



OFFICE OF WOMEN'S HEALTH

Steering Committee Meeting

June 13, 2025

9:30 am -11:30 am

Meeting Minutes



Attendees:

Katie Campbell
Amanda Martin
Jennifer Young
Choona Lang
May Davis
Samille Jackson
Cathy Nichols
Katrina Keefer
LeeAndra Calvin
Crystalee Walters

Leigh Minchew
Tessa Strickland
Kimberly Gordon
Zipporah Smiley
Rebecca Norris
Kim Woods
Kasey Chance
Amy Lee
Elizabeth Sanders

Shalisa Gauntt
Trina Simmons
Jennifer Miller
Jacoya Riddick
Kimberly Martin
Ashley Moore
Tracy Brown
Brandi Jackson
Kelly Clark

Welcome/Visitors Recognition

Leigh Minchew

Visions & Mission, Folder Content Review

Leigh Minchew

Minutes Review & Approval

Leigh Minchew

- No corrections
- Motion to approve- Amanda Martin/Tessa Strickland

New Business

Leigh Minchew

- No new business

Directors Report

Amanda Martin

- Working on a postpartum survey with a focus on postpartum visits. Also working on Well Woman survey.
- Operation Wipe Out Cervical Cancer Alabama has launched a statewide action plan to eliminate cervical cancer.
- Family Planning case management has been going well since the restart in October 2024. Family Planning is also partnering with the Immunization program to provide HPV vaccines to kids 19 and under.

- WIC case load numbers are increasing. Now offering fresh fruit and vegetables as well as canned and frozen fruit and vegetables.

Women and Cardiovascular Disease

Jennifer Miller

- Cardiovascular disease (CVD) is a broad group of disorders that affect the heart or blood vessels. It can be in any of these categories: coronary heart disease, cerebrovascular disease, peripheral arterial disease, aortic disease, valvular heart disease, congenital heart disease, cardiac arrhythmias, and heart failure.
- CVD is the number 1 killer in women in the US.
- Data from 2025 American Heart Association reported 45% of women in the US have some type of cardiovascular disease, it is responsible for 1:3 deaths per year, and cause death in 30.6% NH Black females, 30.3% Asian/Pacific Islanders females, 28.7% NH White females, and 25.5% Hispanic females.
- The State of Alabama is the 3rd highest in heart disease deaths in the US.
- Risk enhancers for CVD are premature family history, primary hypercholesterolemia, metabolic syndrome, chronic kidney disease, chronic inflammatory disease, high-risk race/ethnicity, and lipids/biomarkers.
- Challenges with women and CVD are under-recognized risk factors, presentation differences, diagnostic challenges,
- The American College of Cardiology has an ASCVD Risk Estimator Plus to check your risk of CVD.

Remote Patient Monitoring Program

Choona Lang

- Remote Patient Monitoring (RPM) offers home health services in every county in Alabama except Mobile.
- RPM monitors certain chronic diseases such as congestive heart failure, diabetes, high blood pressure, gestational diabetes, pediatric asthma, and maternity hypertension.
- Participants receive blood pressure monitors, weight scales, blood glucose monitors, and a phone to monitor their chronic diseases.
- Patients are referred to the RPM program by either Medicaid or their provider and set custom patient parameters for monitoring.
- The RPM nurse will visit the patient's home to place equipment, provide instruction, and educate during the initial visit, which will be followed up with an annual visit.
- Patient self-monitor their vitals using the provided equipment and enter their reading into RMEDE via the IVR or app.

Committee Reports:

Women's Health Conference Committee

Tessa Strickland

- The Women's Conference is scheduled for March 13, 2026. We are looking for assistance in planning the conference. The meeting to discuss details about the conference will start in October

2025. Looking for ideals, speakers, sponsors. Email Tessa Strickland if you have suggestions or if would like to join the committee at tessastrickland@att.net.

- Accepting new members.

Wellness of Women Committee

Ashley Moore

- Requests for speakers can be submitted to the Office of Women's Health, which will handle speaker assignment, scheduling, and related arrangements. This is a free service; thus, speaker assignment is based on the availability of the WOW members.
- To schedule a speaker for your group, please submit the **downloadable Speakers Request Form** by emailing Katherine.Campbell@adph.state.al.us or mailing it to the Office of Women's Health. The form can be found on the ADPH website.
- WHI-FI is still on pause.
- Accepting new members and are looking for speakers.

Maternal Health Policy Committee

Honour McDaniel

- No new updates.

Family Planning Advisory Committee

Leigh Minchew

- The Family Planning office is currently inventorying materials and working with the ADPH graphical design department team to determine what is outdated and what needs to be created from scratch.
- If you would like to be a reviewer of documents created, email Jennifer Young at Jennifer.young@adph.state.al.us.
- Accepting new members.

Meeting was adjourned by Leigh Minchew at 11:30 am