

“TEST-TO-STAY” MODIFIED 7 DAY QUARANTINE FOR CLOSE CONTACTS

WHO IS ELIGIBLE (MUST MEET ALL CRITERIA)?

1. K-12 student, teacher, or staff member who are identified as close contacts of someone with COVID-19 in the school or community setting (excluding household contacts) and who:
 - Are ≥ 5-11 years old and have not completed the primary series of Pfizer OR
 - Are ≥ 12-17 years old and have completed the primary series of Pfizer vaccine over 5 months ago and are not boosted OR
 - Are ≥ 18 years old and have completed the primary series of Moderna or Pfizer vaccine over 5 months ago and are not boosted OR
 - Are ≥ 18 years old and have completed the primary series of J&J vaccine over 2 months ago and are not boosted OR
 - Are unvaccinated
2. Have no symptoms of COVID-19 at all
3. Wear a mask correctly and consistently at school
4. Quarantine (stay at home) when not at school

WHAT MUST PERSONS IN SCHOOL DO TO BE ELIGIBLE FOR TEST TO STAY?

1. Test for COVID-19 immediately after the exposure, mask, and monitor for symptoms if the test is negative. REMEMBER, DAY 0 is the day of exposure.
2. The person may remain in school as long as no symptoms develop, they remain masked through day 10 after the last exposure, and a mandatory retest, between 3 to 5 days after the last exposure, remains negative.
3. If the person develops symptoms or any of these tests are positive, then they must isolate.
4. The school may elect to use a home-based antigen test to confirm a negative test result or may rely on tests done by trained staff. ADPH does not provide forms for recording results of at home tests.
5. If the person is not able to mask correctly and consistently, he or she does not qualify for the test-to-stay approach and must self-quarantine away from school for 10 days after the last exposure. The individual may return on Day 11 without testing if they are symptom-free.

Sources:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-contact-tracing/about-quarantine.html>

<https://www.rockefellerfoundation.org/wp-content/uploads/2022/01/Testing-as-an-Alternative-to-Quarantining-Key-Considerations-and-Best-Practices-for-Implementing-Test-to-Stay-Final-Report.pdf>

https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/transmission_k_12_schools.html#anchor_1639603965438

<https://www.cdc.gov/mmwr/volumes/70/wr/mm7021e2.htm>