

FACTS

- Vaccines are safe and effective.
- Vaccines help strengthen your child's immune system and keep them safe from vaccine preventable diseases.
- Getting every recommended dose of each vaccine provides your child with the best protection possible.
- Lack of vaccination can leave your child susceptible to over 15 life threatening diseases.

VS MYTHS

- Most diseases are not serious.
- Vaccines contain harmful ingredients.
- Vaccinations cause the diseases that they are meant to prevent.
- The effectiveness of vaccinations has never been proven.

From newborns to college you can help protect your children from 16 serious diseases by getting them vaccinated.

For more information, please visit alabamapublichealth.gov/imm







