

**WOMEN'S HEALTH STEERING COMMITTEE  
MEETING MINUTES  
March 12, 2010**

The Office of Women's Health Steering Committee held its regular meeting in The RSA Tower, Administration Board Room at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

**Attendees:**

Izza Afgan	Janet McQueen
Kathryn Allen	Kathleen Obringer
Janet Benefield	Jill Plumb
Nancy Bishop	Nan Priest
Laura Susan Cain	Beth Taylor
Margaret Findlay	Sue Turner
Debra Hodges	Carmen Hightower
Juaqula Madkin	Jessica Hardy
Linda Mays	Dechelle Merritt

Sign in sheet is attached.

**Welcome/Call to Order**

*Jessica Hardy, Director, Office of Women's Health*, called the meeting to order at 9:47 a.m. She welcomed the committee members and guests that were present. Ms. Hardy directed the members to review the December 11, 2009 minutes.

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, greeted members and introduced Margie Findlay, Vice Chair, OWH Steering Committee. She also recognized Michele Jones (in her absence) as Director of the Alabama Department of Public Health (ADPH) Bureau of Professional and Support Services; Carmen Hightower, UAB Intern for the Office of Women's Health; Laura Ahmann, ADPH Health Marketing Division. She welcomed new members Laura Susan Cain, appointed by the Alabama Pharmacy Association. Ms. Priest directed the members to the OWH mission statement in their folders. She discussed the committee by-laws and the importance of having a quorum during the upcoming meetings. She also encouraged the members to make every effort to attend and participate in all of the meetings during their term.

**Minutes Review & Approval**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, motioned for the Committee members to approve the December 13, 2009 minutes and the minutes were unanimously approved.

The committee members were provided time to review the handouts in their packets which included information about the OWH 5K event, an article listing Montgomery as the fattest metropolitan city, an article on page seven of the Alabama's Health newsletter referencing the Women's Health Information for the Incarcerated (WHI-FI) program, and a handout about the National Go Red For Women Day. The handout highlighted 10 ways to love your heart and personal testimonies from women who were impacted by heart disease. Jessica noted every year the OWH targets February to bring awareness to heart health but we need to be aware throughout the year. The symptoms of women are different than men and heart disease is affecting younger women as well.

*Jessica Hardy, Director, Office of Women's health*, stated that Elana Parker is spear heading the WHI-FI initiative. Elana Parker was not able to attend the meeting but will present a report about Phase II of the WHI-FI program process during the June meeting. She encouraged the committee members to be prepared to ask questions at that time. Phase II of the WHI-FI program consists of identifying women who are within 30-90 days of release from prison to facilitate the healthcare service referrals for women to have a more successful reentry into society.

**Carmen Hightower, Office of Women's Health Intern from UAB**, presented the results from a survey that was given to ADPH staff who works to address other women issues. They were asked to review and provide comments for a brochure addressing postpartum depression developed by the Alabama Women's Commission. Some of the comments and recommendations included: modify the brochure to include more pictures, adding the OWH logo, and developing a brochure for women in general. It was noted that the brochure targets providers and the committee may want to think about developing a more general brochure for women. Jessica encouraged the committee to review and provide additional comments to enhance the brochure.

**Debra Hodges, Office of Women's Health Steering Committee**, presented a report on the Women's Health Data Publication. The data publication was very well received during the presentation to the Alabama Women's Commission and Dr. Hodges and Jessica have also been invited to present at the ALPHA conference in April. The publication will be made available on the website as a PDF. A hard copy and Power Point will be provided to all of the steering committee members with speakers notes included for some of the slides and Linda Mays agreed to do a voice over as well.

**Laura Ahmann, ADPH Health Marketing Division**, presented examples of what will be posted on the ADPH social media site. News stories and events such as the mother/daughter walk or national events will be posted. She discussed the fact that Facebook is a great tool to reach a larger audience and community of people. Currently ADPH has 916 fans and it continues to increase.

**Juaquala Madkin, Office of Women's Health Steering Committee**, presented a report of the logistics and partnership with Operation New Birmingham (ONB). The Women's Health 5K Run and Mother daughter Walk is scheduled April 24. This year the OWH is partnering with ONB Art Connection. Vendors will be available onsite. Katie O'bringer is serving as the volunteer coordinator for the event and has targeted the Girl Scouts to volunteer. The March of Dime is having their event the same day so publicity needs to beef up. Linda Mays with ABC 33/40 is on board and the event will feature her and her daughter again this year. Ms. Madkin encouraged the workgroup to discuss media coverage during the breakout session. The run is a fast moving event. Last year the fastest runner completed the race in 16 minutes. The run will conclude at the stage site with an awards ceremony. Jessica discussed that a link to the ONB website, a link to active.com and the registration form can be found on the OWH website.

**Margaret Findlay, Vice Chair, Office of Women's Health Steering Committee**, presented a brief report on the Third Annual Women's Health Update. The Women's Health Update is scheduled Saturday, October 16, 2010, at St. Vincent's Health System Bruno Conference Center. They plan to have 150 – 200 participants. Dr. Findlay noted that four categories for topics have been identified; Women in the Promotion and Prevention Mode; Promoting Mental Health in Women; Diabetes Management in Underserved Population of Women; and End-of-Life Planning for Women. Elana has identified Tony Morris to speak on mental health in women. Dr. Findlay recommended Dr. Janet Alexander to speak on the end of life planning and noted that she would be a great person to end the conference on Saturday afternoon. She announced that Artur Davis would not be able to present the keynote address to speak on Women's Health Care Reform due to other commitments. Jessica indicated that they think they have another speaker in Birmingham who served on a panel to discuss the Impact on Women's Health. Dr. Janice Nelson is coordinating the Silent Auction and each member was asked to donate a gift. The workgroup is seeking sponsorship for lunch, break and vendors. Dr. Roussel will make the call for abstracts and posters. Dr. Findlay also reported that St. Vincent's will provide bags. Additional details can be discussed during the workgroup break out session.

## **Breakout Session**

### **2010 5K and 1 Mile Walk**

**Juaquala Madkin, Office of Women's Health Steering Committee**, presented a report from the 5K Workgroup breakout session. Katie will serve as volunteer coordinator. The registration table will be manned with 4-5 people to assure a smooth flow. Pre registration and onsite registration is available. St. Vincent's will conduct a health fair that will include a blood pressure and cholesterol check, a women's breast health and heart health display. Katie will help facilitate the finish line process. Ms. Madkin agreed to check surrounding hotels for discounts. The committee agreed to meet Thursday at 4:00 p.m. at St. Vincent's Centennial Lodge for set up. Linda Mays will check with the ABC 33/40 affiliate in Montgomery to possibly get air time on their mid morning show. Linda Mays will also produce a 15 second PSA to run leading up to the run. The workgroup will also coordinate 2-3 interviews talk about women's health and benefits of running and walking.

***2010 Women's Health Update***

***Margaret Findlay, Office of Women's Health Steering Committee***, reported on the next steps for the OWH Women's Health Update Workgroup. Dr. Findlay stated that the keynote speaker will be confirmed. The next work group conference call is scheduled for April 7. The work group will prepare a save-the-date card to mail to the OWH Healthy Women's Network.

***Report Data Publication OWH Publication***

***Debra Hodges, Office of Women's Health Steering Committee***, presented a report on the progress of the OWH Data Publication. The data publication will be available to download from the OWH website, in a hard copy and flip chart format. The data publication will be distributed to the 67 county health departments, OWH committee members, and OWH committee members appointing bodies. Dr. Hodges noted that the next steps are to develop speaker notes.

Nan thanked the members for attending and asked the committee members to consider moving the next steering committee meeting scheduled for June 11<sup>th</sup> to June 4<sup>th</sup>. The members were in agreement and the meeting was adjourned.

**Next Meeting:  
June 4, 2010**

Minutes Submitted by Dechelle Merritt  
OWH Administrative Assistant

Nan Priest  
Committee Chair

**WOMEN'S HEALTH STEERING COMMITTEE  
MEETING MINUTES  
June 4, 2010**

The Office of Women's Health Steering Committee held its regular meeting in The RSA Tower, Administration Board Room at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

**Attendees:**

Nancy Bishop	Kathleen Obringer
Margaret Findlay	Nan Priest
Debra Hodges	Tammy Smith
Juaqula Madkin	Beth Taylor
Laura Susan Cain	Sue Turner
Angela Martin	Cynthia Williams
Janice Nelson	Jessica Hardy
Linda Mays	Elana Parker
	Dechelle Merritt

Sign in sheet is attached.

**Welcome/Call to Order**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, called the meeting to order at 9:44 a.m. She greeted the steering committee members and welcomed visitors and new members. Committee members introduced themselves and told what organization they represented. Recognition was given to Leslie Posey, Community Care Network and Dr. Myrtle Goore, Family Medicine, Montgomery, Alabama (in her absence) who has been recommended for appointment to the Medical Association to serve as a representative. Ms. Priest announced new members Cynthia Williams, VP Patient Care Services at St. Vincent's and Tammy Smith, Director, Family Birth Center, Southeast Alabama Medical Center who were appointed by the Medical Association. Ms. Priest also announced that Tracey Elaine Kinard, Veterans Administration was appointed by the Dietetic Association. Members were encouraged to make every effort to attend the two remaining steering committee meetings in September and December. Failure to attend two consecutive meetings will result in removal from the board. Members were directed to review the contents of the packet and special attention was given to the OWH initiative sheet which highlights the work of the OWH. During the review of the members folder content, Ms. Priest indicated that the OWH initiative sheet which describes projects is a great way to increase the visibility of the OWH and that multiple copies are available upon request.

**Minutes Review & Approval**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, noted that a quorum was met and directed the steering committee members to review the March 12, 2010 minutes. A motion was made to approve the March 12, 2010 minutes and the minutes were unanimously approved.

The committee members were provided information about the Girls Night Out event sponsored by Sisterbration. The GNO event is scheduled for Saturday, June 26, 2010 at 7 P.M. at the Alys Stephens Performing Arts Center in Birmingham, Alabama. The Office of Women's Health has partnered with Sisterbration by providing 10,000 printed copies of the save-the-date card and other OWH brochures to support their effort to distribute HIV information for African American women and girls in Jefferson County.

The Office of Women's Health included a copy of the Women's Health Update save-the-date card in each of the steering committee member packets. The card has also been e-mailed to committee members, universities and other agencies. The event will take place October 16, 2010 at the St. Vincent's Health System Bruno Conference Center at 8:00 a.m. and will conclude at 4:00 p.m. Members were instructed to contact the OWH if they needed additional cards. Ms. Priest noted that the sponsorship/vendor package will be distributed during the meeting today and an electronic copy will be provided to the members as well. Ms. Priest charged the members to send out the form to potential sponsors and vendors who promote women health issues across the life span. Members were also

reminded to complete the Women's Health Update Silent Auction donation sheet and turn it in to the OWH staff today and bring their donated item to the September meeting. Ms. Priest also noted that Margie Findlay will review the women's health update workgroup conference call notes during the round table discussion.

### **OWH WHI-FI Initiative**

*Elana Parker, Health Equity Programs Manager, Office of Women's Health*, provided an update on the status of the WHI-FI initiative. The OWH received grant funds from the National OWH to address Infant Mortality in Alabama. The Infant Mortality Outreach project targeted pregnant females at all stages. The OWH worked with incarcerated women due to them being a high risk population for infant mortality and a captive audience to work with. Pregnant women who were one month from getting out of prison were provided with health information and educated on the importance of making lifestyle changes for their baby. Over the last quarter, 20-25 ladies have been reached. Additional outreach activities included preconception fact sheet in mail-outs such as newsletters. A summary report will be provided during the next steering meeting.

Ms. Parker stated that there have been some questions from the steering committee members as to how they can get involved and help with the WHI-FI initiative. She indicated that the OWH is in need of help from committee members to go into the three state women facilities to assist with monthly health topics. Prior approval and clearance is required for individuals to go in to the prison system. A sign-up sheet was passed around for members who wanted to assist with going into Montgomery, Elmore, and Birmingham facilities to speak on women's health topics.

Ms. Parker stated that Phase II is the next component of WHI-FI which consists of linking the ladies that are 60-90 days from being released from Prison to county health departments. The Office of Women's Health conducted the WHI-FI training at the Aletheia House in Birmingham on May 7, 2010 to orientate health department nurses, social workers, and clerical staff on the WHI-FI initiative. WHI-FI will be piloted in Calhoun, Montgomery, and Madison Counties. These counties were selected due to data collected that indicated that these are the areas where most women are returning after being released. Jefferson and Mobile County were excluded because of the resources available in those counties. The goal is to educate the women on how to access the healthcare system. During phase two of the project one third of the funds will be used to assist the women with getting birth certificates for them and their babies. Ms. Parker noted that the birth certificate is the primary document needed to access other documents such as a social security card and drivers license. Clients that are from out of state can be connected with other states.

### **Women's Health Alabama 2009-2010 Data Publication**

*Debra Hodges, Office of Women's Health Steering Committee*, presented a report on the status of the OWH Data Publication. The publication is an 80 page document that is available on PDF and can be accessed for download on the OWH website. Individuals can also request a hard copy by contacting the OWH. The document is public information and can be used during presentations with various groups. Linda Mays with ABC 33/40 News Team will narrate and produce an automated version of the publication. Phase I consisted of distributing the publication to various organizations. Phase II will include plans to add lecture notes to the slides. A suggestion was made to provide the document with speaker notes to the committee members only. Dr. Nelson suggested speaking points be available to the public. Dr. Hodges will present the OWH Data Publication to the OWH Steering committee members during the December meeting. Dr. Hodges thanked the workgroup for all their hard work and efforts to complete the publication.

### **2010 5K and 1 Mile Walk**

*Juaquala Madkin, Office of Women's Health Steering Committee*, presented a report and thanked the committee for their participation and support of the Women's Health 5K event. The event was held April 24, 2010 in conjunction with Operation New Birmingham (ONB) Art Connection at Linn Park in Birmingham. Sixty people participated in the run. Three Girl Scout troops volunteered to assist with the run. Participants were able to register on active.com or by mailing in their registration. This year there were more runners but fewer families in participation due to the rain forecast. Ms. Madkin noted that this year sponsors included St. Vincent's, ABC 33/40,

Alabama Governor's Commission on Physical Activity, USA College of Nursing, Drummond Company, Blue Cross Blue Shield of Alabama, The City of Birmingham, Taylor Linen Service, Oak Knoll, Costco and a Private sponsor. Linda Mays with ABC 33/40 News Team provided PSAs and several mid day interviews promoting the OWH 5K Run. Birmingham police officers provided assistance along the race route. Ms. Madkin announced ONB wants to partner with us again next year. The date for the ONB Art in the Park is the last week in April. The next step is to request a waiver for the fees. It was suggested that the OWH attend a Birmingham city council meeting and present a plaque to the Mayor for their support of the OWH 5K event. Ms. Madkin also noted that the OWH was able to receive funds from t-shirt sales because the printing company printed the t-shirts in the wrong color. T-shirts were made available to each steering member to assist with t-shirt sales.

**Jessica Hardy, Director, Office of Women's Health**, facilitated the discussion of lessons learned from the Women's Health 5K Run. The steering committee members agreed that some of the lessons learned included not mailing the trophies through the courier service due to the number of trophies damaged during shipment. It was also suggested that thank you letters be prepared before the event in efforts to have them ready to distribute immediately following the 5K Run. The steering committee also agreed that volunteers be acknowledge during the Women's Health 5K awards ceremony directly following the run.

#### ***2010 Women's Health Update Work Group Report***

**Margaret Findlay, Vice Chair, Office of Women's Health Steering Committee**, provided a brief report of the Women's Health Update. Dr. Findlay stated that the Women's Health Update is scheduled Saturday, October 16, 2010 at the Bruno Conference Center at St. Vincent's in Birmingham. The theme is Women's Health Across the Lifespan. Participants will consist of 150-200 individuals including nurses, pharmacists, dietitians, and social workers. Lunch will be provided onsite and continuing education units will also be offered. Dr. Findlay provided a list of speakers that have confirmed. Ms. Hardy indicated that the Alabama Women's Commission would like to speak on postpartum depression. The committee discussed borrowing time from another speaker or squeezing them in with the mental health presentation. Ms. Hardy noted that Alabama Women's Commission is a good partnership to have due to their outreach around the state. The Women's Health Update save-the-date card has been distributed. The current focus is distributing the sponsorship packet in order to secure potential sponsors and vendors. Dr. Findlay indicated that the Women's Health Update workgroup will establish dates for the next conference calls before the September meeting. She reminded the members to complete the silent auction form in their folder/packet and reminded members of their commitment to provide an item during the event.

#### ***Healthy Women's Car Tag Strategies***

**Jessica Hardy, Director, Office of Women's Health** provided an update on the status of the Healthy Women's Car Tag. She reported that the application has been sent to the legislative committee for review. The OWH will be notified when we are scheduled to go before the committee to answer any questions they may have about the funds received from the Healthy Women Car Tag sales. She noted that the next step for the OWH is to form a Healthy Women's Car Tag workgroup.

#### **Adjournment**

**Nan Priest, Chairman, Office of Women's Health Steering Committee** thanked the committee for making it a priority to attend the meeting. She also thanked the members who volunteered for the WHI-FI Initiative. She welcomed the new members Cynthia Williams and Tammy Smith for joining the OWH Steering committee and the meeting was adjourned.

**Next Meeting:  
September 10, 2010**

Minutes Submitted by Dechelle Merritt  
OWH Administrative Assistant

Nan Priest  
Committee Chair

**WOMEN'S HEALTH STEERING COMMITTEE  
MEETING MINUTES  
September 10, 2010**

The Office of Women's Health Steering Committee held its regular meeting in The RSA Tower, Administration Board Room at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

**Attendees:**

Nan Priest Janet Benefield	Janet McQueen
Margaret Findlay	Katie Obringer
Kathy Boswell	Linda Roussel
Jane Fuller guest of Kelley Bownes	Tracy Welsh
Laura Susan Cain	Cynthia Williams
Myrtle Goore	Jessica Hardy
Debra Hodges	Elana Parker
Carol Kelley Nesbitt	Karen Carr
Tracey Elaine Kinard	Dechelle Merritt
Linda Mays	

Sign in sheet is attached.

**Welcome/Call to Order**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, called the meeting to order at 9:50 a.m. She greeted the steering committee members and welcomed visitors. Jessica Hardy introduced the new staff of the Office of Minority Health, Sandra Jones. Committee members introduced themselves and gave the name of the organization they represented. Recognition was given to Karen Carr, Re-entry Coordinator for Aid to Inmate Mothers, who was present.

Ms. Priest also announced the new members. Tracey Elaine Kinard, Veterans Administration, was appointed by the Dietetic Association, and Dr. Myrtle Goore was appointed by the Medical Association of the State of Alabama. Members were directed to review the contents of their packets and reminded of their commitment to attend every meeting. Members were also encouraged to put the meeting dates on their calendars, and inform the office if they were unable to attend any of the meetings.

**Minutes Review & Approval**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, directed the members to review the contents of their folders and pay special attention to the Girls Night Out (GNO) handout from the event sponsored in June 2010. Sisterbration will also sponsor a GNO event on November 6, 2010, from 3:00- 8:30 p.m. at the University of Alabama Bryant Conference Center in Tuscaloosa, Alabama. Jessica noted that the Office of Women's Health will continue to partner with Sisterbration who does a dynamic job at getting the word out about HIV in minority women. Ms. Priest gave special recognition to Dr. Linda Roussel on her contribution to a book that was published to address Project Planning and Management for CNLs, DNPs, and Nurse Executives. Ms. Priest noted that a quorum was met and directed the steering committee members to review the June 4, 2010 minutes. A motion was made and seconded to approve the June 4, 2010 minutes, and the minutes were unanimously approved.

**OWH Grant Application**

*Jessica Hardy, Director, Office of Women's Health*, provided the committee with an update about the progress of the Coalition for a Healthier Communities grant that was submitted by the OWH. If awarded, the grant will allow the OWH to expand its infrastructure and the outreach of the steering committee coalition to conduct a needs assessment to identify the health issues and concerns in Alabama women and girls. The project will target minority women and girls in the African American, Hispanic, and Asian descent populations.

## **Women's Health Alabama 2009-2010 Data Publication**

*Debra Hodges, Office of Women's Health Steering Committee*, presented a report on the status of the OWH Data Publication. The publication was officially introduced during a presentation at the Alabama Public Health Association (ALPHA) Conference held April 9, 2010, in Opelika, Alabama. The publication was very well received. Many commented that the presentation was one of the best during the conference. Dr. Hodges reported that Phase II of the project will consist of the workgroup adding lecture notes to the slides. Dr. Hodges will present an overview of the publication at the December meeting so that committee members can get the full scope of how the publication can be presented for use. Ms. Priest noted that the publication could be presented at business development meetings as well.

### **OWH WHI-FI Initiative**

*Karen Carr, Re-entry Coordinator, Aid to Inmate Mothers (AIM)*, discussed the collaboration efforts between the OWH, AIM, and the Department of Corrections in the development of the Women's Health Information for the Incarcerated (WHI-FI) Initiative. WHI-FI was developed in 2007 as a result of the concern about the healthcare and wellbeing of incarcerated women. WHI-FI held its first educational session on cervical cancer in 2008 at Julia Tutwiler Prison. Monthly and Quarterly health programs were held at Julia Tutwiler Prison for Women, and Montgomery Women's Facility reaching more than 300 women. In 2009 the program expanded to Birmingham Community Based Facility reaching more than 493 incarcerated women. Currently in 2010 more than 270 incarcerated women have been reached between all three women facilities. Phase I of the project consisted of monthly and quarterly health education programs.

Phase II of the program will kick off October 1, 2010, and will consist of referring inmates for health services within 30-90 days of release to the following pilot county health departments: Madison, Montgomery and Calhoun. As a follow up, the OWH will contact the county health department to request a roster of WHI-FI patients who followed up with their scheduled medical appointment and actually accessed services. Once the clients have attended their first appointment, AIM will follow up with the client via telephone to complete a phone interview or survey. A question was posed as to the average length of stay for women in prison. Ms. Carr stated that it depends on the conviction, over crowdedness of the prison, and the services available to the inmates. However, 3-5 years is the average length of stay. The role of the community partners is to provide resources that the inmates need. For example, Communities of Hope provides medication to inmates. The role of the steering members would be to assist with providing health information topics in the areas of their expertise to the inmates during WHI-FI sessions. Individuals who are interested were asked to sign up to be a presenter. The WHI-FI sessions are held during the last Wednesday of each month from 8:30 – 10:00 at Julia Tutwiler and Quarterly at Birmingham Work Release and Montgomery Women's Facility. A suggestion was made to have a lunch and learn program or possible tour to the Julia Tutwiler Prison directly after the December meeting. More details about the tour will be provided to the committee prior to the next meeting.

*Elana Parker, Health Equity Programs Manager, Office of Women's Health*, provided a brief update about the WHI-FI trainings. WHI-FI trainings were conducted at the three health departments in the piloted counties, Madison, Montgomery and Calhoun. Nurses, Social Workers, and clerical staff that would be points of contact for the women once they were released were oriented to the WHI-FI program. Attendees were presented with a complete overview of the WHI-FI program, cultural competency information, cultural sensitivity information, and the WHI-FI referral process. The goal of the training was to help bridge the gap from the correctional facility to the community, and assist the released women in accessing the healthcare system.

Ms. Parker also gave an overview of the Infant Mortality Awareness Initiative. The program was designed to raise awareness about infant mortality, provide information to healthcare workers, and to create an educational platform to inform high risk women about opportunities to improve preconception health. The program timeline was July 1, 2009 to June 30, 2010. The program consisted of three activities. During the first activity, group level program interventions were offered to 41 pregnant inmates housed at Julia Tutwiler Prison for Women. Funds received will be used to assist the pregnant women with obtaining birth certificates and referral linkages to services prior to release. Healthy lifestyle packets were also provided to all pregnant women in the prison system during the project period. During Activity Two, education and outreach programs were provide to high risk women and youth in the community. Activity Three consisted of the dissemination of infant mortality health information through media and public relation venues. Ms. Parker also announced the upcoming Infant Mortality satellite conference scheduled for Wednesday, September 15, 2011, from 2:00 – 4:00 central time. To register for the satellite conference, individuals can log onto [www.adph.org/alphtn](http://www.adph.org/alphtn).



### ***2011 5K and 1 Mile Walk***

***Juaquala Madkin, Office of Women's Health Steering Committee***, discussed the OWH 5K and 1 Mile Mother Daughter Walk. The Office of Women's Health plans to partner with St. Vincent's Health System to conduct the OWH 5K and 1 Mile Mother Daughter Walk during the 2011 ONB Magic City Art Connection. The event will be held April 30, 2011. The OWH is preparing the Parade and Noise permit to submit to the City of Birmingham, and a letter requesting that the parade fees be waived.

### ***2010 Women's Health Update Work Group Report***

***Margaret Findlay, Vice Chair, Office of Women's Health Steering Committee***, provided a report of the status of the plans for the Third Annual Women's Health Update. The first Women's Health Update (WHU) was held in 2008 targeting Nurses. In 2009, the Women's Health Update expanded to include Nurses and Pharmacists. In 2010, the OWH expanded the audience to nurses, social workers, pharmacists, and dietitians. The 2010 Women's Health Update is scheduled October 16 at the St. Vincent's Bruno Conference Center in Birmingham, Alabama. The theme is "Women's Health Across the Lifespan," and there are topics for women of all age groups. The keynote speaker is Attorney Susan Dominick Doughton. She will discuss the Impact of Health care Reform on Women's Health issues. This year's update has some wonderful quality speakers that are experts in their area. Topics will include Promoting Mental Health in Women presented by Tony Morris with Birmingham Comprehensive Counseling Center; Diabetes Management in Underserved Populations of Children, Adolescents, and Women; End-of-Life Planning for Women presenter Janet G. Alexander; Lunch and Learn Postpartum Depression sponsored by Carole Zugazaga; the poster display; and auction. Dr. Findlay reminded the committee members to turn in their silent auction items. The WHU Workgroup is currently working on finalizing the CEU packet to submit to Dr. McDaniel. Linda Roussel sent out a call for abstracts and three have been submitted. Registrations are low but they are still coming in and we can expect individuals to register at the door.

### ***Healthy Women's Car Tag Update***

***Jessica Hardy, Director, Office of Women's Health*** provided an update on the status of the Healthy Women's Car Tag. She reported that the original meeting scheduled to go before the Legislative Oversight Committee was September 29. The OWH was notified that the meeting had been canceled until sometime in October. The OWH will be notified when a date is set. Jessica noted that the OWH will continue to work towards forming a Healthy Women's Car Tag workgroup.

### **Adjournment**

***Nan Priest, Chairman, Office of Women's Health Steering Committee*** welcomed the new members and thanked the committee for their energy and their attendance. Ms. Priest reminded the members to make every effort to attend the December meeting and the meeting was adjourned.

**Next Meeting:  
December 10, 2010**

Minutes Submitted by Dechelle Merritt  
OWH Administrative Assistant

Nan Priest  
Committee Chair

**WOMEN'S HEALTH STEERING COMMITTEE  
MEETING MINUTES  
December 10, 2010**

The Office of Women's Health Steering Committee held its regular meeting in The RSA Tower, Terrace Ball Room at the Capital City Club in Montgomery, Alabama. The following were in attendance:

**Attendees:**

Nan Priest	Juaquala Madkin	Jamey Durham
Bridget Robinson	Janet Benefield	Nancy Bishop
Janet McQueen	Elana Parker	Kelley Bownes
Thomas Miller	Julia Sosa	Laura Susan Cain
Katie Obringer	Sandra Jones	Margaret Findlay
Linda Roussel	Karen Carr	Myrtle Goore
Tammy Smith	Carolyn Guice	Debra Hodges
Beth Taylor	Susie Jones	LaMont Pack
Kelly Carol Nesbitt	Sue Turner	Demetra Peoples
Tracey Kinard	Tracy Welsh	Aarol Sheehan
Leslie Posley	Angela Martin	Jessica Hardy
Charlie Thomas	Cynthia Williams	Dechelle Merritt
Ronada Anderson		

Sign in sheet is attached.

**Welcome/Call to Order**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, greeted the steering committee members and welcomed visitors. She noted that the committee would have a brief meeting to discuss the business of the office followed by brunch. She also thanked the members and guests for attending the end of the year steering committee meeting.

**Minutes Review & Approval**

*Nan Priest, Chairman, Office of Women's Health Steering Committee*, directed the members to review the September 2010 minutes and contents of their folders. A motion was made to approve the September 10, 2010 minutes, and the minutes were unanimously approved.

***Healthy Women's Car Tag Update***

*Jessica Hardy, Director, Office of Women's Health*, announced that the Legislative Oversight Committee approved the commitment period for the Health Women Car Tag. She passed around a sign-up sheet for the development of the car tag workgroup and encouraged members to join. The Healthy Women Car Tag number is ZZ14 and the committee has one year to get 1,000 commitments. Jessica discussed the Office of Women's Health new Partnership with the AME Ninth Episcopal District Women's Missionary Society to help with those efforts. She also announced that the Healthy Women Car tag design was on display in front of the room for new members and visitors to view.

***2010 Women's Health Update Work Group Report***

*Margaret Findlay, Vice Chair, Office of Women's Health Steering Committee*, provided a report of the Third Annual Women's Health Update held October 16 at the St. Vincent's Bruno Conference Center in Birmingham, Alabama. This year's theme was "Women's Health Across the Lifespan," and topics for

women of all age groups were covered. Attorney Susan Dominick Doughton was the keynote speaker. She discussed the impact of health care reform on women's health issues. Topics included Promoting Mental Health in Women presented by Tony Morris with Birmingham Comprehensive Counseling Center; Diabetes Management in Underserved Populations of Children, Adolescents, and Women; End-of-Life Planning for Women presenter Janet G. Alexander; Lunch and Learn Postpartum Depression sponsored by Carole Zugazaga. This year's event also included a silent auction and poster display. CEUs were offered for nurses, social workers, pharmacists, and dietitians. Twenty six people registered for the event.

### ***2011 5K and 1 Mile Walk***

***Juaquala Madkin, Office of Women's Health Steering Committee***, reported that the plans for the Office of Women's Health 5K and 1 Mile Mother Daughter Walk are underway. The 5K will be held in partnership with St. Vincent Health System during the 2011 ONB Magic City Art Connection at Linn Park in Birmingham, Alabama. The event will be held April 30, 2011. The Parade and Noise permit were submitted to the City of Birmingham, Alabama and a letter requesting that the parade fees be waived. This will be the third annual event and it is designed to empower women to make health a top priority, increase the awareness of women's health, and highlight resources that are available for health and wellness for women in Alabama. Sponsorship information was provided to each steering committee member and she encouraged members to volunteer for this historic event.

***Nan Priest, Chairman, Office of Women's Health Steering Committee***, thanked all of the attendees that were present and acknowledged each one for their support of the Office of Women's Health activities throughout the years. Visitors included: Jamey Durham, Julia Sosa, Sandra Jones, Karen Carr, Carolyn Guice, Susie Jones, LaMont Pack, Demetra Peoples, Leslie Posey, Debra Robbins, Bridget Robinson, Aarol Sheehan, Charlie Thomas, and Ronada Anderson.

### **Women's Health Alabama 2009-2010 Data Publication**

***Debra Hodges, Office of Women's Health Steering Committee***, presented the 2009-2010 Women's Health in Alabama data publication to give members a complete overview of the data book. She noted that the publication was officially introduced at the Alabama Public Health Association (ALPHA) Conference held April 2010 and was well received. Data presented included leading causes of death for women, health risk factors, preventive care and screenings, life expectancy, health insurance coverage, birth-related morbidity and mortality, poverty status, family violence, labor force participation, and educational attainment. The data book was developed to provide an easy to use collection of current and historical data on important health challenges for women in Alabama and serves as a reference for citizens, policymakers, and program managers to highlight emerging trends and issues affecting the health of women.

Jessica Hardy announced that several of the staff and members needed to excuse themselves to attend the scheduled tour of Tutwiler Prison for Women; Elana Parker, Nan Priest, Margaret Findlay, Myrtle Goore, Laura Susan Cain, Kelley Bownes, and Dechelle Merritt.

### **Adjournment**

***Nan Priest, Chairman, Office of Women's Health Steering Committee***, thanked the committee members and visitors for attending and wished everyone a happy holiday and the meeting was adjourned.

**Next Meeting:  
March 10, 2011**

OWH Administrative Assistant

Committee Chair