



PPE DOFFING AND DISPOSAL

For evaluating clinically stable persons under investigation for Ebola

Use safe work practices to protect yourself and limit the spread of contamination:

- Keep hands away from face
- Limit surfaces touched
- Perform hand hygiene

All health care workers should undergo rigorous training to be practiced and competent with putting on (donning) and removing (doffing) personal protective equipment (PPE).

The Doffing Area:

- Should be separate from the patient care area (e.g., patient's room).
- Should have a one-way flow of movement from the patient care area or room to the doffing area.
- Should be large enough to allow freedom of movement for safe doffing, have space for waste containers, a new glove supply, and alcohol-based hand rub (ABHR) for use during the doffing process.

Doffing Sequence

Dispose of all PPE into designated leak-proof infectious waste containers immediately after removal.

1. Verify that the trained observer is in the PPE removal area.
2. Inspect PPE. Look for, clean and disinfect visible contamination on PPE (using *EPA-registered disinfectant wipes).
3. Disinfect and remove outer gloves.
4. Inspect and disinfect inner gloves. If visibly soiled, disinfect gloves, perform hand hygiene and don a new pair of gloves. If out or torn, review occupational exposure risk as per facility guidelines.
5. Remove face shield.
6. Disinfect inner gloves.
7. Remove and discard gown or coverall.
8. Disinfect and change inner gloves.
9. Remove surgical face mask.
10. Disinfect and remove inner gloves.
11. Perform hand hygiene with ABHR.
12. Inspect scrubs or disposable garments. In the event of contamination, shower immediately and inform the infection preventionist or occupational safety and health coordinator or his/her designee.

For more information about safe PPE guidelines and handling and disposing of Ebola PPE waste, visit: www.cdc.gov/vhf/ebola

*For information about EPA-registered disinfectant wipes, visit: www.epa.gov/opped001/list-1-ebola-virus.html

These guidelines are offered by the Centers for Disease Control and Prevention (CDC). Be sure to follow the protocols and procedures specific to your facility.

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