MISSION STATEMENT
Creating a healthier Alabama through obesity reduction and prevention efforts.

PURPOSE STATEMENT
The Alabama Obesity Task Force works through collaboration, programs, policy and environmental changes to support and promote healthy lifestyles.

“One of the benefits I have received in being in the Alabama Obesity Task Force is networking with people across the state to address problems associated with obesity.”

www.adph.org/obesity
ADDRESSING OBESITY ISSUES THROUGH COLLABORATION FOR POLICY, SYSTEM, AND ENVIRONMENTAL CHANGES.

The Alabama Obesity Task Force is a volunteer membership organization that addresses obesity through advocacy, changes, and programs.

Alabama Obesity Task Force membership benefits include:
✔ Staying abreast of emerging nutrition and physical activity, lifestyle issues, and strategies that affect obesity
✔ Strengthening leadership skills
✔ Networking with peers, state, and community leaders
✔ Influencing advocacy
✔ Training opportunities
✔ Collaborating with partners to make decisions

Alabama Obesity Task Force structure:
✔ Board - The Board of Directors are voting officers of the task force and are elected by members. The Board includes a Chair, Chair-Elect, Secretary, and eight committee chairs.
✔ Committees - Action for Healthy Kids, Advocacy, Communication, Community, Data, Research and Evaluation, Healthcare Provider, Membership, and Student Engagement.

Become Involved Today!
To learn more about the Alabama Obesity Task Force, please visit adph.org/obesity. We have a place for you!

“I love the training that is available to us. It allows us a chance to learn more about up-and-coming issues and trends in this fast changing field.”

Alabama Obesity Task Force Membership:
Membership is free. A member application form is at www.adph.org/obesity.