



Student Name: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## COVID-19 Parent Checklist

- Your student is being sent home from school because he or she has one or more of the following COVID-19 symptoms: shortness of breath or difficulty breathing, new cough, new loss of taste or smell

Date first symptom began: \_\_\_\_/\_\_\_\_/\_\_\_\_

- ✓ Contact your student's healthcare provider/doctor for a medical evaluation
  - ✓ If your student is diagnosed with COVID-19 or tested positive for COVID-19, he or she can return to school when a parent/guardian can ensure that they can answer YES to ALL three questions:
    - Has it been at least 10 days since the student first had symptoms?
    - Has it been at least 24 hours since the student had a fever (without using fever-reducing medicine)?
    - Has there been symptom improvement, including cough and shortness of breath?
  - ✓ If your student has received an alternate diagnosis that would explain the COVID-19-like symptoms, he or she can return to school following the advice of their healthcare provider/doctor and school policies. *This does not apply to close contacts of individuals with COVID-19.*
  - ✓ If your student has had a negative COVID-19 test, they can return to school after at least 10 days from the date the first symptoms began once there is no fever without the use of fever-reducing medicines and they have felt well for 24 hours.
  - ✓ Report to the school nurse the results and outcome of the call to your student's healthcare provider/doctor.
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- Your student may have had close contact (within 6 feet for at least 15 minutes) with someone diagnosed with or exhibiting major symptoms of COVID-19

Date of last exposure to close contact: \_\_\_\_/\_\_\_\_/\_\_\_\_

- ✓ If your student has been determined to have been in close contact with someone diagnosed with COVID-19, they should remain out of school for 14 days since the last known contact.
- ✓ If your student becomes symptomatic during this time, have them evaluated by their healthcare provider/doctor and report to the school nurse the results and outcome of the medical evaluation. See section above for symptomatic students for return to school guidance.
- ✓ If your student tests positive during this time and remains asymptomatic, he or she can return to school after it has been at least 10 days since the positive test result.
- ✓ If your student tests negative during this time, they must complete the full 14 days of quarantine.