

**WOMEN'S HEALTH STEERING COMMITTEE
MEETING MINUTES
March 14, 2014**

The Office of Women's Health Steering Committee held its regular meeting in The RSA Tower, Board Room 1586 at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

Attendees:

Margie Findlay	Linda Mays
Leigh Minchew	Nancy Bishop
Bernita Hamilton	Martha Walls
Christy Garmen	Robin DeMonia
Debra Hodges	Sue Turner
Donna Campbell	Tammy Smith
Dunn Ginger Sanders	Valerie Oakley
Grace Thomas	Stacey Jernigan
Jessica-Lauren Newby	Jessica Hardy
Linda Roussel	Dechelle Merritt

Welcome/Call to Order

Margie Findlay, Chairman, Office of Women's Health Steering Committee, called the meeting to order at 9:43a.m. She greeted guests and recognized the student from AUM that was visiting with Leigh Minchew. She announced that five new members have been appointed to the steering committee. Members were provided time to introduce themselves and tell what association they represented and share information about their backgrounds. Dr. Findlay noted a few housekeeping items, including where restrooms, water, and coffee could be found. This concluded with an introduction of the new Vice Chair, Leigh Minchew: Director of the Office of Women's Health (OWH), Jessica Hardy; and new Chair, Margie Findlay. Dr. Findlay thanked members for coming and directed them to review the contents of their folders. She brought attention to the OWH charge and read it aloud. Dr. Findlay encouraged members to participate actively by volunteering and by staying informed through e-mails and the OWH website. Jessica Hardy noted that the legislation does not allow for proxy and that attendance is required. Members were asked to accept the charge. Dr. Findlay read the vision and mission statement at the bottom of the agenda and together the members read the slogan aloud.

Minutes Review & Approval

Margie Findlay, Chair, Office of Women's Health Steering Committee, Members commented on how nice the December meeting was. Members reviewed the December 2014 minutes. Linda Roussel made a motion to approve the December 2014 meeting minutes seconded by Sue Turner. The December, 2014 minutes were approved unanimously.

Update OWH Activities

Legislative Update

Dr. Grace Thomas, Office of Women's Health Steering Committee, reported on the legislative item House Bill 67 midwifery bill. She noted that the Alabama Department of Public Health (ADPH) does not support HB 67 and that it was tabled. The allowances in HB 67 would be a problem especially in North Alabama near Huntsville where midwifery activities are already being watched. Dr. Thomas encouraged the members to keep making strides. A question was posed to distinguish between a certified nurse

midwife and lay midwife. A certified nurse midwife has both a bachelor's degree in nursing and master's level degree, whereas a lay midwife does not.

Dr. Thomas discussed their dispensing of drugs that are dangerous. She noted that Senator Coleman was on the committee to oppose HB 67 and she is pleased to say she voted against the bill due to lack of education and the malpractice piece. Jessica Hardy and Jessica Lauren Newby commented that education seems to be a big issue concerning HB 67. They recommended educating individuals about the distinction between the two disciplines. Sue Turner remarked that it's important to support women's options but promote safe options. Leigh Minchew and Jessica Hardy noted that this should be discussed among members by a presentation during the OWH Steering Committees June meeting. Leigh led the discussion to encourage members to join a work group and distributed a sign-up sheet. Donna Campbell-Dunn agreed to present on midwifery in Alabama at the June meeting.

Less Than 39 Weeks Initiative

Jessica Hardy, Director, Office of Women's Health, provided a brief overview of the OWH Directors Report. According to the report over 42,000 copies of the Less than 39 weeks brochures have been distributed to Public Health Departments, obstetricians, perinatal hospitals, and clinics across the state. Dr. Thomas gave kudos to the Southeast Alabama elective deliveries hospital and noted that they serve as the poster child. We are making headway with a twenty five percent (25%) decline in infant mortality. We are not where we need to be but we are making improvements regarding <39 weeks. Jessica showed a video on the initiative that has been approved by the ADPH and produced by ABC 33/40. Jessica asked members to assist with promoting the < 39 Weeks initiative by getting the message out. The OWH has a display of the <39 weeks information that was on exhibit during that 2013 Women's Health Update. Dr. Thomas reported that she would be attending the Alabama-Mississippi joint meeting of the American Congress of Obstetricians and Gynecologist (ACOG) Annual Spring meeting held Mothers Day weekend and could display the <39 Weeks board and provide brochures to the participants. Jessica suggested that the OWH interns could help. Sue Turner inquired if ADPH was working on legislation. Dr. Thomas discussed the collective effort of the Alabama Hospital Association and ADPH to put a policy in place where Medicaid will not reimburse any physicians that perform pre-term deliveries.

Jessica Hardy, Director, Office of Women's Health, announced that the Alabama Department of Corrections has mandated that all volunteers or anyone entering any of the Alabama prisons attend the Prison Rape Elimination Act (PREA) training which is a gender-specific training due to the issues surfacing in the Alabama women's facilities. The training will be held on April 4 and 17th from 9:30a-2:30p. Members who participate in the Women's Health Information for the Incarcerated Initiative were asked to sign up if they would like to attend the training. Additional information will be provided through e-mail once the details of the training are finalized.

2014 Single Mothers Empowerment Conference

Linda Mays, Office of Women's Health Steering Committee, proposed that the OWH Steering Committee collaborate to provide the Single Mother's Empowerment Conference (SMEC) for single mothers. The target date and time for the SMEC is July 19, 2014 from 9:00a – 3:00p. Plans are to target local churches and businesses for sponsorship and to recruit 75-100 mothers including their children. Childcare will be provided for the children while the mothers attend the conference. Linda displayed the website that included the venue and provided an example of the agenda. Lunch and snacks will be provided for the participants. She discussed developing a taskforce to work on this event. Linda Mays proposed that the OWH Steering committee spearhead the conference and a link be included on the OWH webpage of the SMEC. Current potential sponsors include ABC 33/40 and OASIS.

Leigh made motion to support SMEC through an in kind sponsorship to involve the printing of publications and the utilization of the WOW Speakers Bureau. Donna Campbell Dunn seconded the motion and the Office of Women's Health Steering Committee agreed to support the SMEC.

Work Group Breakout

OWH Steering Committee members workgroups: Data/Communication, Women's Health 5K Run/Walk Montgomery and Homewood, Women's Health Update, Women On Wellness(WOW), Healthy Women's Car Tag and Heart Truth were given time to breakout into workgroups to discuss their activities.

Debra Hodges, Office of Women's Health Steering Committee, reported that the ADPH Data Communication data has come out April 2, 2014. Data is being reviewed for an update of the OWH Publication "The Status of Women in Alabama". Hopefully the publication will be updated in time for distribution at the August 1 Women's Health Update conference.

Nancy Bishop, Office of Women's Health Steering Committee, reported that the 2014 Women's Health 5K walk/run will be held in Montgomery on May 10 at the Wilson YMCA and the Birmingham walk/run will be held May 17 in Homewood at the Greenway Walking Trail. Stacey Jernigan has been essential with the coordination of the Homewood event. A conference call is scheduled on March 18 from 4:30 – 5:30 to discuss both events.

Leigh Minchew, Vice Chair, Office of Women's Health Steering Committee, reported that the 2014 Women's Health Update is scheduled on August 1, 2014 in Birmingham, Alabama at the St. Vincent's Brunos Conference Center. Christy Garmon has agreed to coordinate the silent auction this year. A conference call is scheduled on April 9 at 3:00 – 4:00 p.m. Please watch e-mails for the dial-in information.

Donna Campbell Dunn, Office of Women's Health Steering Committee, announced that the workgroup is in favor to move forward on the Healthy Women's Car Tag initiative. Sue Turner made a motion to move forward to support Healthy Women's Car Tag and Linda Roussel seconded the motion. The OWH SC voted to move forward on the Health Women Car Tag Initiative.

Linda Roussel, Office of Women's Health Steering Committee, provided a brief update on the results from the survey that was sent out to the participants of the 2013 Heart Truth training that was sponsored by the National Lung and Blood Institute. Seventy Five percent of the participants responded with "yes" that they would like to have a follow up meeting. Linda and Leigh will work to develop plans for the meeting.

Margie Findlay, Chair, Office of Women's Health Steering Committee, concluded by thanking the members for their work on the Office of Women's Health Steering Committee and the meeting adjourned 12:31 p.m.

Sign in sheet and agenda is attached.

**Next Meeting:
June 13, 2014**

Minutes Submitted by Dechelle Merritt
OWH Administrative Assistant

Margie Findlay
Committee Chair

**WOMEN'S HEALTH STEERING COMMITTEE
MEETING MINUTES
June 13, 2014**

The Office of Women's Health Steering Committee held its regular meeting in The RSA Tower, Board Room 1586 at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

Attendees:

Margie Findlay	Cynthia Williams	John Hankins
Sue Turner	Grace Thomas	Dechelle Merritt
Nancy Bishop	Debra Hodges	Jessica Hardy
Teresa Fair	Valerie Oakley	
Christy Garmon	Donna Campbell-Dunn	
Bernita Hamilton	Annie McCartney	
Lindsey Lee	Martha Walls	
Stacey Jernigan	Karen Shagavah	
Linda Mays	Monica Moore	

Welcome/Call to Order

Margie Findlay, Chairman, Office of Women's Health Steering Committee, called the meeting to order. She greeted the steering committee members and thanked them for attending. She recognized visitors Annie McCartney, UAB, Women's Health 5K volunteer; Karen Shagavah, UAB MPH Intern; Monica Moore, ADPH employee in Tobacco Prevention and OWH MPH Intern, and Dr. John Hankins, Alabama Department of Public Health (ADPH) State Nursing Director. Members were given an opportunity to introduce themselves and give the appointing organization they represented.

Minutes Review & Approval

Margie Findlay, Chair, Office of Women's Health Steering Committee, read the Office of Women's Health (OWH) vision and mission statement and the OWH Steering Committee members read the slogan aloud together. Margie remarked that the OWH is addressing the issues and initiatives outlined in the OWH mission. Margie directed members to review the contents of their folders and reminded members to put the OWH Steering Committee meeting dates on their calendars. A motion was made by Nancy Bishop to approve the March 2014 meeting minutes with 1 correction noted. The motion was seconded by Teresa Fair to approve the March 2014 minutes with correction. The minutes were approved with the correction. Margie gave members an opportunity to vote to accept Annie McCartney as a consumer member of the OWH steering committee; it was moved, second, and voted to accept Annie McCartney as a member.

Donna Campbell Dunn, Office of Women's Health Steering Committee, presented a Power Point presentation on Certified Nurse Midwifery in Alabama. She provided history of midwifery in the U.S., effects midwifery had on infant mortality, misconceptions, and the distinction between the various classifications of midwives. Members were provided a copy of the presentation in their folders and were allowed time to ask questions and provide comments. Dr. Grace Thomas thanked Donna for the presentation. Jessica noted that information will be presented at the annual Women's Health Update on August 1. Members discussed ways the Office of Women's Health could provide information and serve as a voice by increasing awareness and educating the public about midwifery.

Update OWH Activities

Single Mothers Empowerment Conference

Linda Mays, Office of Women's Health Steering Committee, reported on the plans for the Single Mother's Empowerment Conference (SMEC). The SMEC is a one day conference targeting single parent women and their children. The conference is scheduled July 19, 2014 from 9:00 am. – 3:00 pm at the Bridge located in Birmingham, Alabama. The conference is designed to provide information and resources available to single parent women and their children. The SMEC will feature a panel of speakers and Susan L. Taylor, former chief editor of Essence magazine will be the keynote speaker. Plans are to provide childcare. Linda announced that she has submitted her application for nonprofit status with Alabama and she is excited about the conference and the partnerships with other organizations.

Jessica Hardy, Director, Office of Women's Health Steering Committee, encouraged members to distribute the good friend letters to support the SMEC. Jessica announced that t-shirts from the 2014 Women's Health 5K were available for those that did not receive one. The OWH did hold the Prison Rape Elimination Act (PREA) training for the steering committee members that present for the OWH WHI-FI program in the Alabama women prison facilities. In order to deliver health information to the prison individuals presenters are required by the Alabama Department of Corrections to have the PREA training. Annie McCartney and Donna Campbell Dunn recently attended the training. Jessica noted that volunteers are needed for the topic for next month's WHI-FI class.

Workgroup Reports & Round Table Discussions

Debra Hodges, Office of Women's Health Steering Committee, reported that the OWH Data Publication is very close to completion and plans are to have it ready by the annual Women's Health Update scheduled on August 1. Discussions have been made with the ADPH Graphics department to develop an Infographic for the midwifery outreach to the community and other healthcare providers. Debra will bring an example of the infographic to the next OWH Steering Committee meeting.

Nancy Bishop, Office of Women's Health Steering Committee, reported that the Women's Health 5K workgroup discussed looking at an alternative date for the Women's Health 5K event in Homewood. The workgroup suggested a potential media name change that encompasses the whole family. A recommendation was provided of a graphic of a woman at the center surrounded by her family. Nancy reported that volunteers for the Montgomery Women's Health 5K came the night before to get their t-shirt and responsibilities. The committee plans to utilize the UAB graduate students who interned with OWH this summer to develop a more structured volunteer effort in Homewood. Members were asked to submit suggestions of names for the event to Nancy Bishop.

Margie Findlay, Chair, Office of Women's Health Steering Committee, reported that the Women's Health Update (WHU) workgroup is moving forward with the plans for the WHU. The conference will be held August 1, 2014 in Birmingham, Alabama. The location is the Bruno Conference Center sponsored by St. Vincent's Health System. Valerie Oakley is working with the OWH to secure the continuing education units for pharmacists; and Lindsey Lee is helping with the continuing education units for dietitians. A conference call is scheduled June 25, 2014, at 10:00 a.m. A registration form has been created. The WHU workgroup is still in need of silent auction items. Margie will send out a donations form. Members were asked to distribute the forms to local businesses in their area.

Dechelle Merritt, Office of Women's Health, reported that Dr. Alethea Hill has joined the WOW Speakers Bureau and her picture and information has been uploaded to the WOW webpage. She reported that the WOW Speakers Bureau has received an application from Dr. Cheryl Davis with the College of Veterinary Medicine, Nursing and Allied Health at Tuskegee University that is still pending approval. She read Dr. Davis credentials outlined on her application and noted that a copy will be provided to the WOW

workgroup. Dechelle informed the committee that the WOW brochure is available online and a printed copy is available for distribution at events.

Jessica Hardy, Director, Office of Women's Health, noted that the Heart Truth workgroup will provide a report during the September meeting. Jessica announced that Ginger Sanders appointed by the Lieutenant Governor has resigned due to extenuating family issues creating a vacancy. In addition, the Speaker of the House appointment remains vacant. Cindy Williams, Office of Women's Health Steering Committee, also announced her resignation from the OWH Steering Committee due to her relocation to Florida. She noted that she is passionate about women's health and enjoyed the work on the committee. The OWH Steering Committee members thanked her for her hard work and dedication. Jessica announced that the OWH will seek another appointment from the Alabama Hospital Association as well.

Meeting Adjourn

Margie Findlay, Chair, Office of Women's Health Steering Committee, thanked the committee and visitors for attending and asked members to watch their e-mails for information about the location for the next steering committee meeting. The meeting was adjourned.

Sign in sheet and agenda is attached.

**Next Meeting:
September 12, 2014**

Minutes Submitted by Dechelle Merritt
OWH Administrative Assistant

Margaret Findlay
Committee Chair

**WOMEN'S HEALTH STEERING COMMITTEE
MEETING MINUTES
September 12, 2014**

The Office of Women's Health (OWH) Steering Committee held its regular meeting in The RSA Tower, Training Room 980 at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

Attendees

Margaret Findlay	Stacey Jernigan	Anne Penrose
Tracy Welsh	Debra Hodges	Cheryl Davis
Robin DeMonia	Valerie Oakley	Alva Walston
Izza Cagle	Donna Campbell Dunn	Adalumo Folashade
John Waits	Jessica Hardy	Dawe Rickerby
Angela Martin	Tammy Smith	Jessica Pettway
Teresa Fair	Demetra Peoples	Blair Major
Bernita Hamilton	Brooke Fenwick	

Welcome/Call to Order

Margaret Findlay, Chair, Office of Women's Health Steering Committee, called the meeting to order. She greeted the steering committee members and thanked them for attending. She recognized visitors Dr. Cheryl Davis, new Women on Wellness (WOW) Speakers Bureau member and professor at Tuskegee University; Alva Walston, Adalumo Folashade, Dawe Rickerby, Jessica Pettway, and Blair Major, MPH students from Tuskegee University; Demetra Peoples, OWH Intern; Brooke Fenwick, Dietetic Intern working with Teresa Fair; and Anne Penrose, Dietetic Intern working with Jessica-Lauren Newby at Auburn University. Steering Committee members introduced themselves and gave the appointing organization they represented.

Margaret Findlay, Chair, Office of Women's Health Steering Committee, read the OWH vision and mission statement, and the Steering Committee members read the slogan aloud together. Members were directed to read the contents of their folders and reminded members to put the next meeting date (December 12, 2014) on their calendars.

Minutes Review and Approval

Margaret Findlay, Chair, Office of Women's Health Steering Committee, requested that the members review the minutes. No corrections or additions were noted. Because there was not a quorum present, the minutes will be approved at the next meeting on December 12, 2014.

Women on Wellness Speakers' Bureau Member Presentation

Dr. Cheryl Davis, Member, WOW Speakers Bureau, was formally introduced to the Steering Committee by *Dr. Angela Martin, Member, Office of Women's Health Steering Committee*. Dr. Davis, Associate Dean for Administration and Resource Development, College of Veterinary Medicine, Nursing, and Allied Health at Tuskegee University, made a PowerPoint presentation on Financing Health Care. The presentation addressed the costs of health care and legislation that has been passed in many other states requiring health care price transparency. Alabama has not yet passed this type of legislation, but this may be addressed in the near future. It was noted that the Affordable Care Act requires hospitals to post or otherwise make their charges available to patients and the public. Committee members thanked Dr. Davis for the presentation and her service as a WOW speaker.

Update OWH Activities

Margaret Findlay, Chair, Office of Women's Health Steering Committee, informed the Committee members that Dechelle Merritt had resigned her position as Administrative Assistant in the Office of Women's Health. This position has not yet been filled. Members expressed appreciation for Dechelle's sustained contributions to the Office of Women's Health.

Debra Hodges, Member, Office of Women's Health Steering Committee, reported that the 2014 OWH Data Publication has been completed. Copies were distributed to attendees at the Women's Health Update on August 1, 2014. Committee members received copies at today's meeting. A draft of the Infographic developed for the midwifery outreach to the community and other healthcare providers was shared with the Committee. The OWH Data/Communication Workgroup will complete the final editing and circulate the final copy to Committee members for distribution. A downloadable copy will also be placed on the OWH website.

Margaret Findlay, Chair, Office of Women's Health Steering Committee, reported on the Women's Health Update that was held at the Bruno Conference Center on August 1, 2014. Fifty-six individuals registered for the Update, and 20 groups/individuals participated as sponsors/vendors. The following financial information is current as of September 12, 2014:

Registration	\$3,215
Sponsors & Vendors	\$1,500
Silent Auction & Tshirts	+ \$ 785
Revenue	\$5,500
Expenses	- \$2,138
Net Gain	\$3,362

Participant evaluations were positive. Comments and suggestions will be used in planning for the 2015 Update. A summary of the evaluations is available for review.

Jessica Hardy, Director, Office of Women's Health, reported on the preliminary plans for the 5K & 1 Mile Walk that will be held in Montgomery on April 25 and in Homewood on May 16. This initiative has accomplished its purpose of promoting women's health across the lifespan over the past years, but the work has been intensive and expenses have been met through registrations, sponsorships, and individual contributions from Committee members. Jessica proposed that the Steering Committee look at taking a new direction with this initiative for 2015 that would include (a) having community partners take the lead in planning and conducting the event, (b) changing the role of the OWH to one of support, and (c) creating a new logo and colors. Potential community partners include Mommy & Me Time Fitness and Single Mothers Empowerment. Suggestions also included a focus on families and intergenerational participation without timing. A color run could also be an option. If these changes were made, the two scholarships would continue to be awarded to Girls on the Run each year. The group voiced support for the proposed changes. A formal proposal will be brought to the December 2014 meeting for a vote.

Jessica Hardy, Director, Office of Women's Health, reported on the Single Mothers Empowerment Conference that was held on July 19, 2014 at the Bridge in Birmingham. The Conference provided information and resources for single women and their children. Susan L. Taylor, former chief editor of *Essence* magazine was the keynote speaker. **Linda Mays, Office of Women's Health Steering Committee**, led the Conference with the OWH providing support with printing and on-site assistance.

The Conference was well attended and deemed a success. Plans for the next Conference will be shared at a future meeting.

Donna Campbell Dunn, Member, Office of Women's Health Steering Committee, reported on the plans for the Healthy Women's Car Tag Update for 2014/2015. The goal is to raise \$50,000 which is needed to make the tags available for distribution. A campaign has been developed that will be posted on the OWH website that includes the following information:

Join the move to improve the health of Alabama women by making a donation to support the healthy women initiatives that are focused on empowering women in Alabama to engage in healthy living. You can make a donation to support any of the following initiatives.

Women's Health Initiatives

Cardiovascular Disease

Obesity/Healthy Weight

Physical Activities/Healthy Eating

Cancer

Diabetes

Infant Mortality

Domestic Violence/Sexual Violence

Depression/Mental Health

For a donation of any amount you will receive a 2014 Women's Health Calendar.

For your gift of \$50 or more, you can receive the beautiful Alabama Healthy Women car tag. Complete this online form if you are interested in receiving the Healthy Women Car Tag, or if you would like to sign up.

For a donation of \$100 or more, you will receive an Alabama Healthy Women car tag, 2014 Women's Health Calendar, and a limited edition signed art print.

All donations to support the Healthy Women initiatives are tax deductible.

Committee members were asked to help promote this campaign and support it through a tax deductible contribution.

Tammy Smith, Member, Office of Women's Health Steering Committee, reported on the progress of the 39 Weeks Campaign. More than 50,000 brochures have been distributed across the state since 2012. The numbers are improving toward the goal of eliminating non-medically indicated elective deliveries. This OWH initiative has supported the work of the Collaborative Improvement & Innovation Network (CoIIN) to Reduce Infant Mortality. Committee members agreed that the next step would be to develop posters that could be used at various meetings and conferences to further publicize the 39 Weeks Campaign.

Round Table Discussion – Other Topics and Announcements

Jessica Hardy, Director, Office of Women's Health, announced that several Committee members completed the Prison Rape Elimination Act (PREA) training. Completion of training is required for members to participate in the OWH WHI-FI program for women in Alabama prison facilities. Another training session will be scheduled in the near future. Jessica will send an announcement regarding the date and location.

Jessica reported that there are several membership vacancies on the Committee. She will contact the various associations for new appointments.

Robin DeMonia, Member, Office of Women's Health Steering Committee, distributed samples of Script Your Future medication wallet cards that are available from the FDA. These wallet cards are available for distribution at health fairs or other events as appropriate. Script Your Future is a medication adherence campaign that has been executed by the National Consumers League in six pilot cities for the past few years. Robin has worked on this education/awareness campaign in Birmingham. Robin will send a link to the website to Committee members.

Izza Cagle, Member, Office of Women's Health Steering Committee, informed Committee members about a needs assessment survey being conducted by ADPH Family Health Services. The survey is designed to gain information from primary health care providers and state and community organizations who serve MCH target populations in Alabama to identify service capacity and strengths and weaknesses in Alabama's health care delivery system. Survey results will be used to identify priority MCH needs for Alabama. Members were encouraged to publicize the survey which is available through a link on the OWH Facebook page, Alabama Healthy Women.

Items for the OWH Facebook page should be sent to Izza or Jessica.

Meeting Adjournment

Margaret Findlay, Chair, Office of Women's Health Steering Committee, thanked the Committee members and visitors for attending and asked members to watch their e-mails for information about the location for the next meeting on December 12, 2014. The meeting was adjourned.

Sign in sheet and agenda are attached.

**Next Meeting:
December 12, 2014**

Minutes submitted by Margaret Findlay
Committee Chair

Margaret Findlay
Committee Chair

**WOMEN'S HEALTH STEERING COMMITTEE
MEETING MINUTES
December 12, 2014**

The Office of Women's Health Steering Committee held its regular meeting and celebratory luncheon in The RSA Tower, Terrace Ballroom at the Capital City Club in Montgomery, Alabama. The following were in attendance:

Attendees:

Margie Findlay	Linda Mays
Leigh Minchew	Bernita Hamilton
Christy Garmon	Robin DeMonia
Debra Hodges	Sue Turner
Donna Campbell	Valerie Oakley
Grace Thomas	Stacey Jernigan
Jessica-Lauren Newby	Izza Cagle
Linda Roussel	Jackie Palmer for Dr. Waits
Jessica Hardy	Chandra Lewis

Welcome/Call to Order

Margie Findlay, Chairman, Office of Women's Health Steering Committee, called the meeting to order at 10:13a.m. She greeted and welcomed any guests that may have been present. Members were provided time to introduce themselves and tell what association they represented and share information about their backgrounds. Dr. Findlay noted a few housekeeping items, including where restrooms could be found and noted that a luncheon followed the business portion of the meeting. This concluded with an introduction of the new Administrative Assistant for the office, Chandra Lewis, by Jessica Hardy, Director of the Office of Women's Health (OWH). Dr. Findlay greeted the steering committee members, thanked them for attending the fourth quarter meeting held in conjunction with the Office of Women's Health End-of-the-Year Celebration, and directed them to review the contents of their folders.

Minutes Review & Approval

Margie Findlay, Chair, Office of Women's Health Steering Committee, Dr. Findlay reminded members of the necessity of quorum to conduct business. Quorum was reached at 10:45 am after several updates and members were then directed to review the June 2014 and September 2014 minutes, as quorum was not reached during the September Meeting to approve the June minutes. All minutes were read for corrections and additions. Linda moved to approve the June 2014 minutes, Christy seconded the motion, and no discussion was had. Robin moved to approve the September 2014 minutes, Linda seconded the motion, and again no discussion was had. Both sets of minutes were approved unanimously.

Update OWH Activities

Healthy Women's Car Tag

Jessica Hardy, Director, Office of Women's Health, gave an update on the status and suspension of the Healthy Women! Car Tag Initiative. 2,000 signatures are needed to initiate the process for the tag. Dorothy Whittington is working in North Alabama to possibly get the 250 signatures needed to place the icon on the left side of the tag only, instead of a full design. OWH is re-evaluating for 2015.

Heart Truth

Leigh Minchew, Vice Chair, Office of Women's Health Steering Committee, reported she is working with the Mobile Infirmery to train Heart Truth Champions. Linda Roussel asked how the training worked if a person signed up for both Heart Truth and Health Truth. Jessica Hardy explained it allows OWH to now have their contact information and commitment to the national campaign is not the same as commitment to the state host.

Women's Health Update

Leigh Minchew, Vice Chair, Office of Women's Health Steering Committee, segued into an update on this year's numbers and a save the date for next year's Women's Health Update. This year's event was held on August 1, 2014 at ST. Vincent Health System. There were 8.9 contact hours offered, along with 1.2 continuing education hours in Pharmacology. Leigh mentioned it is hard offering continuing education hours for nurses. Valerie Oakley, Donna Dunn, and Dr. Elizabeth Vandewaa presented. Next year's conference will be held on August 7, 2015 at the Bruno Conference Center. Linda Roussel asked how the conference compared financially to 2013's event. Leigh stated there was a \$3,000 net gain and that Birmingham was a great venue to host the event.

Work Group Reports and Discussions

OWH Steering Committee members workgroups: Data/Communication, Women On Wellness(WOW), and Women's Health 5K Run/Walk Montgomery and Homewood, were given time to discuss their activities.

Debra Hodges and Sue Turner, Office of Women's Health Steering Committee, reported that the ADPH Data Communication are updating the status sheet and will release an infographic. They require Speaker's Notes for the big document. The NAS brochure was the brainchild of a master's student in Nursing Care and will be ready soon. Chandra Lewis, Assistant, Office of Women's Health was then asked to report on the status of the Midwifery Infographic and any requests the office may have received. The OWH printed 2,000 copies of the infographic and mailed out 1,050. A breakdown of that report is attached.

Jessica-Lauren Newby, Office of Women's Health Steering Committee, solicited and identified qualified speakers for Women on Wellness (WOW) by asking them to stand. Jessica-Lauren reported that 4 requests were currently in, and noted Dr. Cheryl Davis spoke most recently. She also stated WOW is in need of applicants and asked participants to submit audience and topic preference. Jessica-Lauren concluded by urging committee members to consider transitioning to WOW if the currently speak for WHI-FI.

Stacey Jernigan, Vice Chair, Office of Women's Health Steering Committee, reported that the 2015 Women's Health 5K walk/run will be held in Homewood on May 16. Stacey Jernigan and Mommy and Me Time Fitness have been essential with coordination of the Homewood event. Single Mother's Empowerment Conference has taken on an organizational role. The OWH has transitioned to a supportive role. This is not a timed race. Stacey is working on the details and updating the Single Mother's website to add the 5k information and working on the wording for the web. The 5k has been retitled to make it more fun and inclusive. The titles being considered are: "Revive and Refresh Your Health Color Run" or the "Revive and Refresh Your Health 5k Color Run." Homewood is also rebranding the 1 mile walk/run as either "Parent/Child" or "Mother/Child."

Jessica Hardy, Director, Office of Women's Health, reported that the 2015 Women's Health 5K walk/run will be held in Montgomery on May 2 at the Wilson YMCA. Jessica gave background information on the both races. She stated that generally the OWH broke even in financing each run, there is usually no carryover between years, and as such the OWH is looking for more community sponsors. Montgomery's run will support the Girls on the Run Montgomery Council and the Homewood run will benefit both the Single Mother's Empowerment Conference and Mommy and Me Time Fitness.

Izza Cagle, Office of Women's Health Steering Committee, provided a brief update on the OWH Facebook page. It was started in October 2011 as a way to focus on Women's Health. Currently there are 361 followers. Health tips from committee members are encouraged and welcomed. Please send them to Jessica Hardy or Izza Cagle. Izza will also post the Midwifery Infographic and OWH Publication Order Form.

Margie Findlay, Chair, Office of Women's Health Steering Committee, concluded by giving a brief update on state legislation passed regarding school and health laws affecting women, children, and medications in schools. She then thanked the members for their work on the Office of Women's Health Steering Committee, stated OWH supporters will be addressed in the recognition portion of the luncheon, and reminded attendees that after a brief break, the annual photo will be taken on the stairs. Margie also invited guests to participate in the photography session. She adjourned the business portion of the meeting at 10:52 a.m.

Sign in sheet and agenda are attached.

**Next Meeting:
March 13, 2015**

Minutes Submitted by Chandra Lewis
OWH Administrative Assistant

Margie Findlay
Committee Chair