeding/chestfeeding consultation
- After-hours breastfeeding support
- Flange fittings, pumping consults

### **Central Alabama Lactation Services**

205-543-0529

Heidi Powell, RN, IBCLC

Jenny Mizzell, RN, IBCLC

- Prenatal breastfeeding classes
- In-home visits

### **Community Action Partnership of North Alabama-Head Start**

256-260-3140 or 256-278-6788

Crystal Terry, MA, CLC

### **Cullman Regional Medical Center**

256-737-2221 or 256-737-2000

Website: <https://cullmanregional.com/>

Facebook: <https://www.Facebook.com/CullmanRegionalMedicalCenter>

Kimberly Ory, RN, IBCLC

7:00 AM - 7:00 PM

- Serving Blount, Winston, Cullman, Morgan, and Marshall Counties
- Obstetric and postpartum women and newborns up to one year
- Prenatal breastfeeding classes
- Breastfeeding consultation
- After-hours breastfeeding support

## **BULLOCK COUNTY**

### **ADPH Bullock County Health Department WIC Clinic, Union Springs**

334-738-3030

Breastfeeding Counselor - Tracey Johnson, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## BUTLER COUNTY

### ADPH Butler County Health Department WIC Clinic, Greenville

334-382-3154

Breastfeeding Counselor - Kristi Kilpatrick, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## CALHOUN COUNTY

### ADPH Calhoun County Health Department WIC Clinic, Anniston

256-237-7523

Breastfeeding Counselor - Megan McKinney, RDN, IBCLC

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### Regional Medical Center

256-235-5132

Kim Hurst, RN, IBCLC, CCCE, INHC

Jennifer Gallahar, RN, IBCLC, CCCE

Andrea Record, RN, IBCLC

- Prenatal breastfeeding classes
- Postpartum breastfeeding support group

## CHAMBERS COUNTY

### ADPH Chambers County Health Department WIC Clinic, Valley

334-756-0758

Breastfeeding Counselor - Miclah Hood, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Lanier Memorial Hospital

334-756-1625

Mattie Monagen, RN, NM

- Prenatal breastfeeding classes

## CHEROKEE COUNTY

### ADPH Cherokee County Health Department WIC Clinic, Centre

256-927-3132

Breastfeeding Counselor - Megan McKinney, RDN, IBCLC

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### Community Action Partnership of North Alabama-Head Start

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

### Dekalb Regional Medical Center

256-997-2423 or 256-997-2425

Martie Raymond, RN

Joan Matthews, RN, IBCLC

## CHILTON COUNTY

### ADPH Chilton County Health Department WIC Clinic, Clanton

205-755-1287

Breastfeeding Counselors - Amy Cleckler, NA, and Lee Ann Wagner, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## CHOCTAW COUNTY

### ADPH Choctaw County Health Department WIC Clinic, Butler

205-459-4026

Breastfeeding Counselor - Tina Parker, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## CLARKE COUNTY

### ADPH Clarke County Health Department WIC Clinic, Grove Hill

251-275-3772

Breastfeeding Counselor - Rebecca Stewart, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## CLAY COUNTY

### ADPH Clay County Health Department WIC Clinic, Lineville

256-396-6421

Breastfeeding Counselor - Megan McKinney, RDN, IBCLC

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

## CLEBURNE COUNTY

### ADPH Cleburne County Health Department WIC Clinic, Heflin

256-463-2296

Breastfeeding Counselor – Megan McKinney, RDN, IBCLC

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

## COFFEE COUNTY

### ADPH Coffee County Health Department WIC Clinic, Enterprise

334-347-9574

Breastfeeding Counselors – Pamela Hill, RN and Lakresha Tucker, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Medical Center Enterprise

334-393-8733 or 334-348-8828

Website: <https://www.mcehospital.com/lactation-services>

Monday – Friday 7:00 AM – 3:00 PM

Heather Davis, RN, CLC

Heather\_davis@mcehospital.com

- Serving Enterprise, Ft. Rucker, Ozark, Troy, and Andalusia areas
- Prenatal breastfeeding classes
- Breastfeeding consultation
- Breastfeeding support group
- Childbirth and newborn care education
- Infant CPR

## COLBERT COUNTY

### ADPH Colbert County Health Department WIC Clinic, Tuscumbia

256-383-1231

Breastfeeding Counselor – Tammie Aycock, RN

256-383-1231

Breastfeeding Counselor – Danna Rutz, RDN

256-765-7545

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Community Action Partnership of North Alabama-Head Start

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

### Helen Keller Hospital

256-386-4162

Website: <https://ohhbabyschools.com/preparing-for-baby/>

7:00 AM – 3:00 PM

Dianna Castillo, RN, IBCLC

dianna.castillo@helenkeller.com

- Prenatal breastfeeding classes
- Breastfeeding consultation
- Breastfeeding support group
- Virtual visits available

## CONECUH COUNTY

### ADPH Conecuh County Health Department WIC Clinic, Evergreen

251-578-1952

Breastfeeding Counselor – Rachel Todd, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## COOSA COUNTY

### ADPH Coosa County Health Department WIC Clinic, Rockford

256-

Breastfeeding Counselor – Darlene Hicks, MS, RD, LD

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## COVINGTON COUNTY

### ADPH Covington County Health Department WIC Clinic, Andalusia

334-222-1175

Breastfeeding Counselor – Edna Cunningham, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## Andalusia Health

334-222-8466

Sharon Norris, RN, CLC

- Breastfeeding support group  
(<https://www.facebook.com/andalusiabreastfeedingsupport/>)

## CRENSHAW COUNTY

### ADPH Crenshaw County Health Department WIC Clinic, Luverne

334-335-2471

Breastfeeding Counselor - Patty Rushing, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## CULLMAN COUNTY

### ADPH Cullman County Health Department WIC Clinic, Cullman

256-734-1030

Breastfeeding Counselor - Anita Bateman, RN

Breastfeeding Counselor - Kendra Whitley, RDN

256-775-8595

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### Alma Adora Lactation

205-743-9710

Website: [www.almaadoralactation.com](http://www.almaadoralactation.com)

Facebook: <https://www.facebook.com/AlmaAdoraLactation>

[AlmaAdoraLactation](http://AlmaAdoraLactation)

Kimberly Greer, RN, IBCLC

[kimberlygreer@almaadoralactation.com](mailto:kimberlygreer@almaadoralactation.com)

- Serving Blount, Jefferson, Walker, Cullman, and Marshall Counties
- Insurance and private pay accepted
- Home and virtual visits
- Prenatal breastfeeding education
- Breastfeeding/chestfeeding consultation
- After-hours breastfeeding support
- Flange fittings, pumping consults

### Cullman Regional Medical Center

256-737-2221 or 256-737-2000

Website: <https://cullmanregional.com/>

Facebook: <https://www.Facebook.com/CullmanRegionalMedicalCenter>

[CullmanRegionalMedicalCenter](http://CullmanRegionalMedicalCenter)

Kimberly Ory, RN, IBCLC

7:00 AM - 7:00 PM

- Serving Cullman, Winston, Blount, Morgan, and Marshall Counties
- Obstetric and postpartum women and newborns up to one year
- Prenatal Breastfeeding Classes
- Breastfeeding consultation
- After-hours Breastfeeding Support

### Central Alabama Lactation Services

205-543-0529

Heidi Powell, RN, IBCLC

Jenny Mizzell, RN, IBCLC

- Prenatal breastfeeding classes
- In-home visits

### Community Action Partnership of North Alabama-Head Start

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

## DALE COUNTY

### ADPH Dale County Health Department WIC Clinic, Ozark

334-774-5146

Breastfeeding Counselors - Jennifer Hicks, NA and

Ginny Sexton, RN, CLC

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## DALLAS COUNTY

### ADPH Dallas County Health Department WIC Clinic, Selma

334-877-2809

Breastfeeding Counselors - Rebecca Stewart,

RDN, Rachel Todd, RDN, and Amy Lightfoot, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Vaughan Regional Medical Center

334-418-4405

## DEKALB COUNTY

### ADPH DeKalb County Health Department WIC Clinic, Ft. Payne

256-845-1931

Breastfeeding Counselor – Katie Garrett, NDTR

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

**Dekalb Regional Medical Center**

256-997-2423 or 256-997-2425

Joan Mathews, RN, IBCLC

**ELMORE COUNTY**

**ADPH Elmore County Health Department WIC Clinic, Wetumpka**

334-567-1171

Breastfeeding Counselor – Jessica Smith, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**La Leche League – Montgomery Area**

[LLL.Montgomery.AL@gmail.com](mailto:LLL.Montgomery.AL@gmail.com)

**Maxwell Air Force Base New Parent Support Program**

334-953-2434 or 334-953-5055

New Parent Support Program Nurse – Laura

Pasko, RN, BSN, CLC, LCCE, CIMI

- Serving active-duty military families and retirees (pregnant and/or with children up to 3 years old)
- Breastfeeding classes
- Breastfeeding consultation – virtual, office, and in-home (within 40 miles of Maxwell AFB)

**River Region Lactation, LLC**

334-219-0110

Website: [Go.lactationnetwork.com/](http://Go.lactationnetwork.com/)

[RiverRegionLactationPLLC](http://RiverRegionLactationPLLC)

Email: [gethelp@rrlactation.com](mailto:gethelp@rrlactation.com)

Facebook: [https://www.facebook.com/](https://www.facebook.com/RiverRegionLactation)

[RiverRegionLactation](https://www.facebook.com/RiverRegionLactation)

Instagram: [https://www.instagram.com/](https://www.instagram.com/RiverRegionLactationPLLC)

[RiverRegionLactationPLLC](https://www.instagram.com/RiverRegionLactationPLLC)

- Serving Prattville, Millbrook, Wetumpka, Deatsville, Montgomery, Pike Road and Troy
- Breastfeeding consultation

- Prenatal breastfeeding consultation
- In-home, telephone, and telehealth/virtual consults
- Weekend appointments available
- Insurance and private pay accepted

**ESCAMBIA COUNTY**

**ADPH Escambia County Health Department WIC Clinic, Atmore**

251-368-9188

Breastfeeding Counselor – Liane Martin, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**ADPH Escambia County Health Department WIC Clinic, Brewton**

251-867-5765

Breastfeeding Counselor – Liane Martin, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**Poarch Creek WIC Clinic**

251-368-9136

Breastfeeding Counselor – Jill Lee, DTR

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies

**ETOWAH COUNTY**

**ADPH Etowah County Health Department WIC Clinic, Gadsden**

256-547-6311

Breastfeeding Counselor – Lauren Davenport, RD

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

**Gadsden Regional Medical Center**

256-494-4231

Melissa Cone, RN, IBCLC

- Postpartum Breastfeeding Support Groups – 256-494-4334 or 256-494-4321

**The New You Bra Boutique, Gadsden**

256-546-6398

- Breast Pumps/Supplies

## FAYETTE COUNTY

### ADPH Fayette County Health Department WIC Clinic, Gadsden

256-547-6311

Breastfeeding Counselors – Amy Baker, RN, and Leigh Ann Colvin, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## FRANKLIN COUNTY

### ADPH Franklin County Health Department WIC Clinic, Russellville

256-332-2700

Breastfeeding Counselor – Wanda Wells, RN 256-332-2700

Breastfeeding Counselor – Danna Rutz, RDN 256-765-7545

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Community Action Partnership of North Alabama-Head Start

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

## GENEVA COUNTY

### ADPH Geneva County Health Department WIC Clinic, Hartford

334-684-2256

Breastfeeding Counselor – Angela Stevens, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## GREENE COUNTY

### ADPH Greene County Health Department WIC Clinic, Eutaw

205-372-9361

Breastfeeding Counselors – Dorinda Jones, NA, and Jane Neill, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## HALE COUNTY

### ADPH Hale County Health Department WIC Clinic, Greensboro

334-624-3018

Breastfeeding Counselor – Jane Neill, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## HENRY COUNTY

### ADPH Henry County Health Department WIC Clinic, Abbeville

334-585-2660

Breastfeeding Counselor – Stacy Anderson, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## HOUSTON COUNTY

### ADPH Houston County Health Department WIC Clinic, Dothan

334-678-2800

Breastfeeding Counselors – Angela Stevens, RDN and Jennifer Hicks, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Flowers Hospital

334-794-5000, Ext. 1280

- Prenatal Breastfeeding Classes – 334-794-5000, Ext. 1210

### Southeast Health Medical Center

334-673-4141

Website: <https://www.southeasthealth.org/women-children/>

Monday – Friday, 8:00 AM – 4:30 PM

Email: mmjohnson@southeasthealth.org

Marie Johnson, RN, IBCLC

Beth Turner RN, IBCLC

- Serving southeast Alabama, north Florida, and west Georgia
- Breastfeeding consultation
- Virtual visits available

## JACKSON COUNTY

### ADPH Jackson County Health Department WIC Clinic, Scottsboro

256-259-4161

Breastfeeding Counselor – Dianne Ashmore, RN

Breastfeeding Counselor – Lauren Jett, RD

256-582-3202

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC  
256-260-3140 or 256-278-6788

### **Highlands Medical Center**

256-218-3340  
Haley Bunch, RN, IBCLC

- Prenatal Breastfeeding Classes

## **JEFFERSON COUNTY**

### **Alma Adora Lactation**

205-743-9710  
Website: [www.almaadoralactation.com](http://www.almaadoralactation.com)  
Facebook: <https://www.facebook.com/AlmaAdoraLactation>  
Kimberly Greer, RN, IBCLC  
[kimberlygreer@almaadoralactation.com](mailto:kimberlygreer@almaadoralactation.com)

- Serving Blount, Jefferson, Walker, Cullman, and Marshall Counties
- Insurance and private pay accepted
- Home and virtual visits
- Prenatal breastfeeding education
- Breastfeeding/chestfeeding consultation
- After-hours breastfeeding support
- Flange fittings, pumping consults

### **Baptist Medical Center Princeton**

205-783-7174  
Marcia Davis, RNC, IBCLC

### **Birmingham Breastfeeding**

205-881-2252  
Website: <https://www.birminghambreastfeeding.com/>  
Facebook: <https://facebook.com/BirminghamBreastfeeding>  
Instagram: <https://Instagram.com/birminghambreastfeeding/>  
Jordan Clarke, RN, IBCLC  
[contact@birminghambreastfeeding.com](mailto:contact@birminghambreastfeeding.com)

- Prenatal breastfeeding classes
- Breastfeeding consultation
- In-home and virtual visits
- After-hours breastfeeding support
- Insurance and private pay accepted

### **Brookwood Medical Center - Kaye Dahle Lactation Center**

205-877-1978  
Website: <https://www.brookwoodwomensmedicalcenter.com/services/postpartum-support>

Alexis Vakakes, RN, IBCLC  
Glenda Dickerson, RN, IBCLC  
Marcella Bennett, RN, IBCLC  
Amanda Helms, RN, IBCLC  
Laura Carrell, RN, IBCLC  
Kaitlin Schaeffer, RN, IBCLC  
Brandie O'Neal, RN, IBCLC  
Hayley Tucker, RN, IBCLC  
Susie Atchison, RN, IBCLC  
Leigh Ann Boone, RN, IBCLC

- Prenatal Breastfeeding Classes
- Postpartum Breastfeeding Support Groups
- Breast Pumps/Supplies

### **Children's Hospital of Alabama Lactation Center**

205-638-6600  
Website: <https://www.childrensal.org/services/lactation-center>  
Email: [lactationcenter@childrensal.org](mailto:lactationcenter@childrensal.org)

8:00 AM – 4:00 PM  
Hannah Haas Burkhalter, RD, IBCLC  
Jeanette Twa, RDN, IBCLC  
Jenny Mizzel, RN, IBCLC  
Laura Blackburn, RN, IBCLC  
Laura Ward, MS, RDN, IBCLC

- Inpatient breastfeeding consults
- General education by telephone
- Breastfeeding support group
- Services available at no cost

### **Grandview Medical Center**

205-971-1000  
Website: <https://www.grandviewhealth.com/womens-services-grandview>

### **Jefferson County Health Department WIC Clinic, Central Health Center**

205-470-8353  
Breastfeeding Counselor - Melanie Jones  
Hildebrand, RD

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies



**Jefferson County Health Department WIC Clinic, Eastern Health Center**

205-510-3404

Breastfeeding Counselor – Micah Madsen, RDN

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies

**Jefferson County Health Department WIC Clinic, Western Health Center**

205715-6130

Breastfeeding Counselor – Morgan Massey, RDN

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies

**Shelby Baptist Medical Center**

205-620-8262

- Prenatal Breastfeeding Classes

**St. Vincent's Hospital**

205-939-7538

Rosie Miller, RN, IBCLC

Heidi Powell, RN, IBCLC

Sandra King, RN, IBCLC

Judy Smith, RN, IBCLC

Lindsey Hughes, RN, IBCLC

Lisa Carboni, RN, IBCLC

Jenny Mizzell, RN, IBCLC

Laurie Wilkins, RN, IBCLC

Paige Riggins, RN, IBCLC

Katherine Stockman, RN, IBCLC

- Dial- A- Nurse  
St. Vincent Birmingham  
205-939-7878 or 205-212-6667
- Prenatal breastfeeding classes
- Breast pumps/supplies 205-212-6667
- Postpartum breastfeeding support groups

**St. Vincent's Hospital East**

205-838-3640 or 205-939-7878

Jeanni Orazine, RN, IBCLC

Gail Burns, RN, BS, IBCLC

- Prenatal Breastfeeding Classes

**University of Alabama at Birmingham (UAB) Medical West**

205-481-7180

Website: <https://www.medicalwesthospital.org/womens-center.php>

- Prenatal breastfeeding classes

**UAB Women and Infant Center**

Baby-Friendly USA Designated Hospital

205-975-8334

Website: <https://uabmedicine.org/women/breastfeeding-support>

8:00 AM – 5:00 PM Monday-Friday

Barbara Vinson, MS, RN, IBCLC

Donna Mason, RN, IBCLC

Kristy Gullede, MS, RN, IBCLC

Cheryl Smith, RN, IBCLC

Angela Shorter, RN, IBCLC

Anna Koopman, RN, IBCLC

Joyce Roberson, RN, IBCLC

Kimberly Scott, RN, IBCLC

Latonya Robinson, RN, IBCLC

Lisa Schnader, RN, IBCLC

Martha Hackney, RN, IBCLC

Mary K. Buzhardt, RN, IBCLC

Katie Kretschmar, RN, IBCLC

- Services available to patients and employees of UAB
- Breastfeeding classes
- Breastfeeding consults
- Breastfeeding support group
- Services available at no cost

**LAMAR COUNTY**

**ADPH Lamar County Health Department WIC Clinic, Vernon**

295-695-9195

Breastfeeding Counselor – Leigh Ann Colvin, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**LAUDERDALE COUNTY**

**ADPH Lauderdale County Health Department WIC Clinic, Florence**

256-764-7453

Breastfeeding Counselor – Danna Rutz, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**La Leche League of Lauderdale County**

256-436-5867

Website: [http://www.llli.org/groups/@llli\\*group\\*lauderdale.county](http://www.llli.org/groups/@llli*group*lauderdale.county)

### **OB-Gyn Associates of Northwest Alabama**

256-718-5910

Rosanna Ledbetter, RN, IBCLC/RLC

## **LAWRENCE COUNTY**

### **ADPH Lawrence County Health Department WIC Clinic, Moulton**

Breastfeeding Counselor – Cathy Sanderson, RN  
256-974-1141

Breastfeeding Counselor – Danna Rutz, RDN  
256-765-7545

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

## **LEE COUNTY**

### **ADPH Lee County Health Department WIC Clinic, Opelika**

334-745-5765

Breastfeeding Counselor – Morgan Sikes, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Auburn University**

334-844-2591

Website: [https://cws.auburn.edu/nursing/  
Home/Outreach#Mother-Baby](https://cws.auburn.edu/nursing/Home/Outreach#Mother-Baby)

Facebook: [https://www.facebook.com/  
tigerbabiesauburn/](https://www.facebook.com/tigerbabiesauburn/)

Ann Lambert: [aw10011@auburn.edu](mailto:aw10011@auburn.edu)

- Nursing areas/pods provided during community athletic and recreational events
- Certified lactation consultant onsite

### **East Alabama Medical Center, Opelika**

334-528-3709

Website: [https://www.eastalabamahealth.org/  
find-a-service/womens-health/maternity-care/  
breastfeeding-support/](https://www.eastalabamahealth.org/find-a-service/womens-health/maternity-care/breastfeeding-support/)

Angela Hamby, RN, IBCLC

Cheryl Adams, RN, IBCLC

- Prenatal Breastfeeding Classes
- Breastfeeding Support Group

### **La Leche League Contact**

334-257-3950

### **Women's Hope**

334-332-1833

820 Stage Road, Auburn, AL 36830

- Breastfeeding Support Group, semi-monthly,  
6:00 PM – 7:00 PM

## **LIMESTONE COUNTY**

### **ADPH Limestone County Health Department WIC Clinic, Athens**

Breastfeeding Counselor – LeAnn Barron, NA  
256-232-3200

Breastfeeding Counselor – Danna Rutz, RDN  
256-765-7545

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Athens-Limestone Hospital**

256-233-9536 or 256-658-8210

Glenni Lorick, IBCLC

[elizabethlo@alhnet.org](mailto:elizabethlo@alhnet.org)

Facebook: ALH Moms and Babies

- Prenatal breastfeeding classes
- Breastfeeding consultation
- Virtual visits available
- Postpartum breastfeeding support group
- After-hours breastfeeding support

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

## **LOWNDES COUNTY**

### **ADPH Lowndes County Health Department WIC Clinic, Hayneville**

334-548-2564

Breastfeeding Counselor – Sharon Perdue, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **MACON COUNTY**

### **ADPH Macon County Health Department WIC Clinic, Tuskegee**

334-727-1800

Breastfeeding Counselor – Tracey Johnson, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## MADISON COUNTY

### **ADPH Madison County Health Department WIC Clinic, Huntsville Hospital**

256-265-4961

Breastfeeding Counselor – Valerie Tabor, RDN, IBCLC

Breastfeeding Counselor – Kashera Sims, RDN

256-533-8695

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **ADPH Madison County Health Department WIC Clinic, Max Luther Drive**

256-533-0826

Breastfeeding Counselor – Sheryl Gilbreath, NA

Breastfeeding Counselor – Kashera Sims, RDN

256-533-8695

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **ADPH Madison County Health Department WIC Clinic, New Hope**

256-723-4199

Breastfeeding Counselor – Kashera Sims, RDN

256-533-8695

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **A Nurturing Moment**

256-489-2590

Glenni Lorick, IBCLC

Melissa Florence, IBCLC

- Prenatal breastfeeding classes
- Breastfeeding consultation
- Breast pumps and supplies

### **Crestwood Medical Center**

256-429-5754

Website: <https://www.crestwoodmedcenter.com/lactation-services>

Email: [Jane.Mitchell@crestwoodmedcenter.com](mailto:Jane.Mitchell@crestwoodmedcenter.com)

Jane Mitchell, LC/Childbirth Educator

Emma Hawkins, LC/Childbirth Educator

Monday – Friday 8:30 AM – 5:00 PM

- Serving Huntsville and surrounding areas
- Services at no cost to mothers delivering at Crestwood Medical Center
- Prenatal breastfeeding classes
- Breastfeeding consultation
- Breastfeeding support groups
- After-hours breastfeeding support

### **Huntsville Hospital Women & Children - Breastfeeding Support Services**

256-265-7558

[www.hhwomenandchildren.org](http://www.hhwomenandchildren.org)

Facebook: Huntsville Hospital for Women & Children

Instagram: hh\_womenandchildren

Monday–Friday 8:00 AM–4:30 PM

Kelly Shewbart, RN, IBCLC

Carolyn Black, RN, IBCLC

Jessie O’Donoghue RN, IBCLC

Laci Russ, RN, IBCLC

Erica Elkins RN, IBCLC

Liz Mahesh, RN, IBCLC

Sheena Webber, RN, IBCLC

Cindy Gill, RN, IBCLC

Brenda Hall, RN, IBCLC

Alison Haines, RN, IBCLC

Faith Appleton, RN, IBCLC

Nicolle Draughon, RN, IBCLC

Kari Eaton, RN, IBCLC

Ann Cox, RN

- Virtual visits
- Prenatal breastfeeding classes 256-265-7296
- Breastfeeding consultation
- Breastfeeding support group/ Women’s Pavilion 256-265-7285
- After-hours breastfeeding support
- Breast pump and baby scale rentals
- Breastfeeding boutique – bras, supplies, pump parts, etc.

### **La Leche League Contacts**

Huntsville Group

Jessica – 334-559-8533

Stephanie – 256-348-9700

Madison/Madison County Group

Chloe: 256-603-2666

Elizabeth 256-541-7243 (text only)

## **Madison Hospital**

Baby-Friendly USA Designated Hospital  
256-265-5651 or 256-817-5651

[www.ohhbaby.org](http://www.ohhbaby.org)

Facebook: [https://www.](https://www.facebook.com/BreastfeedingSupportGroupofMadisonAL)

[BreastfeedingSupportGroupofMadisonAL](https://www.facebook.com/BreastfeedingSupportGroupofMadisonAL)

Email: [Kristine.taff@hhsys.org](mailto:Kristine.taff@hhsys.org)

Stacy Ramirez, RN, IBCLC

Kristine Taff, RN, IBCLC

Margaret Pierce, RN, IBCLC

Haley Lyda, RN, IBCLC

Elizabeth Dunaway, IBCLC

- Prenatal breastfeeding classes
- Breastfeeding consultation for patient who deliver at Madison Hospital
- Breastfeeding support group
- After-hours breastfeeding support for patients that deliver at Madison Hospital

## **Redstone Arsenal New Parent Support Program**

256-876-5397

Website: <https://redstone.armymwr.com/programs/family-advocacy-program/npsp>

- Serving military families who are pregnant and/or have children up to 3 years old

## **Tennessee Valley Lactation Support**

256-325-0178

Website: <https://www.tnvalleylactationsupport.com>

Facebook: <https://www.facebook.com/tnvalleylactationsupport>

Email: [info@tnvalleylactationsupport.com](mailto:info@tnvalleylactationsupport.com)

Mariah Brown, CLC

Kim Evans, RN, IBCLC

Katie Parkes, RN, IBCLC

Ashley Rutland, CLC

Ophelia Talley, CLC

- Prenatal Breastfeeding Classes (free to WIC and Medicaid recipients)
- Breastfeeding consultation (virtual available)
- Breastfeeding Support Group
- Breast Pump Rentals
- Insurance Accepted

## **MARENGO COUNTY**

### **ADPH Marengo County Health Department WIC Clinic, Linden**

334-295-4205

Breastfeeding Counselor - Tina Parker, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **MARION COUNTY**

### **ADPH Marion County Health Department WIC Clinic, Hamilton**

205-921-3118

Breastfeeding Counselor - Paige Taylor, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

## **MARSHALL COUNTY**

### **ADPH Marshall County Health Department WIC Clinic, Guntersville**

256-582-3093 or 256-582-7381

Breastfeeding Counselor - Collette Jones, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **Alma Adora Lactation**

205-743-9710

Website: [www.almaadoralactation.com](http://www.almaadoralactation.com)

Facebook: <https://www.facebook.com/AlmaAdoraLactation>

Kimberly Greer, RN, IBCLC

[kimberlygreer@almaadoralactation.com](mailto:kimberlygreer@almaadoralactation.com)

- Serving Blount, Jefferson, Walker, Cullman, and Marshall Counties
- Insurance and private pay accepted
- Home and virtual visits
- Prenatal breastfeeding education
- Breastfeeding/chestfeeding consultation
- After-hours breastfeeding support
- Flange fittings, pumping consults

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

### **Cullman Regional Medical Center**

256-737-2221 or 256-737-2000

Website: <https://cullmanregional.com/>

Facebook: [https://www.Facebook.com/](https://www.Facebook.com/CullmanRegionalMedicalCenter)

[CullmanRegionalMedicalCenter](https://www.Facebook.com/CullmanRegionalMedicalCenter)

Kimberly Ory, RN, IBCLC

7:00 AM – 7:00 PM

- Serving Marshall, Winston, Blount, Morgan, and Cullman Counties
- Obstetric and postpartum women and newborns up to one year
- Prenatal Breastfeeding Classes
- Breastfeeding consultation
- After-hours Breastfeeding Support

### **Marshall Medical Center North**

256-302-1555

Courtne Chaffin, RN, CLC

[Courtne.chaffin@mmcenters.com](mailto:Courtne.chaffin@mmcenters.com)

- Prenatal Breastfeeding Classes for Marshall Medical Center North patients
- Breastfeeding consultation for Marshall Medical Center North patients
- Breastfeeding Support Group for Marshall Medical Center North patients

### **Marshall Medical Center South**

256-840-3465

7:00 AM – 3:00 PM

Robin Dilbeck, RN, CLC

[Robin.dilbeck@mmcenters.com](mailto:Robin.dilbeck@mmcenters.com)

- Serving north Alabama
- Prenatal Breastfeeding Classes
- Breastfeeding consultation

## **MOBILE COUNTY**

### **Eastern Shore Lactation**

251-402-6884

Elizabeth Simmons, IBCLC

Website: <https://www.easternshorelactation.com/>

Email: [easternshorelactation@gmail.com](mailto:easternshorelactation@gmail.com)

Facebook: Eastern Shore Lactation-Elizabeth Simmons, IBCLC

- Serving Mobile and Baldwin Counties
- Breastfeeding consults – in-home and virtual
- Prenatal breastfeeding education
- After-hours support
- Insurance accepted

### **Gulf Coast Lactation**

251-455-8928

Ellen “Scotty” Thomson, RN, BSN, IBCLC

Website: <https://www.gulfcoastlactation.com/>

Email: [gulfcoastlactation@gmail.com](mailto:gulfcoastlactation@gmail.com)

Facebook: Gulf Coast Lactation

- Serving Mobile and Baldwin Counties
- Breastfeeding consults – in-home and virtual
- Prenatal breastfeeding education
- After-hours support
- Insurance accepted

### **Milk Clinic, LLC**

251-504-9895

Rosie Se, Certified Advanced Lactation Specialist

Website: <https://www.milkclinic.com>

Email: [rosie@milkclinic.com](mailto:rosie@milkclinic.com)

Facebook: <https://www.facebook.com/milkclinic>

Instagram: <https://www.instagram.com/milk.clinic>

- Serving Mobile and Baldwin Counties
- Telehealth/virtual services available globally for pregnant and breastfeeding parents

### **Mobile County Health Department WIC Clinic, Mobile (Keeler)**

251-690-8829

Breastfeeding Counselor – Meridith Gardner, IBCLC

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies
- Prenatal Breastfeeding Education

251-690-8906

### **Mobile Infirmary Medical Center**

251-435-2525

Sandy Wallace, RN, IBCLC

Melissa Blevins, RN, IBCLC

Emily Williams, RN, CLC

Ina Hall, RN

- Prenatal Breastfeeding Classes

### **Providence Hospital**

251-633-1749

Marcia Ranew, RN, BSN, CCE, IBCLC

Jennifer Zirlott, RN, CLC

### **Springhill Memorial Hospital**

251-460-5207

Eileen Lenoir, IBCLC

- Prenatal Breastfeeding Classes

## University of South Alabama Children's and Women's Hospital

251-415-1285

Tammy Doherty, RN, IBCLC

Jamie Williams, RN, IBCLC

- Prenatal Breastfeeding Classes
- Breastfeeding Support Groups

## University of South Alabama Children's and Women's Hospital - NICU

251-415-1271

Amy Campbell RN, IBCLC

Laura Brown, RN, IBCLC

## MONROE COUNTY

### ADPH Monroe County Health Department WIC Clinic, Monroeville

251-575-3109

Breastfeeding Counselor - Rachel Todd, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Monroe County Hospital

251-743-7355

Cindy Jones, RN, IBCLC

Kelsi Dykes, RN, CLC

- Postpartum Breastfeeding Support Groups  
251-743-7458

## MONTGOMERY COUNTY

### ADPH Montgomery County Health Department WIC Clinic, Mobile Highway

334-293-6450

Breastfeeding Counselor - Sharon Perdue, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### ADPH Eastbrook WIC Clinic - Coliseum Blvd.

334-270-9263

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### Baptist Medical Center Lactation Services

East: 334-747-8360

South: 334-286-2829

Website: <https://www.baptistfirst.org/services/womens-and-childrens-services/lactation-center/>

Psyche Wilburn, RN, IBCLC

Linda Veach, RN, IBCLC

Jill Buck, RN, IBCLC

Tisha Powell, RN, IBCLC

Farron Yarbrough, RN, IBCLC

Michell Grainger, RNC-OB, IBCLC

Katrina Scruggs, RN, CBS

Amber Stevens, RN

Sam Del Toro, RN

- Prenatal Breastfeeding Classes
- Breastfeeding Support Group (registration required: [tlc@baptistfirst.org](mailto:tlc@baptistfirst.org))
- Breast Pumps and Supplies (Gift Shop - 334-244-5077)

### Health Services, Inc. WIC Clinic, Chisholm

334-832-4338

Breastfeeding Counselor

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies

### Health Services, Inc. WIC Clinic - E. South Blvd.

334-834-5811

- Prenatal Breastfeeding Education
- Postpartum Breastfeeding Support
- Breastfeeding aides/supplies

### Jackson Hospital and Clinic - Family Birth Center

334-293-8485 or 334-293-8497

Website: <https://www.jackson.org>

Monday - Saturday, 9:00 AM - 5:00 PM  
(hours may vary)

Liz Owen, RNC-OB, IBCLC, CCE

Michele Payne, RN, IBCLC

Pam Mathews, RNC-MNN, lactation support nurse

- Serving Montgomery and the River Region
- Prenatal Breastfeeding Classes
- Breastfeeding consultation (outpatient by appointment)
- Breast Pumps and supplies (Gift Shop - 334-293-8821)

### La Leche League - Montgomery Area

[LLL.Montgomery.AL@gmail.com](mailto:LLL.Montgomery.AL@gmail.com)

### **Maxwell Air Force Base New Parent Support Program**

334-953-2434 or 334-953-5055

New Parent Support Program Nurse – Laura Pasko, RN, BSN, CLC, LCCE, CIMI

- Serving active-duty military families and retirees (pregnant and/or with children up to 3 years old)
- Breastfeeding Classes
- Breastfeeding consultation – virtual, office, and in-home (within 40 miles of Maxwell AFB)

### **River Region Lactation, LLC**

334-219-0110

Website: [Go.lactationnetwork.com/RiverRegionLactationPLLC](http://Go.lactationnetwork.com/RiverRegionLactationPLLC)

Website: [RiverRegionLactationPLLC](http://Go.lactationnetwork.com/RiverRegionLactationPLLC)

Email: [gethelp@rrlactation.com](mailto:gethelp@rrlactation.com)

Facebook: <https://www.facebook.com/RiverRegionLactation>

Facebook: <https://www.facebook.com/RiverRegionLactation>

Instagram: <https://www.instagram.com/RiverRegionLactationPLLC>

Instagram: [RiverRegionLactationPLLC](https://www.instagram.com/RiverRegionLactationPLLC)

- Serving Prattville, Millbrook, Wetumpka, Deatsville, Montgomery, Pike Road and Troy
- Breastfeeding consultation
- Prenatal breastfeeding consultation
- In-home, telephone, and telehealth/virtual consults
- Weekend appointments available
- Insurance and private pay accepted

### **The Wellness Coalition**

(334) 293-6502

[admin@thewellnesscoalition.org](mailto:admin@thewellnesscoalition.org)

Website: <https://www.thewellnesscoalition.org/>

Facebook: [www.facebook.com/thewellnesscoalition](http://www.facebook.com/thewellnesscoalition)

Facebook: [thewellnesscoalition](http://www.facebook.com/thewellnesscoalition)

- Serving the River Region
- Breastfeeding Support Group

### **Village Maternal Services**

Website: [villagedoulactation@gmail.com](mailto:villagedoulactation@gmail.com)

Hours by appointment

- Serving Montgomery and surrounding counties
- Prenatal Breastfeeding Classes
- Breastfeeding consultation
- Breastfeeding Support Group
- Home and virtual visits

## **MORGAN COUNTY**

### **ADPH Morgan County Health Department WIC Clinic, Decatur**

256-560-6574

Breastfeeding Counselor – Geraldine Remisse, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

### **Cullman Regional Medical Center**

256-737-2221 or 256-737-2000

Website: <https://cullmanregional.com/>

Facebook: <https://www.Facebook.com/CullmanRegionalMedicalCenter>

Facebook: [CullmanRegionalMedicalCenter](https://www.Facebook.com/CullmanRegionalMedicalCenter)

Kimberly Ory, RN, IBCLC

7:00 AM – 7:00 PM

- Serving Morgan, Winston, Blount, Cullman, and Marshall Counties
- Obstetric and postpartum women and newborns up to one year
- Prenatal Breastfeeding Classes
- Breastfeeding consultation
- After-hours Breastfeeding Support

### **Decatur-Morgan Hospital**

256-341-2966 or 256-341-3455

Website: <https://www.thebabysteps.org/>

- Prenatal Breastfeeding Classes
- Postpartum Breastfeeding Support Groups

### **Decatur-Morgan OB/GYN**

(256) 973-5216

Website: <https://www.thebabysteps.org/breastfeeding-classes>

Website: [breastfeeding-classes](https://www.thebabysteps.org/breastfeeding-classes)

- Prenatal Breastfeeding Classes

### **La Leche League Morgan County/Decatur**

Website: <https://www.lllalmsla.org/lll-groups/alabama-groups/morgan-county/>

Website: [alabama-groups/morgan-county/](https://www.lllalmsla.org/lll-groups/alabama-groups/morgan-county/)

Email: [lllofmorgancounty@gmail.com](mailto:lllofmorgancounty@gmail.com)

Facebook: <https://www.facebook.com/LaLecheLeagueofMorganCounty>

Facebook: [LaLecheLeagueofMorganCounty](https://www.facebook.com/LaLecheLeagueofMorganCounty)

Meredith – 256-616-2344

## **Parkway Medical Center Pavilion for Women & Children**

256-973-6000 or 256-301-3393

- Prenatal Breastfeeding Classes

## **PERRY COUNTY**

### **ADPH Perry County Health Department WIC Clinic, Marion**

334-638-6155

Breastfeeding Counselor – Jane Neill, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **ADPH Perry County Health Department WIC Clinic, Uniontown**

334-628-6226

Breastfeeding Counselor – Jane Neill, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **PICKENS COUNTY**

### **ADPH Pickens County Health Department WIC Clinic, Carrollton**

205-367-8157

Breastfeeding Counselors – Dorinda Jones, NA and Sailaja Reddy, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **PIKE COUNTY**

### **ADPH Pike County Health Department WIC Clinic, Troy**

334-566-2860

Monday – Friday, 8:00 AM – 5:00 PM

Breastfeeding Counselor – Jody Lee, RD, LD

Email: [Jody.lee@adph.state.al.us](mailto:Jody.lee@adph.state.al.us)

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **River Region Lactation, LLC**

334-219-0110

Website: [Go.lactationnetwork.com/](http://Go.lactationnetwork.com/)

[RiverRegionLactationPLLC](http://RiverRegionLactationPLLC)

Email: [gethelp@rrlactation.com](mailto:gethelp@rrlactation.com)

Facebook: <https://www.facebook.com/RiverRegionLactation>

Instagram: <https://www.instagram.com/RiverRegionLactationPLLC>

- Serving Prattville, Millbrook, Wetumpka, Deatsville, Montgomery, Pike Road and Troy
- Prenatal and postpartum breastfeeding consultation
- In-home, telephone, and telehealth/virtual consults
- Weekend appointments available
- Insurance and private pay accepted

## **RANDOLPH COUNTY**

### **ADPH Randolph County Health Department WIC Clinic, Roanoke**

334-863-8981

Breastfeeding Counselor – Jenny Adams, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

## **RUSSELL COUNTY**

### **ADPH Russell County Health Department WIC Clinic, Phenix City**

334-297-0251

Breastfeeding Counselor – Kourtnei Mitchell, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Russell Medical Center**

256-329-7100

Website: <https://russellcares.com/centers-services/birthing-services/>

Jennifer Shurette, RN, IBCLC

## **SHELBY COUNTY**

### **ADPH Shelby County Health Department WIC Clinic, Pelham**

205-685-4197

Breastfeeding Counselors – Suzanne Walker, NA, and Juanita Wooley, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies



**Brookwood Medical Center - Kaye Dahle  
Lactation Center**

205-877-1978

Website: <https://www.brookwoodwomensmedicalcenter.com/services/postpartum-support>

Alexis Vakakes, RN, IBCLC  
Glenda Dickerson, RN, IBCLC  
Marcella Bennett, RN, IBCLC  
Amanda Helms, RN, IBCLC  
Laura Carrell, RN, IBCLC  
Kaitlin Schaeffer, RN, IBCLC  
Brandie O'Neal, RN, IBCLC  
Hayley Tucker, RN, IBCLC  
Susie Atchison, RN, IBCLC  
Leigh Ann Boone, RN, IBCLC

- Prenatal Breastfeeding Classes
- Postpartum Breastfeeding Support Groups
- Breast Pumps/Supplies

**Central Alabama Lactation Services**

205-543-0529

Heidi Powell, RN, IBCLC  
Jenny Mizzell, RN, IBCLC

- Prenatal Breastfeeding Classes

**Shelby Baptist Medical Center**

205-620-8262

- Prenatal Breastfeeding Classes

**ST. CLAIR COUNTY**

**ADPH St. Clair County Health Department WIC  
Clinic, Ashville**

205-594-4919

Breastfeeding Counselor – Jennifer Kujan, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**ADPH St. Clair County Health Department WIC  
Clinic, Pell City**

334-338-3357

Breastfeeding Counselor – Jennifer Kujan, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**SUMTER COUNTY**

**ADPH Sumter County Health Department WIC  
Clinic, Livingston**

205-652-7972

Breastfeeding Counselors – Jane Neill, RDN and  
Dorinda Jones, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**TALLADEGA COUNTY**

**ADPH Talladega County Health Department  
WIC Clinic, Sylacauga**

256-249-3807

Breastfeeding Counselor – Blair Sims, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

**DPH Talladega County Health Department WIC  
Clinic, Talladega**

256-362-2593

Breastfeeding Counselor – Anna Keith, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**Coosa Valley Medical Center**

Website: <https://cuhealth.net/clinical-services/womens-services/>

256-401-4120

**TALLAPOOSA COUNTY**

**ADPH Tallapoosa County Health Department  
WIC Clinic, Alexander City**

256-329-0531

Breastfeeding Counselor – Candelyn Harkins, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

**ADPH Tallapoosa County Health Department  
WIC Clinic, Dadeville**

256-825-9203

Breastfeeding Counselor – Candelyn Harkins, NA

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## TUSCALOOSA COUNTY

### **ADPH Tuscaloosa County Health Department WIC Clinic, Tuscaloosa**

205-562-6900

Breastfeeding Counselors – Lee Ann Wagner, RDN  
and Sailaja Reddy, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **ADPH Tuscaloosa County Health Department WIC Clinic, Tuscaloosa – Maude Whatley**

205-614-6139

Breastfeeding Counselors – Lee Ann Wagner, RDN  
and Sailaja Reddy, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **DCH Home Medical Equipment**

205-330-3177

Website: <https://www.dchsystem.com/services/home-medical-equipment/>

- Breast pumps/supplies
- Insurance accepted

### **DCH Regional Medical Center**

205-750-5928

Website: <https://www.dchsystem.com/services/womens-services/labor-delivery/lactation-services>

Patti Kortbawi, RN, IBCLC (205-750-5971)

Erin Kelly, RN, IBCLC (205-750-5972)

Heidi Shields, RN, IBCLC (205-750-5972)

- Prenatal breastfeeding classes
- Breastfeeding consultation
- Baby weigh days (no cost)
- Donor Milk Program

### **La Leche League Contact**

- Jessica: 205-410-1934

### **Northport Medical Center**

205-330-3031

Website: <https://www.dchsystem.com/services/womens-services/labor-delivery/lactation-services>

Jane Abel, RN, IBCLC (205-330-3036)

Mary McAteer, RN, IBCLC (205-330-3038)

Michelle Ray, RN, IBCLC (205-330-3037)

- Prenatal breastfeeding classes
- Breastfeeding consultation
- Baby Weigh Days (no cost)
- Donor Milk Program

### **Northport Pharmacy**

205-339-5800

Website: <https://www.northportpharmacy.com/services/breast-pumps>

Email: [northportpharmacy@gmail.com](mailto:northportpharmacy@gmail.com)

- Breast pumps/supplies
- Insurance accepted

### **Tuscaloosa Pediatrics**

205-333-8222

Website: <https://www.tuscaloosapeds.com/>

Vickie Lyle, RN, IBCLC

- Breastfeeding support services for patients

### **University of Alabama Lactation Support – Tuscaloosa**

Website: <https://hr.ua.edu/wellness-work-life/family-resources-caring-for-dependents/lactation-support>

- Nursing mothers' rooms for faculty, staff, and students
- Parent Resource Library
- Gameday stadium nursing stations
- Parenting Assistance Line – 1-866-962-3030

### **West Alabama Pediatrics, Mommy and Me Lactation Services**

205-752-7337

Website: <http://www.westalabamaped.com/lactation-services.php>

Kristyn Junkin, RN, IBCLC

- Prenatal breastfeeding classes

## WALKER COUNTY

### **ADPH Walker County Health Department WIC Clinic, Jasper**

205-221-9775

Breastfeeding Counselor – Leigh Ann Colvin, RDN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding Peer Counselor
- Breastfeeding aides/supplies

### **Alma Adora Lactation**

205-743-9710

Website: [www.almaadoralactation.com](http://www.almaadoralactation.com)  
Facebook: <https://www.facebook.com/AlmaAdoraLactation>

Kimberly Greer, RN, IBCLC  
[kimberlygreer@almaadoralactation.com](mailto:kimberlygreer@almaadoralactation.com)

- Serving Blount, Jefferson, Walker, Cullman, and Marshall Counties
- Insurance and private pay accepted
- Home and virtual visits
- Prenatal breastfeeding education
- Breastfeeding/chestfeeding consultation
- After-hours breastfeeding support
- Flange fittings, pumping consults

### **Central Alabama Lactation Services**

205-543-0529

Heidi Powell, RN, IBCLC

Jenny Mizzell, RN, IBCLC

- Prenatal breastfeeding classes

### **Walker Baptist Medical Center**

205-387-4858

Website: <https://www.walkerbaptistmedicalcenter.com/services/obstetrics>

Cathy Bruce RN, IBCLC

## **WASHINGTON COUNTY**

### **ADPH Washington County Health Department WIC Clinic, Chatom**

251-847-2245

Breastfeeding Counselor – Megan Moore, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **WILCOX COUNTY**

### **ADPH Wilcox County Health Department WIC Clinic, Camden**

334-682-4515

Breastfeeding Counselors – Shanna Huggins, RN, and Gwen Kennedy, RN

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

## **WINSTON COUNTY**

### **ADPH Winston County Health Department WIC Clinic, Double Springs**

205-489-2101

Breastfeeding Counselor – Jan Baughn, RN

Breastfeeding Counselor – Kendra Whitley, RDN  
(256-775-8535)

- Prenatal breastfeeding education
- Postpartum breastfeeding support
- Breastfeeding aides/supplies

### **Community Action Partnership of North Alabama-Head Start**

Crystal Terry, MA, CLC

256-260-3140 or 256-278-6788

### **Cullman Regional Medical Center**

256-737-2221 or 256-737-2000

Website: <https://cullmanregional.com/>

Facebook: <https://www.Facebook.com/CullmanRegionalMedicalCenter>

Kimberly Ory, RN, IBCLC

7:00 AM – 7:00 PM

- Serving Winston, Cullman, Blount, Morgan, and Marshall Counties
- Obstetric and postpartum women and newborns up to one year
- Prenatal breastfeeding classes
- Breastfeeding consultation
- After-hours breastfeeding support

