

# Helpful facts about imported baby formula

For most babies, it is fine to switch to any available formula during the shortage. But if you use imported baby formula, keep the following in mind:

Some labels use “stages” for age groups.



Make sure to use the scoop that comes with the imported formula. Be sure to use the correct number of scoops.



Milliliters (mls) are used instead of ounces (oz).  
30 mls = 1 oz.



You may see “teat” referred to instead of the bottle’s nipple.

**Read labels carefully and contact your pediatrician with any questions.**

Learn more at  
**HealthyChildren.org**

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