

INSTRUCTIONS FOR COLLECTION OF A CLEAN CATCH MIDSTREAM URINE SAMPLE

IMPORTANT: Strongly emphasize to the patient the importance of collecting the specimen properly. Otherwise, the specimen will be unsatisfactory for testing.

1. Patient should wash his or her hands with soap and water.
2. Carefully handle the urine collection container (clean, unused, disposable cup such as paper, plastic, or Styrofoam); do not touch the inside. **NOTE:** If a lid is provided on the collection container, carefully remove before collection.
3. Cleanse the genital area using the following procedure.

MAN

- A. If patient is not circumcised, the foreskin should be drawn back before cleansing.
- B. Clean the tip of the penis using a towelette, beginning at the tip and moving toward the base. Repeat the cleansing process using a second towelette.

WOMAN

- A. Squat over the toilet and use the fingers of one hand to separate and hold the folds of the skin in the genital area.
 - B. Clean the urinary opening and surrounding area with a towelette, moving from front to back. Repeat the cleansing process using a second towelette.
4. Discard the towelettes in the trash can. **DO NOT THROW TOWELETTES IN THE TOILET.**
 5. Patient should begin urinating into the toilet bowl. After urine has flowed for several seconds into the toilet, catch the midpoint of the urine flow in the collection container. When the container is about 1/2 full, continue urinating into the toilet.
 6. Patient should tightly close specimen's container if applicable, wash hands with soap and water and immediately give the specimen to the nurse.
 7. The nurse should immediately transfer the urine to the BD Vacutainer C&S Transport Tube. Be sure urine sediment has not settled and specimen is mixed well. Submerge the straw of the transfer device below the surface of the urine, and advance the tube over the puncture point to pierce stopper. Fill tube completely. Remove tube from the transfer device and shake vigorously. Place patient's name on tube.

NOTE: Urine may be collected in a sterile container, but must be received by the State Laboratory within (1) hour, unless the urine is kept refrigerated up to 4 hours.

8. Specimen tube must be wrapped with a sheet of absorbent material and placed in an approved container; fold request form and secure it on the outside of the container with rubber band; place secured specimen in the UN3373 overpack envelope and send to the laboratory.
9. Transport the urine specimen to the laboratory as soon as possible. The specimen must be received, Monday through Friday, by the laboratory within 48 hours after collection.

NOTE: The integrity of specimens greater than 48 hours may be compromised.